



















Being the Voice of the Barony of Lochmere in the Kingdom of Atlantia, SCA, Inc.





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Information of the Dredgings The Dredgings is a publication of the Barony of Lochmere of the Society of Creative Anachronism, Inc. The Dredgings is a free publication and is available electronically. You may request a copy from the Barony of Lochmere Chronicler at <u>lochmere.chronicler</u>

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the contributors.

Attention Lochmere Officers Make sure your information in this newsletter and website is correct. Contact Lady Katla Flokadottir at lochmere chronicler@gmail.com for The Dredgings and Lady Marta De Lyon at webminister@ lochmere atlantia sca org for the website.

Please submit your Baronial Report in advance of the business meeting via email to Sir Edgar Refskegg at seneschal@lochmere. atlantia sca org and the Chronicler, Lady Katla at lochmere chronicler@gmail.com

Thank You!

**Today in History** https://www.onthisday.com/ **Front Cover** 

Rue (Ruta) Nature: Warm and dry in the third degree. Optimum: That which is grown near a fig tree. Usefulness: It sharpens the eyesight and dissipates flatulence. Dangers: It augments the sperm and dampens the desire for coitus **Neutralization of the Dangers:** With foods that multiply the sperm. From the Tacuinum of **Paris** 

Greetings Lochmere,

We hope that this finds everyone safe and happy. We have had a great month going to visit our Cousins in Stierbach for their baronial birthday. A fun time was had by all despite the rain that tried to dampen our spirits. His Excellency Linhart went to the archery range to support our archers and watch the Lochmere Arrow tournament. We did not retrieve it back to its home lands, but it probably traveled through on it's way to Bright Hills. I (Letia) tempted the fates of rust and fought in the rain all day. The scenarios were well run and safely considered.

As of now fighter practices are still on with no limit in participation numbers, we do have a sheltered area which makes for a lovely gathering even in the rain. We are also having A&'S gatherings at our fighter practices so come out and join us! We also know of archery and thrown weapons happening. Because fighter practice and archery have resumed, events are opening back up, and we were getting lower attendance at happy hour zooms, we have discontinued hosting those

Linhart will be heading out for a business trip in the coming months, but I (Letia) am looking forward to Battle on the Bay, our joint event with Storvik. I hope to see everyone there that would like to attend and feels they can safely attend. I am also starting to look forward to War of the Wings. We have toyed with the idea of having an encampment, but we would need a certain number to make that happen. Please contact me soon if you are looking to do so.

Our numbers for covid infections, both in the Kingdom and in our barony are increasing so indoor mask mandates were issued right before the event. Please make sure you are checking all the most current rules and regulations for an event if you are attending one

and keeping yourself safe.

-Baron Linhart and Baroness Letia

Reoccurring Activities

**Populace Meeting**First Monday of every month 7:15 pm

Odenton Public Library 1325 Annapolis Road Odenton, MD 21113

Severn, MD 21144

Fighter Practice (Heavy & Rapier) Every Tuesday 7:00 pm Severn Christian Church 8132 New Cut Road ,

**Archery Practice** 

Every Thursday (til time change) Lord Ivan's Home 511 Chad Avenue, Severn, MD 21144

**Lochmere Vocal and Music Group** Please contact Sir Aelfred of Cres ttoich@verizon.net

**Arts and Sciences** Lady Marta de Lyon moas@lochmere.atlantia.sca.org

## New Member Importation

If you are new to the Barony of Lochmere, there websites may be of help:

Barony of Lochmere Homepage:

http://www.lochmere.atlantia.sca.org

Barony of Lochmere Facebook Group:

http://www.facebook.com/groups/ LochmereSCA

Kingdom of Atlantia Homepage:

http://www.atlantia.sca.org

Kingdom of Atlantia Event Page:

http://www.atlantia.sca.org/events/atlantiacalender-events

Kingdom of Atlantia Online Event Page: https://virtual.atlantia.sca.org/calender.php

The Acorn, Atlantia's Official Newsletter: http://www.acorn.atlantia.sca.org

Official SCA Homepage:

http://www.sca.org

You can also contact the Barony of Lochmere's Chatelain at:

chatelain@lochmere.atlantia.sca.org



**Pady Marta'**≉

## RTS AND Sciences

Arts and Sciences in the Barony of Lochmere is thriving!

