The Dredgings



Being the Voice of The Barony of Lochmere SCA, Inc.

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If you are new to the Barony of Lochmere, these websites should be of interest to you: Lochmere Homepage: http://www.lochmere.atlantia.sca.org

Official SCA Homepage: http://www.sca.org

Kingdom of Atlantia Homepage: http://www.atlantia.sca.org

The Acorn: http://www.acorn.atlantia.sca.org

Event Calendar: http://www.acorn.atlantia.sca.org/calendar.htm.

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Concerts and Activities Around Town

Chorworks Summer Workshop July 9-13th, 2013: PSALMS, SONNETS & SONGS -

http://chorworks.com/concerts-workshops/ This year – our ninth annual summer workshop – traces the course of 150 years of sacred and secular music in England. From Henry VIII's break with Rome, through the English Civil War, to the Restoration of King Charles II, it includes works by Taverner, Byrd, Gibbons, Ravenscroft, Purcell and Blow. The workshop is for all levels of singers from advanced high school upwards, for choir directors, and for those who simply wish to listen and learn more about this glorious music. To represent the broad scope of this year's program, we

have taken the title of William Byrd's publication of 1588: PSALMS, SONNETS and SONGS An internationally distinguished faculty leads a full schedule of seminars, rehearsals, coaching and performances. Tutors include Philip Cave (Director), Sally Dunkley, Jacqueline Horner-Kwiatek, James Kennerley and Patrick Walders. The workshop runs from 9:00am to 9:00pm each day from Tuesday 9th through Saturday 13th July 2013 at George Washington University Foggy Bottom Campus, Washington, DC. (An optional extra day of musical orientation [aka: note-learning!] is available on Monday 8th July.)

Antony & Cleopatra
Directed by Ralph Alan Cohen June 7 - July 14

Taming of the Shrew Directed by Ian Gallanar June 21 - August 4



Friday, June 7 through Sunday, August 4, 2013. Wednesdays, Thursdays, Fridays and Saturdays at 8 p.m. Sundays at 6 p.m. How much are tickets? ADULTS – Wednesdays: \$25 ADULTS – Thursdays:



photos by Teresa Castracane

\$29 ADULTS -- Fridays, Saturdays and Sundays: \$38 ADULTS Two Show Pass (one ticket for each show) -- \$58 for two tickets

SENIORS (over 65) -- Wednesdays: \$25 SENIORS (over 65) - All other days: \$29

STUDENTS (under 25) – Wednesdays, Thursdays and Fridays only: \$15

CHILDREN (18 and under) – FREE with paid adult (up to two children per adult). We are able to offer these free tickets due to the generosity of our fabulous sponsors. GROUPS (10 or more adults) – \$25 -- Call the Box Office for more information (410-313-8661)

http://chesapeakeshakespeare.com/

The National Gallery of Art: Washington DC



Looking for some inspiration? Check out the collections at the National Gallery

Here are a few examples...

French 12th Century Chalice of the Abbot Suger of Saint-Denis 2nd/1st century B.C. (cup); 1137-1140 (mounting) sardonyx cup with heavily gilded silver mounting, adorned with filigrees set with stones, pearls, glass insets, and opaque white glass pearls overall (height): 18.4 cm (7 1/4 in.)



<u>Leonardo da Vinci</u> Italian, 1452 – 1519 Ginevra de' Benci [obverse] c. 1474/1478 oil on panel

Eyck, Jan van
Netherlandish, c. 1390 – 1441
The Annunciation
c. 1434/1436 oil on canvas
transferred from panel



Old Tales Retold: Chinese Narrative Painting April 20–October 20, 2013 Freer Gallery of Art



Detail, *The Shanglin Park: Imperial Hunt.* Attributed to Qiu Ying (ca. 1494–1552). China, Ming dynasty, mid- to late 16th century.

Browse Chinese art

Twenty-three paintings relay lively stories about famous people and events in Chinese history. The primary intent behind many of the paintings was to promote certain Confucian moral principles and ideals. Consequently, these works often focus on individuals who exhibited positive character traits in their lives, such as humility, loyalty, studiousness, or dedication to the greater good, and who are recognized as paragons of virtue or exemplars of ethical behavior. Along the way, viewers meet emperors and kings, officials, scholars, philosophers, and sages, and become acquainted with the particular incidents, acts, or encounters that illustrate their especially admired personal qualities. Many of the stories present unexpected insights into both the particular values espoused by traditional Chinese culture and the universality of human experience.

