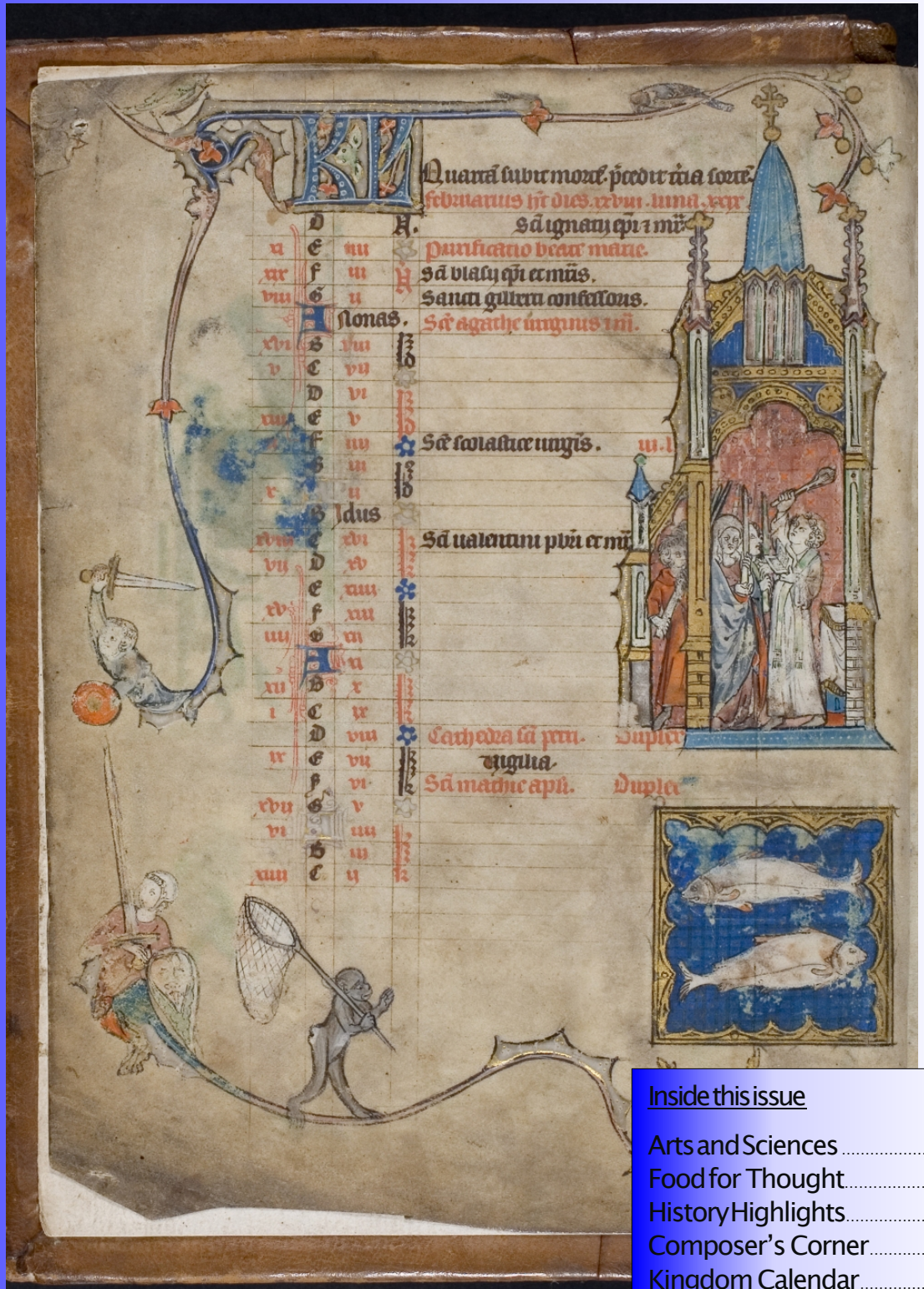


The Dredgings

February, 2022
Volume 33, Issue 6 AS LVI

Being the Voice of the Barony of Lochmere in the Kingdom of Atlantia, SCA, Inc.



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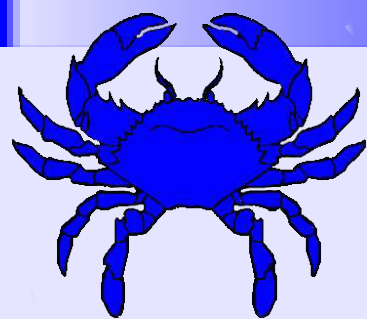


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Information of the Dredgings

The Dredgings is a publication of the Barony of Lochmere of the Society of Creative Anachronism, Inc. The Dredgings is a free publication and is available electronically. You may request a copy from the Barony of Lochmere Chronicler at lochmere.chronicler@gmail.com

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Attention Lochmere Officers

Make sure your information in this newsletter and website is correct. Contact Lady Katla Flokadottir at lochmere.chronicler@gmail.com for The Dredgings and Lady Marta De Lyon at webminister@lochmere.atlantia.sca.org for the website. Please submit your Baronial Report in advance of the business meeting via email to Sir Edgar Refskegg at seneschal@lochmere.atlantia.sca.org and the Chronicler, Lady Katla at lochmere.chronicler@gmail.com. Thank You!

Today in History

<https://www.onthisday.com/>

Front Cover

February from Trin MS B.11.22, f.1v

Their Excellencies

Greetings Lochmere,

We sadly greet you this month under a resurgence of the plague that has been troubling the known world for almost 2 years now. With great deliberation, the autocrats and we have decided to cancel our annual midwinters event. We know the amount of work that has gone into it is tremendous and we cannot appreciate enough the sacrifice the staff has made to make this decision for the safety of their fellow Scadians. We're looking forward to next year when all of the wonderful plans will finally come into fruition.