We have our weekly A&S Social every Tuesday during our normal marital activity practice time.

Lochmere's Lady Eilionora is

hosting virtual scriptorium every other Wednesday open to all levels of interest and skill.

These regular activities will continue on in future months and I hope to see you join us if you haven't already



Today in History
September 1

891 Northmen defeated near Louvaine, France 1067 Baldwin VI becomes Count

of Flanders

1255 Königsberg founded by Teutonic Knights and named in honor of Bohemian King Ottokar II 1267 Rabbi Moses Ben Nachman establishes Jewish community in Jerusalem 1355 Tyrtko I writes in castro nostro

Vizoka vocatum from old town Visoki 1482 Tatars plunder Kiev, Ukraine 1511 Conciliabulum of Pisa opens 1535 French navigator Jacques Cartier reaches Hochelaga 1547 Charles demands creation of Imperial League (German state) 1598 Spanish King Philip II receives sacraments

September 2

911 Viking-monarch Oleg of Kiev-Russia signs treaty with Byzantines 1192 Sultan Saladin and King Richard the Lionheart of England sign treaty over Jerusalem, at end of Third Crusade 1519 1st Battle of Tehuacingo, San Salvador vs Mexico

September 3

301 San Marino, one of smallest nations in world and world's oldest republic still in existence, founded by Saint Marinus 1189 Richard the Lionheart is crowned in Westminster, 30 Jews massacred after coronation - Richard ordered perpetrators executed 1260 Battle of Ain Djaloet 1483 Utrecht surrenders to Habsburg army

1543 Cardinal Beaton replaces Earl of Arran as regent for Mary Queen of Scots

September 4

476 Romulus Augustulus, last Western Roman Emperor, abdicates after forces led by Odoacer invade Rome, traditional end of the Western Roman Empire 626 Shimin becomes Emperor Taizong of Tang, Emperor of China, when his father abdicates in his favor 925 Aethelstan crowned King of Anglo Saxons by Archbishop of Canterbury at Kingston upon Thames 1260 Battle at Montaperti 1414 Peace of Atrecht 1479 King Alfonso I of Portugal recognizes Isabella as queen of Castile 1571 Catholic rebellion in Scotland

September 5 1519 Second Battle of Tehuacingo 1550 William Cecil appoints himself English minister of foreign affairs 1590 Alexander Farnese's army forces Henry IV of France to raise siege of Paris 1596 Dutch fleet commander Cornelis de Houtman taken hostage in lava

September 6 394 Battle of Frigidus





1492 Christopher Columbus' fleet leaves Gomera, Canary islands 1522 Ferdinand Magellan's Spanish expedition aboard Vitoria returns to Spain without captain, first to circumnavigate earth

September 7 70 Roman army under General Titus occupies & plunders Jerusalem 1191 Third Crusade: Battle of Arsuf 1497 Flemish pretender Perkin Warbeck acclaimed as English King Richard IV on Bodmin Moor in Cornwall 1525 Trial against "heretic" John Pistorius ends in the Hague 1566 Sultan Selim II succeeds to the Ottoman throne 1596 Dutch fleet bombards Banten, Java 1599 Earl of Essex & Irish rebel

September 8 1024 Duke Conrad II chosen as German King and crowned at Mainz Cathedral

Tyrone signs treaty

1141 -9] Battle of Samarkand 1156 Henry II Jasormigott leaves Bavaria 1264 The Statute of Kalisz 1303 Battle of Anagni 1331 Stefan Dušan declares

himself king of Serbia 1380 Battle on Kulikovo 1449 Battle of Tumu Fortress 1504 Michelangelo's statue of

David is unveiled in Florence 1514 Battle of Orsha 1522 Spanish navigator Juan de

Elcano returns to Spain, completing 1st circumnavigation of the globe 1536 Earl of Nassau disbands siege of Peronne