Lochmere Business Meeting Notes June, 2013

Baronial Officers Meeting - June 3, 2013

Arianna: Warrant expiration dates needed for officers / Suggestion for autocrats – consider getting someone to handle publicity.

On Target: Dealla – we have a facebook page for the event. We have a small crew on Friday – hopefully the weather will hold.

Pennsic – Ormswyn is driving the truck – Baronial Party night is either Sunday or Monday night. Remember Pennsic ends a day earlier this year. Pack out for Baronial encampment will be Friday.

Battle for the Bay : Medb - plans are going well. The wooden pavilion has been replaced at the campsite.

Midwinter's Revel: Genvieve - I have the site contract. We are looking at using the second building so we can have merchants. I've got a merchant coordinator. There is a now a key deposit for \$100 and the site is \$895.00 for both halls and the kitchen.

Night out of Town: Segehart - Major positions will be filled by new folks with a mentor. I want to add youth rapier fighting as well.

Bardic Circle: Corun will coordinate December 14th.

Laurel River Fest Sunday September 29th we were invited to participate. Need a coordinator if we want to do this.

B&B: Eydis - Looking for new formal coronets – Baronial party at Pennsic will be Sunday or Monday.

Exchequer: Vlad present - new checks received. \$12832.04

Webminister: Santiago present - nothing exciting to report- still need to put together the thing for Cormac.

Chronicler: Simone present - still seeking articles

Knight Marshal: Alric present - there is a school function tomorrow – we should probably cancel practice. I want to buy a medium and large fencing mask. I'd like to schedule a day to go through the heavy fighters loaner stuff.

Archery Marshal: Dealla present - still haven't purchased the new targets - I want to look at Pennsic for some heavier bows .

Chirurgeon: Genvieve present – 2^{nd} q report was sent in. I did my re-certs at Ruby Joust. I'm waiting for the new cards.

A&S: Lysette present – Rita is stepping down as deputy. I potentially have a new deputy and replacement. Have we submitted new dates for the Fall? (Vlad- yes through December). I want to promote more classes in the Fall. I'm hoping my successor will be able to have more classes. I'd like to step down in time for the replacement to attend Unevent.

Herald: Maddy present – My deputy wants to step up. I'm planning to step down around September.

Mol: Gabe present – nothing to report

Chamberlain: – nothing to report . Please let me know if anything goes home with them.

Chatelaine: Avice submitted her report. She will be going through all the gold key at a combo night. One of the contacts at Laurel demo has attended combo night

Medb and Gabe have offered to be deputies to ensure coverage at all events.

Minister of Youth – awaiting her background check.

Larissa- gift basket – will get together at combo night- to work on items. Alfred designing notecards, Jeff will make some tokens.

Next meeting July 8th



Activities and Events Calendar July 2013

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5	King's Assessments Big Island, Va.
7	8	9	10	11	12	13
7	U		10	11	12	13
14	15	16	17	18	19	Pennsic begins 20
21	22	23	24	25	26	27
28	29	30	31	August 1	August 2	Pennsic ends August 3



Callot, Jacques French, 1592 - 1635 Peasant Attacked by Bees c. 1617 National Gallery of Art

Event Announcements

Dun Carraig Baronial Birthday / Lochmere Arrow Shoot

August 31, 2013 Barony of Dun Carraig

H-H-H-Hollywood! In our society we strive to recreate aspects of medieval history with as much accuracy as we can. We research, we document, we take classes, we teach classes...

Dun Carraig's Birthday this year will be an opportunity to kick off your fully documented, handsewn boots and enjoy some plain silly fun as we revisit the movies that sparked interest in medieval times for many of us. Do you love The Princess Bride? Are you a Holy Grail fan? Revel in poking fun at the inaccuracies of A Knight's Tale?? Come on out and play!

Website: www.duncarraig.net

Martial Activities: Heavy, rapier, and archery activities will be available. We especially feature the annual Lochmere Arrow Tournament. Teams of two from all baronies are welcome to come *attempt* to take it home. The shoot is being created by Master Jonathas Reinisch and Lord Karl von Konigsberg.