We'd also like to thank the populace for their support and understanding as we try to navigate the decisions needed to keep the Barony safe. We're currently keeping an eye on the state of the mundane world including things such as infection rates, hospital capacity, and announcements from local authorities. With that said, we'll be continuing to evaluate restarting in person activities.

On a brighter note, we'll still be having our gift exchange at the end of January and hopefully by the time you're reading this, it will have been a rousing success. University is going to be virtual once more, so make sure to pre register for classes. It will be happening the first weekend in February.

We've also been starting the happy hours back up while we're waiting for in person fighter and dance practice to start back up again. We can't see into the future, but as of right now, we're expecting Night Under a Fae Moon to still be an in person event. We're very much looking forward to being able to see everyone in person again.

Yours in service,
Baron Linhart and Baroness Letia



Reoccurring Activities

Populace Meeting

First Monday of every month
7:15 pm
Via Google Meet

Fighter Practice (Heavy & Rapier)

Every Tuesday
7:00 pm
Severn Christian Church
8132 New Cut Road,
Severn, MD 21144

Archery Practice

Every Thursday (til time change)
Lord Ivan's Home
511 Chad Avenue, Severn, MD 21144

Arts and Sciences

Lady Marta de Lyon
moas@lochmere.atlantia.sca.org

New Member Information

If you are new to the Barony of Lochmere, there websites may be of help:

Barony of Lochmere Homepage:

<http://www.lochmere.atlantia.sca.org>

Barony of Lochmere Facebook Group:

<http://www.facebook.com/groups/LochmereSCA>

Kingdom of Atlantia Homepage:

<http://www.atlantia.sca.org>

Kingdom of Atlantia Event Page:

<http://www.atlantia.sca.org/events/atlantia-calender-events>

Kingdom of Atlantia Online Event Page:

<https://virtual.atlantia.sca.org/calender.php>

The Acorn, Atlantia's Official Newsletter:

<http://www.acorn.atlantia.sca.org>

Official SCA Homepage:

<http://www.sca.org>

You can also contact the Barony of Lochmere's Chatelain at:

chatelain@lochmere.atlantia.sca.org

Today in History

February 1

772 Adrian I begins his reign as Catholic Pope
1327 Edward III crowned King of England aged 14, though the country is ruled by his mother Queen Isabella and her lover Roger Mortimer

1539 Emperor Karel & King Francois I sign anti-English treaty
1587 Queen Elizabeth I of England signs death warrant for her cousin, Mary, Queen of Scots

February 2

506 Alaric II, King of Visigoths, promulgates Lex Romania
Visigothorum, collection of Roman law

962 Pope John XII crowns German King Otto I the Great Emperor
1032 Conrad II, Holy Roman Emperor becomes King of Burgundy, succeeding Rudolf III
1119 Guido di Borgogna elected Pope Callistus II

1141 Battle of Lincoln: King Stephen captured by forces loyal to Empress Matilda and commanded by Robert, 1st Earl of Gloucester

1349 By this date at least 200 people a day were being buried in London as a result of Black Death
1536 Pedro de Mendoza founds Argentine city of Buenos Aires
1542 Portuguese under Christovão da Gama capture Muslim-occupied hillfort in northern Ethiopia in Battle of Baçente

1550 Edward Seymour, Duke of Somerset, freed

February 3

1377 Mass execution of population of Cesena, Italy, by Breton troops of Giovanni Acuto under command of Robert, Cardinal of Geneva, acting as the legate of Pope Gregory XI

1451 Sultan Mehmed II, inherits throne of Ottoman Empire
1488 Bartolomeu Dias discovers Mosselbaai (Angra dos Vaqueros)
1509 The Battle of Diu, naval battle at port of Diu, India between Portugal and the Ottoman
1576 Henry of Navarre escapes from Paris

1591 German monarchy forms Protestant Union of Torgau

February 4

211 Roman Emperor Septimius Severus dies, leaving Roman Empire in hands of his quarrelsome sons, Caracalla and Geta

960 Coronation of Zhao Kuangyin as Emperor Taizu of the Song, initiating three centuries of Song Dynasty dominance in southern China



Lady Marta's ARTS AND SCIENCES

While a plague has gripped atlantia. The dancers of Lochmere have risen to the occasion inspiring and demanding notice with their skill, dedication and passion.

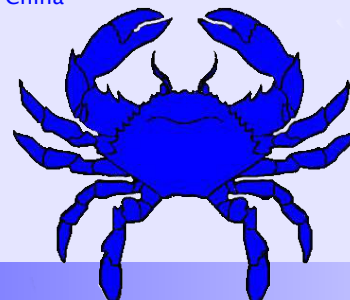
Always looking for more knowledge please contact Lady Marta de Lyon, baronial MoAS, for any classes you wish to teach.

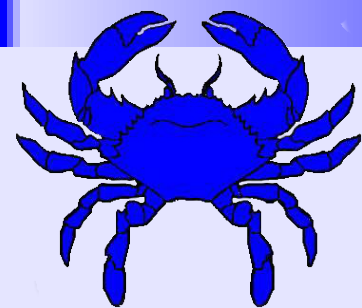
Eyes turn to KASF as the crabs

scuttle towards victory prowess firmly within their claws and appreciation for Atlantian Artisans forefront in their minds.