1545 English Earl of Hertford leads retaliatory mission against Scotland 1553 City of Lichfield, England, founded

1563 Maximilian chosen King of Hungary

1565 1st permanent European settlement in US founded at St. Augustine, Florida

1565 Turkish siege of Malta broken by Maltese & Knights of St John September 9

701 St Sergius I reign as Catholic Pope ends

1000 Battle of Svolder 1379 Treaty of Neuberg 1493 Battle of Krbava field 1513 Battle of Flodden Fields

1543 Mary Stuart, at nine months old, is crowned "Queen of Scots" in central Scottish town of Stirling 1561 Conference of Poissy 1567 Lamoraal van Egmond &

Philip van Hoorne captured 1591 –10] Battle at Flores Azores September 10

506 35 bishops of Visigothic Gaul meet in Council of Agde, shedding light on moral conditions of clergy and laity in southern France 918 Arnulf I the Old becomes landsheer of Flanders

# opulace Meeting Minus

### **Baron and Baroness:**

Stierbach Birthday

◆ Had a lot of fun despite the rain

Didn't reclaim the arrow, maybe next year

Looking forward to battle on the bay

looking for retainers

♦ Midwinter's

Invited their majesties this past weekend

◆ University

Moved to online

Pandemic

◆ Things are starting to get worse again so rules are in flux, will try to keep you posted as best as we can

◆ Traveling for work

◆ His excellency will be out of town from September 20th to roughly middle of October

WotW

Any interest in a baronial encampment?

### Seneschal: (Jacamo standing in)

Nothing to report

Exchequer: emailed report

◆ Ledger Balance is \$10,878.25

◆ The balance includes the checks written for rental of a Porta John and to the Vestry of St James for Midwinter's 2022 - Still need to get checks signed, will be at Archery practice to get signed

◆ The second quarter report was completed on 30 July

Minister of Arts and Sciences:

Have had a couple of socials along with fighter practice

University has been moved to a virtual event

◆ University is looking for classes to be taught - deadline August 17

◆ There will be classes Saturday and Sunday

Weekly scribal every other week

#### Chatelain:

Nothing really happening

• Please send contact information for new people at archery so information can be sent to them

**Herald:** Not in attendance

**Minister of the Lists:** Not in attendance

**Knight Marshal:** 

• Finishing up waiver report - will need legal name of seneschal for paperwork will have in by the end of next quarter

◆ Having practice as weather permits, 6-8 showing up

◆ Need to start thinking about indoors for the church when winter comes - we do have it for the winter (Gabe chimed in)

◆ If you want to camp at WOW make sure you have registered in SCARS

Archery/Thrown Weapons Marshal:

◆ Have some new people showing up and enjoying themselves along with regulars

Trying to prepare for a fun event at Battle on the Bay

#### Web Minister:

Nothing much to update

 Put in a request to have chatelain web address sorted out Chronicler:

◆ Got newsletter out on time

Continued on page 6...



# Food For Thought

Rue (Ruta graveolens)



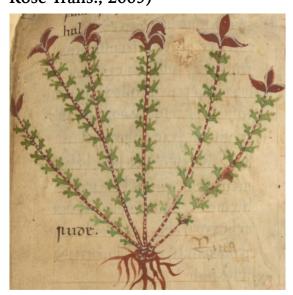
Abbildung von: Rute (Ruta graveolens)

1497 and 1500 Shrubbery with blue-green and fleshy leaves identified as bitter in taste and unappealing smell. This herb can be used dried or fresh, similar to basil or thyme, in meats and some alcoholic drinks. Is more widely known for its medicinal properties and sometimes referred to as "herb of grace" because of its used to sprinkle holy water during Catholic Mass ceremonies. (Davidson, 2014). In Shakespeare's play, Hamlet, rue was offered by Ophelia to Queen Gertrude as a token of repentance, while Ophelia saves some for herself in regret, however again references it as the herb of grace. It's use in alcohol was largely seen as pharmaceutical as seen in the recipe for Aqua Vite,

"Elixir of Life", as one of the herbs mixed with wine, heated, and distilled. Rue is also listed as an ingredient for a poultice, with salt and onion, to treat a dog bite. (Scully, 2005)

Rue was one of the basic ingredients, specifically aromatic herbs, for sauces used in Roman cooking, along with lovage, cardamom, cumin, mint, thyme etc. The herb was specifically mentioned as part of the menu in an invitation by Julius Cerialis to potential party guests.