Arts & Sciences Activities: See website for A&S information. Cost:

 Adult, Member:
 \$10.00 Day-Trip \$8.00 Feast
 \$0.00 Camping

 Adult, Non-Member:
 \$15.00 Day-Trip \$8.00 Feast
 \$0.00 Camping

 Youth (5-17):
 \$5.00 Day-Trip \$8.00 Feast
 \$0.00 Camping

 Child (0-4):
 \$0.00 Day-Trip \$0.00 Feast
 \$0.00 Camping

Make Checks Payable To: SCA-MD, Inc., Barony of Dun Carraig Site: Melwood Recreation Center 9035 Ironsides Road Nanjemoy, MD 20662. Site opens 8:30am, closes 11pm. Site Restrictions: Parking at this site is not a standard lot. Please follow the direction of the parking stewards.

Feast Information: A scrumptious feast is being prepared by Lord Matthew of Summerdale. Merchanting Information: Merchants are welcome! Plenty of outdoor space available. See website for contact information.

Autocrat's Information: Baroness Amalia Kunne (Heather Kriebel), 8635 Napping Place, Welcome, MD 20693, Phone: (301) 392-0126, E-mail: heather[AT]kriebel.cc

Reservations: Lady Serena Giovanna de Verona (Roberta Sprouse), 22693 Athlone Drive, Great Mills, MD 20634, Phone: (240) 577-0983, E-mail: wavqueen[AT]yahoo.com

Directions: Find your best possible route to Hwy. 301 going towards La Plata, MD. Once in La Plata, turn west on MD-6 Port Tobacco Road (left if coming from points south, right if coming from points north.) Travel 11.3 miles, then turn left on Ironsides Road (MD-425S). In just over 1 mile, the road will take a sharp turn right (a church, the site for Royal Archery in May 2013, will be in front of you). Follow the sharp turn, continuing on Ironsides Road. Melwood is approximately 0.75 miles on your right.

The garb challenge for Atlantia's Fall Coronation will center on the theme of "Heroes vs. Villains."

Coronation will be held on 5 October 2013 at a site yet to be determined.

The parameters of the competition have been listed on a <u>Facebook event page</u> and will be listed on the event's website once a host (and website) has been determined.

There is no limit to the time period or culture, as long it is within the scope of the SCA. Both men and women are encouraged to come join in on this fun. There will be 5 categories for the challenge: **Overall** ~ The overall "winner" is the individual that is having obvious fun with the challenge: they made their own garb, the garb is period appropriate, and the garb is unique and creative in design.

- 1. Most Unique Garb ~ The individual that has the most unique and creative garb: they are not required to have made their garb themselves.
- 2. **Most Period Garb** ~ The individual that has the most period appropriate garb: they are not required to have made their garb themselves. Documentation is encouraged for this category but not required.
- 3. **Best Group / Couple Garb** ~ Two or more people who have the best garb combination: they are not required to have made their garb themselves.

Most Congenial Person ~ The individual that had the most fun with it and shared their joy with everyone in a positive/infectious way: they are not required to have made their garb themselves.



And The Number Of The Counting Shall Be Three

Sarishan, friends! It is the time of year when we're spending a lot of time outdoors in this gorgeous weather, at events, during mundane activities, and even in our own backyards. There are a lot of things out there in the bushes we need to watch out for, and I hear a lot of misinformation circulating around.

Even about the bushes themselves.

I'm talking about the bane of my existence, the one thing I fear more than ticks, mosquitoes, fire

ants, bears, or storms. Yes, folks, I'm talking about Poison Oak,

Poison Ivy, and Poison Sumac.

vines covered with thick, reddish hair

We'll start out by talking about a few common common lines of thought about the subject, some true and some not.

False...provided you've showered since exposure: Don't scratch the rash, you'll spread it.

Truth: Usually, the rash comes up on your skin a few days to a week after you've been exposed. If you've showered since then, the urushiol (the oil that causes the rash) will have washed away. The spreading effect that has spawned this idea is due to the fact that the rash comes up on skin at different rates. The liquid inside the blisters does not cause a reaction. However, don't scratch hard or break the blisters, as doing so leaves you open to infection.

False...provided you've showered since exposure: Don't touch me, I don't want to get it.