Please reach out at

moas@lochmere.atlantia.sca.org





Populace Meeting Minutes

Baron and Baroness:

- ◆ Cancellation of the holiday Huzzah, we are sad but it is the right call
 - ◆ The staff have planned to re-visit the event and save their ideas for next year
 - ◆ Everyone has worked really hard and are very appreciated for making the right call
- ◆ Atlantia shut down currently
- ◆ University is still happening because virtual
- ◆ During shutdown baronage will open up digital happy hour on Tuesdays
- ◆ Gift exchange for mailing gifts
 - ◆ Look for posting on the Facebook page and email list
 - ◆ Will be mailed out for end of the month
- ◆ Croom Site reservations are happening this week

Seneschal:

- ◆ Note update to new policy for covid
- ◆ Battle on the Bay
- ◆ Feb 7 is next meeting

Exchequer: emailed report

- ◆ Ledger Balance is \$11,679.62
- ◆ We received the Battle on the Bay split from Storvik right before Christmas and I made the deposit on 12/23. The amount was \$2,157.37
- ◆ Checks were written for the site fee and the liquor license for Midwinter's 2022
 - ◆ With the cancellation of Mid-Winter's Feast, I will be sending out refund checks to all who paid by paypal
 - ◆ The Kingdom SCARs deputy has already processed refunds to those who paid by credit card
 - ◆ A quick decision had to be made by the emergency financial committee on 3 Jan 2022 to refund 100% and the barony would pay any of the SCARs fees, which totalled \$74.48 for the event
 - ◆ Members of the emergency financial committee who made the decision are Dawn Fuller, Exchequer; Carl Anderson, Seneschal; and Charlotte Hayes, Baroness Lochmere
 - ◆ I have approx. 25 checks to write and mail. I have all the mailing addresses
- ◆ Voted and passed: \$850.00 for the church for fighter practice
- ◆ Voted and passed: \$1,600.00 for the initial check to the site for Battle on the Bay - The total site fee may vary, this amount is an estimate
- ◆ I am still looking at other banks, but Sandy Spring Bank seems to be in the forefront over First Citizens - The holiday slowed the process
- ◆ Having trouble with the bank from recent check deposit but resolving it
- ◆ The below people will be signatories on the new bank account:
 - ◆ Robin Leguillow – Kingdom Exchequer
 - ◆ Dawn Fuller – Exchequer, Lochmere
 - ◆ Carl Anderson - Seneschal, Lochmere
 - ◆ Kellie Shipley – Populace member
 - ◆ Frank Felix – Populace member
- ◆ Voted and passed: I am requesting approval to add Michael Olney as a signatory on the new account
- ◆ If anyone is interested, the position of Maryland Regional Exchequer is open
 - ◆ The Kingdom Exchequer has a job description if you would like to see it before you apply
 - ◆ Please contact her using the contact information on the Kingdom website

Minister of Arts and Sciences:

- ◆ Dance practice had been scheduled, but is canceled due to shut down

Continued on page 9...

1194 100,000 ransom is paid for Richard I, King of England
1454 In Thirteen Years' War, Secret Council of Prussian Confederation sends formal act of disobedience to the Grand Master
1508 Maximilian I assumes imperial title without being crowned
1586 Robert Dudley, earl of Leicester, becomes governor-general of the States General of the 1600 Astronomers Tycho Brahe and Johannes Kepler meet for first time near Prague
February 5
816 Frankish emperor Louis grants archbishop Salzburg immunity
1428 King Alfonso V, orders Sicily's Jews to attend conversion sermons
1488 Roman Catholic German emperor Maximilian I caught in Belgium
1512 French troops under Gaston de Foix rescues Bologna
1556 Kings Henri I and Philip II sign Treaty of Vaucelles
1572 Beggars assault Oisterwijk Neth, drive nuns out
1576 Henry of Navarre abjures Catholicism at Tours
1597 Group of early Japanese Christians, known as the 26 Martyrs, are killed by new government of Japan for being seen as threat to Japanese society
February 6
337 St Julius I begins his reign as Catholic Pope
1189 Riots in Lynn, Norfolk spread to Norwich
1508 Maximilian I proclaimed Holy Roman Emperor, 1st Emperor in centuries not to be crowned by Pope
1577 King Henri de Bourbon of Navarra becomes leader of Huguenots
February 7
457 Leo I becomes emperor of the Byzantine Empire
1074 Battle of Montesarchio: Prince of Benevento, Pandulf IV killed battling the encroaching Normans in southern Italy
1238 The Mongols burn the Russian city of Vladimir
1301 Edward of Caernarion becomes first Prince of Wales
1522 Treaty of Brussels: Habsburgers split into Spanish and Austrian Branches
1550 Giovanni Maria del Monte elected Pope Julius III
1569 King Philip II forms Inquisition in South America
February 8
421 Flavius Constantine becomes Co-Emperor as Emperor



Food For Thought

The Feast of the Four Humors By Lady Katla Flókadóttir

In 2018 I was asked to do my first feast for Night on the Rhine. I had so much fun researching recipes and figuring out how to make them be historically accurate and taste delicious to boot. I called it the Feast of the Four Humors: Melancholic, Sanguine, Phlegmatic, and Macrocosm. I worked the feast around the writings of Hildegard von Bingen.

Hildegard von Bingen (1098-1179) was a Benedictine Abbess in 12th century Germany who lived along the Rhine valley. She founded two convents, one at Rupertsberg and the other at Eibingen. She was a woman ahead of her time and wrote several books. Not only was she a writer but also a composer, philosopher, Christian mystic, visionary, and polymath. She was known throughout the land as a healer and would was consulted by kings, queens, popes, and the common people alike for cures and advice on what ailed them.

In order to keep our four humors in harmony one must eat in accordance with certain rules in mind. According to Hildegard in order to keep our humors in order we must keep a balance of hot and cold, as well as dry and moist when considering what we eat. Hildegard's key to a good and healthy life was moderation, good advice indeed. The feast I prepared contained some of that advice, so I hope you not only enjoy the selection of recipes, but her advice as well.

Humorism or humoralism was a system of Hippocratic medicine taught and used from circa 300 BCE through the beginning of modern medicine in the 19th century.