"...garnished with eggs on leaves of rue...". (Giacosa, 1992). However, it's use was not specific to a certain region or time frame, as it is also listed as an ingredient in an Omelet (Arboulastre) in the collection of French recipes of the 14th century, Le Menagier de Paris. (Greco & Rose Trans., 2009)



Rue. Detail from the Old English Herbarium. London, British Library, Cotton MS Vitellius C.iii, f. 47r.

Rue was a common herb seen in most medieval gardens. Due to it's flavor profile it was often paired with other herbs and spices to create an overall flavor. An example is seen in Libre de sent

Continued on Page 6...

1349 Jews who survived a massacre in Constance Germany are burned to death 1547 Battle of Pinkie, Midlothian 1547 English demand Edward VI (10) wed Mary Queen of Scots (5) September 11 9 The Battle of the Teutoburg Forest ends 910 Benedictine abbey of Cluny founded by William, Duke of Aquitaine, in Burgundy, France, one of the greatest monasteries of Western Furone 1185 Isaac II Angelus kills Stephanus Hagiochristophorites and then appeals to people, resulting in revolt that deposes Andronicus I Comnenus and places Isaac on throne of Byzantine Empire 1297 Battle at Stirling Bridge 1390 Lithuanian Civil War (1389-1392): Teutonic Knights begin a five-week siege of Vilnius 1503 Michelangelo begins sculpting 12 Apostles for Cathedral of Florence, over-life-sized marble statues of which only 1 was partly finished, St. Matthew 1541 Santiago, Chile, is destroyed by indigenous warriors, lead by Michimalonco September 12 1213 Battle at Muret 1217 French prince Louis & English King Henry III sign peace treaty 1229 Aragonese army led by James I of Aragon disembarks at Santa Ponça, Majorca, to conquer island 1396 Crusaders under earl of **Nevers reaches Nicopolis** 1543 Treaty of Venlo signed by Duke Willem of Gulik and Holy Roman Emperor Charles V during Italian Wars September 13 122 Building begins on Hadrian's Wall, Northern England 335 Church of Holy Sepulchre consecrated in Jerusalem 533Battle of Ad Decimum 1224 Francis of Assisi is afflicted with stigmata after a vision praying on Mount Verna 1501 Michelangelo begins work on his statue of David, a masterpiece of Renaissance sculpture 1504 Queen Isabella and King Ferdinand of Spain issue Royal Warrant for construction of a Royal Chapel to be built

786 Harun al-Rashid becomes the Abbasid caliph upon the death of his brother Al-Hadi

1515 -14] Battle at Marignano

arrested

march into Spain

September 14

brother Titus

1553 English bishop Hugh Latimer

1556 Charles V & Maria of Hungary

1574 Turkish fleet recaptures Tunis

81 Domitian becomes Emperor of

Roman Empire upon death of



1180 Minamoto no Yoritomo led force of 300 defeated at Battle of Ishibashiyama in Japan 1515 Battle at Marignano ends in French/Venetian victory

September 15

668 Eastern Roman Emperor Constans II is assassinated in his bath at Syracuse, Italy 921 Saint Ludmila murdered at command of daughter-in-law 1514 Thomas Wolsey appointed English Archbishop of York 1584 San Lorenzo del Escorial Palace in Madrid finished 1600 Battle of Sekigahara, rise of Tokugawa shogunate in Japan September 16

1400 Owain Glyndŵr is declared Prince of Wales by his followers 1575 King Johan Casimir of Palts promises military aid to Huguenots

September 17

642 Arab forces under Amr ibn al-'As conquer Alexandria 1048 Battle of Kapetron 1176 Battle of Myriokephalon 1394 Jews are expelled from France by order of King Charles VI 1462 The Battle of Świecino 1562 Council of Trente takes ecclesiastical canon 1584 Gent surrenders to Duke of Parma

1584 Gent surrenders to Duke of Parma 1598 Dutch sailors discover island of Mauritius

September 18

96 Nerva is proclaimed Roman Emperor after Domitian is assassinated 324 Chrysopolis Emperor Constantine beats Emperor Licinius 1180 Phillip Augustus becomes king of France 1437 Peasant uprising in Transylvania 1454 Battle of Chojnice 1502 Christopher Columbus lands at