The four humors are
melancholic - fire (hot and dry) -
Yellow Bile, sanguine - water (cold and wet) - phlegm, phlegmatic -
earth (cold and dry) - black bile,
macrocosm - air (hot and wet) -
blood.

Pea Soup - Erbeßsuppen - 8 servings

- 1 lb. split peas
- 1 qt. water
- 1 small onion, minced
- ½ tsp. ground black pepper
- 2 tsp. olive oil
- 1 qt. vegetable broth
- 2 tsp. salt

Saute onion in bottom of stock pot with oil until translucent on med-high heat. Add broth, water, salt, and peas. Bring to boil. Lower heat to low and simmer for two hours until peas are soft. If too thick for your taste you may want to add more vegetable stock or water. Then serve.

Peas are cold and somewhat phlegmatic. They can oppress your lungs a bit but they are good for the warm-natured person and can make them bold! But, if you are a cold-natured person it would be wise to avoid peas because they produce much mucus.

The onion does not have proper heat but instead has sharp moisture. Do not worry they will not be served raw, because as you may not already know they can be harmful and poisonous.

The oil of the olive is not good for eating because it provokes nausea and makes some foods troublesome to eat. Lucky for us when combined with the other ingredients it should render its powers void.

Pepper is very hot and dry. Do not eat too much of this spice because it can be harmful in large doses. It causes pleurisy, destroys your humors, and creates bad ones.

Continued on page 6...

Constantius III of the Western Roman Empire with Honorius
1526 Heavy storm strikes Dutch coast, many die
1575 University Leiden founded, and given the motto "Praesidium Libertatis"

1587 Mary, Queen of Scots, is beheaded at Fotheringhay Castle aged 44 after being convicted of plotting to assassinate Elizabeth I in the Babington Plot

1600 Vatican convicts scholar Giordano Bruno to death

February 9

474 Zeno crowned as co-emperor of the Byzantine Empire together with his son Leo II

1267 Synod of Breslau orders Jews of Silesia to wear special caps

1499 France & Venice sign treaty against Milan

1537 Pope Paul III routes Cardinal Pole to England

1554 Battle at London: Sir Thomas Wyatt defeated and his rebellion against Queen Mary crushed

1555 Bishop of Gloucester John Hooper is burned at stake for heresy

1574 Louis of Nassau ends siege of Maastricht

February 10

60 St Paul thought to have been shipwrecked at Malta

1098 Crusaders defeat Prince Redwan of Aleppo at Antioch

1355 The St. Scholastica's Day riot breaks out in Oxford, England, leaving 62 scholars and perhaps 30 locals dead in two days

1525 Albert of Prussia pledges a personal oath to Sigismund I and is invested with duchy for himself and heirs

1535 12 nude anabaptists run through Amsterdam streets

1549 Tomé de Sousa appointed governor general of Brazil

February 11

55 Tiberius Claudius Caesar Britannicus, heir to the Roman

Emperorship, dies under mysterious circumstances in Rome, clears the way for Nero to become Emperor

385 Siricius, bishop of Tarragona, elected as Bishop of Rome; first to style himself Pope

824 St Paschal I ends reign as Pope

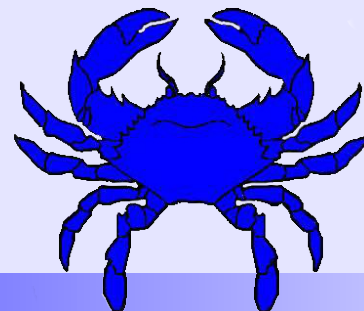
1543 Battle at Wayna Daga: Ethiopian and Portuguese troops beat Muslim army

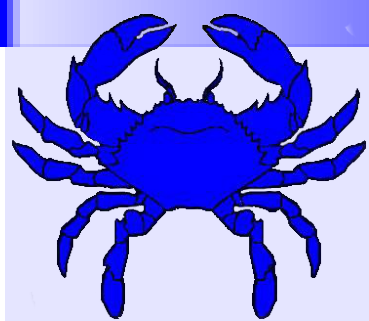
1543 Holy Roman Emperor Charles V and English King Henry VIII sign anti-French covenant

1575 King Frederick of Denmark offers island of Hveen to Tycho Brahe

February 12

1049 Bruno count of Egesheim & Dagsburg crowned Pope Leo IX





1111 King Henry V, King of Germany and Italy, arrives in Rome for coronation as Holy Roman Emperor, but Pope Paschal II refuses to crown him until April owing to investiture Controversy
1130 Pope Innocent II elected
1502 Muslims in Granada forced to convert to Catholicism
1502 Vasco da Gama sets sail from Lisbon, Portugal on his second voyage to India
1528 Treaty of Dordrecht between emperor & ecclesiastical power
1541 Santiago, Chile founded
1554 Queen of England for nine days, Lady Jane Grey is executed for treason
1577 Spanish land guardian Don Juan of Habsburg signs "Eternal Edict"

February 13

1130 Gregorio de' Papareschi elected as Pope Innocent II
1258 Baghdad, then a city of 1 million, falls to Mongols as Abbasid Caliphate is destroyed, tens of thousands slaughtered, ending Islamic Golden Age
1349 Jews are expelled from Burgdorf, Switzerland
1502 Nicolás de Ovando y Cáceres, new Governor of Indies sets sail for the Indies with fleet of 30 ships, largest-ever fleet to the New World
1503 Disfida di Barletta - Famous challenge between 13 Italian and 13 French knights near Barletta, Southern Italy
1510 Charles of Gelre conquers Oldenzaal
1545 Willem of Nassau becomes Prince of Orange
1575 Henry III of France is crowned at Rheims
1578 Tycho Brahe first sketches "Tycho's system" of solar system

February 14

842 Charles II & Louis the German sign treaty
1014 Pope Benedict VIII crowns Henry II Holy Roman Emperor
1076 Pope Gregory VII excommunicates Holy Roman Emperor Henry IV
1130 Jewish Cardinal Pietro Pierleone elected as antipope Anacletus II
1349 900 Jews are burned alive in Strasbourg and similar number banned from city after being blamed for spread of Black Death
1540 Emperor Charles V enters Ghent without resistance, executes rebels
1556 English Archbishop Thomas Cranmer declared a heretic

February 15

590 Khosrau II, last great Sasanian king is crowned King of Persia

Food for Thought continued from page 5...

Always remember moderation!

Salt is very hot and a bit moist. Make sure you have enough salt in your diet in order to keep your insides tepid. Used in moderation in your foods it will keep you strong and healthy. Just be careful not to eat too much because you can dry yourself out internally.

Pickled Onions and Cucumbers-
Eingelegte Zwiebeln und Gurken

6 c. thinly sliced pickling cucumbers (about 2 pounds)

2 c. thinly sliced onion

1 ½ c. white wine vinegar

¾ c. sugar

¾ tsp. salt

½ tsp. mustard seeds

½ tsp. celery seeds

½ tsp. ground turmeric

½ tsp. crushed red pepper

¼ tsp. ground black pepper

4 garlic cloves, thinly sliced

Place three cups cucumber in a medium glass bowl; top with 1 cup onion. Repeat procedure with the remaining three cups cucumber and remaining one cup onion. Combine vinegar and remaining ingredients in a small saucepan; stir well. Bring to a boil; cook one minute. Pour over cucumber mixture; let cool. Cover and chill at least four days.

Chicken Pie

3 lb. whole chicken, cut up

½ tsp. ground black pepper

1 small onion, peeled, cut in half

2 quarts water

3 Tbs. chicken base

½ tsp. cumin

2 oz. bacon, cooked & crumbled

1 tsp. salt

1 pie crust

6 eggs

Bring water mixed with chicken base to a boil. Add chicken and onion and continue to boil for 30 minutes. Remove chicken and allow to cool. Meanwhile, cook and crumble bacon. Place prepared pie crust into pie pan, poking some holes in the bottom with a fork, and pre-cook for 15 minutes at 425°F. Shred chicken removing bones and skin. Beat eggs and mix the spices into the beaten eggs. Then mix the chicken, bacon, and egg mixture together. Place into the pie pan. Bake the pie at 425°F for 15 minutes. Then reduce the oven temperature to 300°F. Bake for another 30 minutes.

The hen has both a cold and dry nature and their flesh is good for us to eat as long as we are in good health. If you are sick be weary of eating chicken for it will make mucus in your stomach, thus making it weak and unable to digest any food you eat.

Cumin is dry and of moderate heat. No matter how you eat this herb it is good for you as long as you do not have pain in your heart or have a lung ailment. As long as you are in good health it will furnish a good disposition and moderates your temperature when you are too hot.

Eggs are more cold than hot. Be warned that they are not good to eat and are almost like poison. It is a good thing that the recipe in question is using domesticated hens. You should still be leery of these eggs, but eaten in moderation you should be safe. They are harmful to weakened intestines

Continued on page 10...

For all of the updated information on how COVID is affecting Kingdom activities please click on link below:

<https://atlantia.sca.org/reopening-atlantia/>





History Highlights



Above: [Captions identify the man to the left as Baldwin FitzGilbert and the central crowned figure as King Stephen; the king is directing Baldwin to address the army of his behalf.](#)

February 2, 1141 the Battle of Lincoln occurred. [King Stephen](#) captured by forces loyal to the [Empress Matilda](#) and commanded by [Robert, 1st Earl of Gloucester](#).



Above: [Ending the St Scholastica Day riot, as depicted on a 1907 postcard](#)

On February 10, 1355 the St. Scholastica's Day riot broke out in Oxford, England. 62 scholars and perhaps 30 locals died in two days.



Above: [Boris Godunow Tsar of Russia](#)

On February 17, 1598 Boris Godunov is chosen as Tsar of Russia.



Above: [Bust of Antoninus Pius \(reign 138–161 CE\), ca. 150](#)

Emperor Hadrian adopts Antoninus Pius on February 25, 138 effectively making him his successor.

732 Zen teacher Ho-tse Shen-hui disputes founder of Northern Ch'an line
1145 Bernardo elected Pope Eugene III
1313 Peace of Angleur, Liège signed
1386 Duke Philip the Stout forms Council of Flanders
1539 Emperor Charles receives Cardinal Pole in Toledo
1552 Dutch coast hit by heavy storm
1563 Russian troops occupy Polotsk Lithuania

February 16

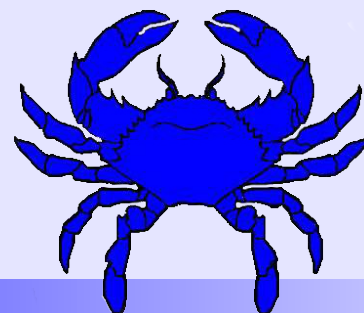
374 9th recorded perihelion passage of Halley's Comet
600 Pope Gregory the Great decrees saying "God bless You" is the correct response to a sneeze
1249 Andrew of Longjumeau is dispatched by Louis IX of France as his ambassador to meet with the Khan of the Mongols
1486 Maximilian I is elected King of the Romans at Frankfurt
1512 Battle at Veggio: French troops beat Venetians
1559 Pope Paul IV calls for deposition of sovereigns supporting heresy