1502 Christopher Columbus lands at Costa Rica on 4th & last voyage 1544 English King Henry VIII's troops occupy Boulogne 1544 Peace of Crépy signed by

Holy Roman Emperor Charles V & French King Francis I ending the Fourth Hapsburg-Valois War

September 19

335 Dalmatius is raised to rank of Caesar by uncle Constantine I 634 Muslim forces led by Khalid ibn al-Walid capture Damascus, 1st major city of Eastern Roman Empire taken by Rashidun Caliphate

1356 English forces under Edward Black Prince defeat French at Battle of Poitiers and capture French King during Hundred Years' War 1559 Five Spanish ships sink in storm off Tampa, about 600 die 1580 Treaty of Plessis-lez-Tours

September 20

368 Emperor Valentinianus visits

Nijmegen

451 Roman General Flavius Aetius defeats Attila the Hun at The Battle of the Catalaunian Plains, halting Hun invasion of Roman Gaul



The Tudor Pattern Book. Bodleian Library, MS. Ashmole 1504

sovi in a dish called Frexols, where a combination of herbs is used including "sage, mint, hyssop, savory, rue, parsley, fennel, watercress, coriander, anise, and

"other good herbs". (Santanach, Ed., 2014)

Rue was documented as part of the seasoning of the dishes served in a banquet for 2,000 hosted by Richard II of England in 1387 for the country's Barons. (Trager, 1995)

In modern day, rue is not seen as a culinary ingredient, but more for it's use by religions such as Wicca, for love and protection magic and Santaria, for purification and cleansing. (Wisdom Products, 2021)

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blog.wisdomproducts.com/index.php/2018/03/23/understanding-magical-uses-rue-

plant/

Populace Meeting Minutes Continued from page 4...

Minister of Youth:

◆ Nothing to report

Old Business:

♦ Battle on the Bay:

◆ Nothing to Report

Night on the Town: Night Under the Faie Moon
Nothing to Report

♦ On Target:

◆ Nothing new to report

♦ Mid-Winter:

◆ Nothing new to report

**New Business:** 

- ◆ 12th Night bid was rejected if anyone has any ideas send them to Alaric **Next Meeting:**
- ◆ Keep an eye out for details





Above: Guide for the Perplexed

On September 1, 1267 CE <u>Rabbi</u> <u>Moses Ben Nachman</u>, also known as Nachmanides, establishes a Jewish community in Jerusalem.



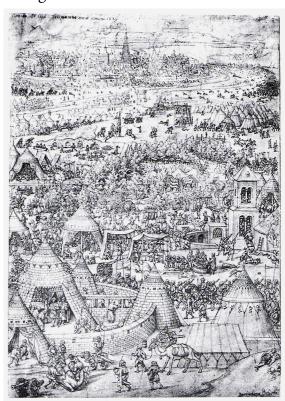
Above: Coin showing Germanicus holding an Aquila

On September 11, 9 CE, the <u>Battle of</u> the <u>Teutoburg Forest</u> between the Romans and the Germanic people ends.



Above:: Salisbury Cathedral from the East

On September 20, 1258 CE <u>Salisbury</u> <u>Cathedral</u> in Salisbury England, is inaugurated.



Above: Engraving of the Siege of Vienna (1529)

On September 24, 1529 CE Sultan Suleiman the Magnificent and his Ottoman troops arrive in Vienna, beginning of the siege.