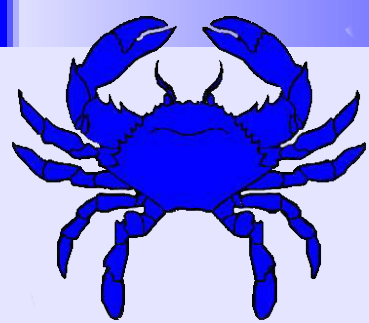
February 17

1370 Battle at Rudau: Germany beats Lithuania
1461 Wars of the Roses: Second Battle of St Albans – Lancastrian army defeats Yorkists and recaptures King Henry VI
1500 Battle of Hemmingstedt – German peasant army repels ducal army of Schleswig and 1510 Portuguese admiral Afonso de Albuquerque first conquers city of Goa, entering it with little conflict
1568 Holy Roman Emperor Maximilian II agrees to pay tribute to the Ottoman Empire for peace
1598 Boris Godunov chosen as Tsar of Russia
1600 Philosopher Giordano Bruno is burned alive at Campo de' Fiori in Rome, charged with heresy by the Roman Inquisition

February 18

1219 Jerusalem re-taken by the Christian Crusader kingdom in a peace treaty between Holy Roman Emperor Frederik II and Egyptian ruler Al-Kamil
1268 The Livonian Brothers of the Sword are defeated by Dovmont of Pskov in the Battle of Rakovor
1332 Amda Seyon I, Emperor of Ethiopia begins his campaigns in the southern Muslim provinces
1478 George, Duke of Clarence, convicted of treason against his older brother Edward IV of England, is privately executed in the Tower of London



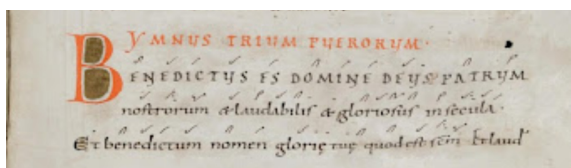


1503 Henry Tudor created Prince of Wales
 1519 Hernán Cortés leaves Cuba for the Yucatan Peninsula, Mexico with 11 ships and 500 men
 1536 France & Turkey sign military/trade agreement against King Karel
 1563 Huguenot Jean Poltrot de Mere shoots gen Francois De Guise
 1574 Zeeland falls to Dutch rebels
February 19
 197 Lucius Septimius Severus' army beats Clodius Albinus at Lyon
 356 Emperor Constantius II shuts all heathen temples
 607 Boniface III begins his reign as Catholic Pope
 842 Medieval Iconoclastic Controversy ends as a council in Constantinople formerly reinstates veneration of icons in churches
 1512 French troops under Gaston de Foix occupy Brescia
 1539 Jews of Tyrnau Hungary (then Trnava Czech), expelled
 1574 Spanish troops plunder Krommenie, Wormerveer & Jisp, Netherlands
 1582 Francis of Valois becomes Duke of Brabant
 1594 Having already inherited throne of Polish-Lithuanian Commonwealth through his mother, Catherine Jagellonica of Poland, Sigismund III of House of Vasa is crowned King of Sweden, succeeding father John III of Sweden
 1600 Peruvian stratovolcano Huaynaputina explodes in the most violent eruption in South American recorded history
February 20
 1280 Japanese Imperial Court orders all temples and shrines to pray for victory in the impending second Mongol invasion
 1472 Orkney and Shetland are left by Norway to Scotland, due to a dowry payment
 1525 Swiss & German mercenaries desert Francois I's army
 1547 King Edward VI of England crowned following the death of his father Henry VIII
February 21
 362 Athanasius returns to Alexandria
 1173 Pope Alexander III canonizes Thomas Becket, Archbishop of Canterbury
 1245 Thomas, first known Bishop of Finland, is granted resignation after having confessed to torture and forgery
 1431 Joan of Arc's first day of interrogation during her trial for heresy

Composer's Corner



Medieval Music – Part II Early Chant Notation By Mistress Arianna Morgan, OP



Above: An early 11th Century example of neumatic notation/compound neumes. (*Benedictus es Domine*, Sankt-Gallen, Stiftsbibliothek 376 p. 91.) Notice how each neume/compound neume is assigned to each syllable.

There isn't a single reference which documents the creation of the earliest medieval notation. Early medieval notation did not indicate precise pitches. Symbols known as neumes served as reminders to singers of the direction of the melody which they had already learned by rote.

Although it sounds very primitive compared to modern musical notation, early medieval music notation contained a wealth of information about a chant for singers who had studied chant and learned the melodies aurally. In addition to serving as a memory aid, the notation also provided information about the relative rise and fall of the melody, placement of pitches in relation to the text, articulation, groups, melodic gestures and phrasing, pitch inflection, voice production, and even rhythm.

In neumatic notation, the signs indicating single notes and groups of notes are set to the words of sacred texts which were sung during religious celebrations. Most liturgical texts were probably associated with corresponding melodies in the minds of medieval clergy, cantors, and choir members. Scholars believe this may explain why many books containing chant do not have any traces of music notation. An analogy can be made with modern popular tunes such as Happy Birthday, or Twinkle Twinkle Little Star. Most

people learned these tunes without ever having seen the music notation.

The basic unit of music writing was the syllable. This is evidenced by the fact that the notation, either a single symbol/neumes or several symbols/neumes grouped over a syllable are clearly separated from the signs placed over the previous and following syllable.*

The earliest examples of neumatic notation appear in treatises from the early 9th century and are a series of dots and dashes added to the text. These early symbols are believed to have been derived from the Acute (') the Grave (`) and the Circumflex (^) used by Carolingian writers, grammarians, and readers to indicate direction, accent, and change of inflection.

In music, the Acute accent known as the virga, an upward slash (/) indicated a higher pitch in relation to the previous or following tone. The Grave accent, a downward slash (\) indicated a lower pitch in relation to the previous or following tone. Early on, the downward slash was shortened to something that looked like a dot (.) or a dash (-). These were later known as the punctum and the tractulus. The circumflex sign

(^) represented a rising and falling of pitch. This figure was replaced by compound figures which included the combination of a virga and punctum (/ -). Scholars believe that when these early signs were placed above a text to indicate a melody, they helped singers recall certain melodic formulas already associated with a particular text. However, as previously stated, the use of the notation still required that the melody be learned aurally beforehand.

In the next article, we will examine how this early notation was put into practice.

Chatelain:

- ◆ Has cleaned all the clothes
- ◆ Looking for another bin with wheels to help bring a reasonable amount to events
- ◆ Has plan to do pouches with MoAs for newcomers at meetings once we are back in person

Herald:

- ◆ Gabe is waiting for his warrant, but has taken the class
- ◆ Transfer is being planned and coordinated with incoming and out going

Minister of the Lists: Not in attendance

Knight Marshal:

- ◆ Things are canceled
- ◆ Did note marshal classes will happen at university and to reach out if you need any additional classes for marshal renewal are needed
- ◆ Report and waivers will be mailed

Archery/Thrown Weapons Marshal:

- ◆ Done for the winter
- ◆ Would like to note that they will need a new net in the near future
 - ◆ It is approx. \$150
- ◆ There maybe a lead to donate one

Web Minister:

- ◆ Request to the Web Minister to add new baronial financial policy
- ◆ Solved issue with Katla to upload the Dredgings

Chronicler:

- ◆ Got the newsletter completed on time but had issues getting it uploaded on Baronial website - issue fixed and newsletter was posted

Minister of Youth:

- ◆ Will have youth activities at Midwinter

Old Business:

- ◆ **Battle on the Bay:**
 - ◆ Looking for Autocrat for next year - we are lead
- ◆ **Night on the Town:** Night Under the Faie Moon
 - ◆ Connecting with staff from former plans
 - ◆ Everything seems to benign going smoothly
 - ◆ Aware and looking for check persons for covid
 - ◆ May end sign-ins at a earlier time to prevent someone waiting
 - ◆ Maximizing outdoor activities
 - ◆ Wants to make sure the less fun jobs are done as shifts so people can have fun
- ◆ **On Target:**
 - ◆ Nothing new to report
- ◆ **Mid-Winter:**
 - ◆ Unfortunately canceled due to rising COIVD cases
 - ◆ Moved reservation to January 28, 2023
 - ◆ Canceled liquor license and will resubmit at the end of the year

Next Meeting: February 2022 - details to follow

KINGDOM OF ATLANTIA EVENT CALENDAR

February 2022

5-6: [Online Winter University of Atlantia](#): Atlantia City DC (Atlantia)

11-15: [Tournament of YMIR](#): (Atlantia)

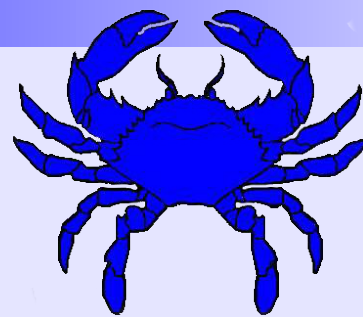
12: [Bright Hills Baronial Birthday](#): Manchester MD (Bright Hills)

March 2022

05: [Kingdom Arts and Sciences Festival](#): Mebane NC (Atlantia) (Q K Pr)

11-13: [Nottingham Coill Baronial Birthday XLII](#): Bennettsville SC (Nottingham Coill)

12-20: [Gulf Wars XXX](#): (Gleann Abhann) (Q K Pr P)



1440 The Prussian Confederation is formed

1564 Philip II routes Cardinal Granvelle to Franche-Comte

1574 Spanish garrison of Middelburg, Netherlands, surrenders

1583 Groningen, Netherlands, begins using Gregorian calendar

1598 Boris Godunov crowned Tsar of Russia

February 22

896 Pope Formosus crowned Arnulf King of Carinthia and Holy Roman Emperor

1071 Battle of Cassel; Robert I the Frisian defeats Arnulf III/I

1281 Simon de Brion elected Pope Martinus IV

1288 Girolamo Masci elected Pope Nicolas IV

1300 Pope Boniface VIII issues papal bull instating a Jubilee Year, granting forgiveness of sins and debts for those who fulfill various conditions

1349 Jews are expelled from Zurich, Switzerland

1495 French King Charles VIII enters Naples to claim crown

1561 William of Orange appointed viceroy of Burgundy and Charolais

February 23

303 Roman Emperor Diocletian begins policy of persecuting Christians, razing church at Nicomedia

1455 Johannes Gutenberg prints his first Bible

1540 Francisco Vázquez de Coronado's expedition sets off from Mexico in search of 7 cities of Cibola

1574 France begins 5th "holy war" against Huguenots

February 24

303 1st official Roman edict for persecution of Christians issued by Emperor Diocletian

1208 St Francis of Assisi, 26, received his vocation in Portiuncula Italy

1296 Pope Boniface VIII degree Clericis Laicos

1387 King Charles III of Naples and Hungary assassinated at Buda

1389 Battle at Falköping: Danes defeat King Albert of Sweden

1496 England's Henry VII ends commercial dispute with Flanders

1510 Pope Julius II excommunicates republic of Venice

1525 Battle of Pavia: Holy Roman Emperor Charles V's troops beat French. French King Francois I captured, 15,000 killed or wounded

1527 Ferdinand of Austria crowned as king of Bohemia

1528 János Szapolyai, disputed King of Hungary, and Ottoman

Sultan Suleiman the Magnificent sign treaty
 1530 1st imperial coronation by a Pope, Charles V crowned by Clement V
 1538 Treaty of Nagyvarad/Peace of Grosswardein signed between Ferdinand I of Austria and John Zápolya of Hungary
 1541 Santiago, Chile founded by Pedro de Valdivia (or 2/12)
 1552 Privileges of Hanseatic League in England are abrogated
 1582 Pope Gregory XIII announces New Style (Gregorian) calendar
 1597 Flemish painter Frederick of Valckenborch becomes porter of Frankfurt-on-Mainary 24