1066 Battle of Fulford 1187 Saladin begins the Siege of Jerusalem 1519 Spanish expedition led by Portuguese navigator Ferdinand Magellan sets off on 1st successful circumnavigation of the globe 1530 Luther advises protestant monarch compromise 1596 Diego de Montemayor founded city of Monterrey in New Spain September 21 1217 The Estonian tribal leader Lembitu of Lehola was killed in a battle against Teutonic Knights 1348 Jews in Zurich, Switzerland, are accused of poisoning wells 1435 Treaty of Arras signed between Charles VII of France and Philip the Good of Burgundy 1451 Cardinal Nicholas of Cusa orders Jews of Holland to wear badge 1538 Shrine of Saint Swithun in Winchester smashed up in the middle of the night as part of the **English Reformation** 1589 Battle at Arques September 22 66 Emperor Nero creates the Legion I Italica 1236 Battle of Šiauliai 1499 Switzerland becomes an independent state 1504 Settled engagement of Karel of Luxembourg & Claudia the Beaujeu 1504 Treaty of Blois signed between Philip of Burgundy, Holy Roman Emperor Maximilian I & French King Louis XII 1529 Cardinal Thomas Wolsey stripped of office as Lord Chancellor of England 1586 Battle at Zutphen September 23 951 Otto I the Great becomes king 1122 Concordat of Worms agreed between Pope Calixtus II and Holy Roman Emperor Henry V 1408 Battle of Othée 1459 Battle of Blore Heath September 24 312 Start of Imperial Indication 673 Synod of Hertford opens 787 2nd Council of Nicaea (opens 1180 Manuel I Komnenos, last Emperor of the Komnenian restoration dies 1493 Christopher Columbus embarks on 2nd expedition to New World 1529 Suleiman the Magnificent & troops arrive in Vienna, begin siege September 25

622 Islamic Prophet Muhammed/ Abu Bakr arrives in Jathrib

1529 Suleiman the Magnificent & troops arrive in Vienna, begin siege **September 25**303 Saint Fermin of Pamplona is beheaded in Amiens, France 953 Ratherius becomes bishop of Luik 955 Bishop Ratherius of Luik flees 1066 Battle of Stamford Bridge 1237 Treaty of York signed 1340 England & France sign

disarmament treaty



1396 Battle of Nicopolis 1513 Spanish explorer Vasco Nunez de Balboa crosses Panama Isthmus becoming first European to see Pacific Ocean 1560 Spanish King Philip II names

Frederik Schenck of Toutenburg as 1st archbishop of Utrecht

September 26

715 Battle of Compiègne 1371 Battle of Maritsa 1396 Sultan Bajezid I beheads hundreds of crusaders 1404 Brussels Brabants/Limburgse audit-office established 1580 Frances Drake completes circumnavigation of world, sailing into Plymouth aboard Golden Hind

September 27

70 Walls of upper city of Jerusalem battered down by Roman army 489 Odoacer attacks Theodoric at Battle of Verona, and defeated again 1066 William the Conqueror's troops set sail from Normandy for conquest of England 1312 Duke John II of Brabant ends Charter of Kortenberg 1331 The Battle of Płowce 1509 Storm ravages Flemish/Dutch/

Friese coast, thousands killed September 28

351 Battle at Mursa 365 Roman usurper Procopius bribes two legions passing by Constantinople, and proclaims himself Roman emperor 995 Members of Slavník's dynasty - Spytimír, Pobraslav, Pořej and Čáslav are murdered by Boleslaus' son, Boleslaus II the Pious 1066 William the Conqueror invades England landing at Pevensey Bay, Sussex 1106 Battle at Tinchebrai 1322 Battle of Muhldorf 1528 Spanish fleet sinks in Florida hurricane; about 380 die 1538 Battle at Preveza 1542 Explorer Juan Rodríguez Cabrillo discovers California, at San Diego Bay, naming it San Miguel and claims it for Spain

September 29 219 Batavian soldiers consecrate altar on Hercules Magusanus Rome 440 Pope Leo I the Great, installed 1227 Pope Gregory IX excommunicates German emperor Frederik II

1364 Battle of Auray 1564 Robert Dudley becomes Earl of Leicester

September 30

1199 Rambam authorizes Samuel Ibn Tibbon to translate Guide of Perplexed from Arabic into Hebrew 1399 King Richard II of England's (supposed) abdication read out in the House of Commons by the Archbishop of Canterbury. In reality deposed by his cousin and successor Henry IV

# Lochmere Officers Listing

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#### Deputy Seneschal:

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#### **Archery Marshal:**

Dame Dealla Cohen deallac@juno.com

#### **Knight Marshal:**

Baron Alric knightmarshal@lochmere.atlantia.sca.org

## Lochmere Baronial Shampions

Rapier Fighting: Lord Melchior zum grauen Wolf

Equestrian: Lady Aine d'Alton

**Archery &Thrown Weapons:** Ethan of Lochmere

**Armored Fighting:** Marcus Galmrsson

**Arts & Sciences:** Lady Katla Flokadottir