February 25

138 The Emperor Hadrian adopts Antoninus Pius, effectively making him his successor
 1095 Council of Rockingham: bishop Anselmus vs King William II Rufus
 1358 Dalmatie flees Venice
 1497 Italians troops reconquer Taranto on France
 1502 Austrian emperor Maximilian I reforms government machine
 1570 Pius V excommunicates Queen Elizabeth I of England for heresy and persecution of English Catholics during her reign. Also absolves her subjects from allegiance to the crown

February 26

364 Valentinian I is proclaimed Roman Emperor
 1266 Battle of Benevento fought in Southern Italy between Manfred of Sicily and army of Charles of Anjou
 1534 Pope Paul II affirms George van Egmond as bishop of Utrecht
 1590 Mauritius of Nassaus sails to Breda

February 27

837 15th recorded perihelion passage of Halley's Comet
 1526 Saxony and Hesse form League of Gotha (league of Protestant princes)
 1531 Evangelical German towns form Schmalkaldische Union
 1557 1st Russian Embassy arrives in London
 1594 Henry IV crowned King of France

February 28

364 Valentinian I becomes Roman Emperor (rules till 375)
 870 8th Ecumenical council ends in Constantinople
 1570 Anti-Portuguese uprising on Ternate, Moluccas

February 29

1504 Christopher Columbus uses a lunar eclipse to frighten hostile Jamaican Indians
 1556 Shaanxi Earthquake, deadliest ever recorded, kills

Food for Thought continued from page 6...

causing mucus and putrid matter in the stomach. But do not stress if you are healthy because you will be able to overcome these stomach issues.

Pig is hot and has an enthusiastic nature. The animal is full of mucus and pus. It is an unclean animal and not suitable for healthy or sick people to consume. If you are going to eat pig it should be a wild one, they are a bit cleaner than domesticated ones.

Rice from Greece - Ris von Kriechen

1 c. rice
 1 Tbs. olive oil
 2 c. water
 Salt to taste

Combine rice, water, and olive oil and place on high heat. Once at a full boil cover pot and reduce heat to low. Cook for 20 minutes and do not remove the lid. Do not over salt.

All food should be salted in order to bring out their flavors, just remember the previous warnings about consuming too much.

Roasted Root Vegetables

3 lbs. assorted root vegetables
 2 Tbsp. olive oil
 1 tsp. sugar

Preheat oven to 375 degrees. Peel and chop root vegetables into bite sized pieces. Coat vegetables in olive oil. Place in roasting dish and cook for 40-50 minutes until they are tender. Every 10 minutes stir the vegetables. Place in serving bowl and sprinkle with sugar.

Sugar will refresh one who eats or drinks it. If you are sick in the head or chest and coughing or congested, sugar is what you need. It will purge your brain and loosen up your chest.

Cabbage - Ein Gemachtz Krawt
<http://medievalcookery.com/recipes/cabbage.html>

2 1/2 to 3 lbs. cabbage
 2 c. white wine vinegar
 4 Tbsp. mustard
 2 tsp. caraway seeds
 2 Tbsp. honey
 1 tsp. anise seeds

Shred the cabbage and cook in a pot (it will cook with its own moisture). Strain the cabbage. Mix cabbage and all other ingredients together except white wine vinegar. Put the cabbage in a bowl and add

the white wine vinegar and combine. Serve cold.

Cabbage is of a moist nature. Their juices are a bit injurious and create great maladies in your body and creates weak intestines. If you are healthy you should not have to worry too much about its effects on the body. But be warned, they can increase bad humors.

White Mush (Bread Pudding) - Hwit Moos

2 c. milk
 2 eggs (slightly beaten)
 1 tsp ground cinnamon (rounded) 1/2 c. sugar
 1/4 c. butter
 1 baguette, sliced
 1/4 tsp. salt

Take milk and butter and put into a sauce pan. Cook on medium heat until butter has melted and take off of heat. Take beaten eggs and add the sugar, cinnamon, and salt, mix well. Cube the bread slices. Fold the bread cubes into the egg and spice mixture. Place in a greased casserole dish. Bake at 350 for 45 minutes.

Cinnamon is very hot and powerful. It reduces bad humors if eaten often. It is great to treat gout and various fevers.

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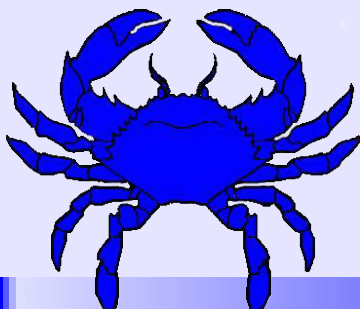
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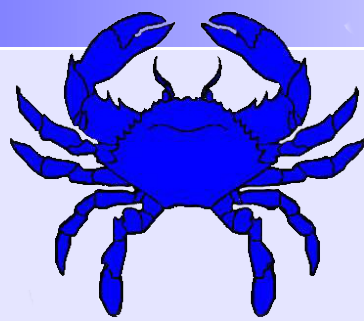
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830,000 in Shaanxi Province,
China
1570 Earl of Moray, regent of
Scotland, assassinated; civil war
breaks out
1571 Queen Elizabeth I of England
opens Royal Exchange in London
1579 Union of Utrecht signed,
forming protestant Dutch Republic

Lochmere Baronial Champions

Rapier Fighting:

Lord Melchior zum grauen Wolf

Equestrian: Lady Aine d'Alton

Archery & Thrown Weapons:
Ethan of Lochmere

Armored Fighting:

Marcus Galmrsson

Arts & Sciences:

Lady Katla Flokadottir