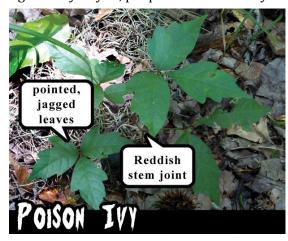
Truth: Again, the rashes are not contagious. They don't spread the rash on you, and they won't spread it onto other people. Now, what you can do is get exposed to the plant, get the urushiol on you, and then go up and shake hands with someone or hug them. If the

urushiol gets on them, they can get a rash, even if they were indoors all day. At that point, it's like the flu in that you can get it from a doorknob. I'm talking directly to you, people who love to say Oh,

its cool, I'm immune to the stuff. Please be aware that many people are not so lucky and wash up if you've been exposed, unless you like the idea of being a misery vector.

False: Sometimes Poison Ivy has five leaves instead of three. Sometimes it has thorns.

Truth: Sometimes Poison Ivy grows mixed in with Virginia Creeper, which looks very, very similar to it except for the five leaves instead of three. It is possible to get a rash from Virginia Creeper, but for a different reason entirely. Virginia Creeper contains oxalate crystals, which can irritate some people's skin. The plants are not the same species, and for most folks, Creeper is harmless.



Blackberry is another look alike, only it has thorns. Poison ivy never has thorns. But often it does grow where wild blackberry grows. It's sneaky like that.

Still, its like identifying snakes.... if you aren't sure what you're dealing with, assume it could potentially hurt you and avoid it.

Very Often False: I got exposed once, and I didn't get a rash, so I must be immune. Truth: You probably won't the first time get exposed. Its that next time that you have to worry about. The rash is an immune response. And it's an unusual one in that it tends to be delayed in most people (hence the long lag in time between exposure and the manifestation of the rash). You might think you're immune, but every time you get exposed, you risk that being the time you end up finding out how much fun steroid shots aren't.

False. And possibly criminally negligent: I'll just burn it out.

Truth: Smoke from this sort of plant could literally kill you or someone else. It can go straight into

the lungs, cause a respiratory reaction, and cause you or someone else to asphyxiate. Best way I've found to get rid of it is to spray it with Roundup Heavy Brush Killer and wait a week or two. Chopping it out just encourages it and fills it with spite. So poison it, wait till it dies, then very carefully remove the dead plant and bury it. Be aware it can still get revenge even when dead. Which brings us to....

False: Its winter. I don't have to worry about it now.

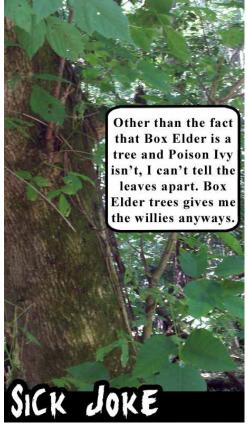
Truth: Oh, yes, my friends. Yes, you do. And it's even worse in the winter because it's harder to identify it. Look for vines with reddish, hairy looking bark and little woody shoots that stick straight up and have a little bends near the top. Maybe there will be the remnants of tiny white berries on the stems. Sometimes you can find the dead leaves in the surrounding leaf litter. It can still get you even dead. Its like the mummy or Nosferatu. Only nastier. Poison Ivy and Oak prefers disturbed areas, but it can and does grow just about anywhere. I've seen it in all sorts of environments; particularly the types of places we like to have events. I've seen it in parks and even at Riverbanks Zoo hiding in a planted bed.

Poison Ivy: It's a cliché, but its true: leaflets three let it be. This plant matures into a vine and covers trees, fences,

anything it can get around. The leaves are pointed, satiny to shiny, with a jagged margin. The stem on the middle leaf of the trio is often a little longer than the other two. It grows into a vine that when mature, is covered with reddish, hairy fibers that look like they might be fun to touch. They aren't.

Poison Oak: Same three-leaf rule, but the leaves are rounder and the lobes irregular and random. Again, satiny leaves. This plant matures into a gawky-looking shrub that can reach about ten feet, but usually it stays in the two to four foot tall stage in my experience. It gets small green berries that turn white.

Both plants are beautiful in the fall, turning bright shades of yellow and red.



Poison Sumac: Thankfully, fairly rare. It grows in wetlands and is far less common. Which is good because it's brutal. The one time I got tangled up with sumac, it sent me to the ER. It can grow into a good-sized tree, and has long, compound leaves of seven to thirteen leaves. It looks nothing like Oak or Ivy. I haven't seen one since (I was at an SCA event in Georgia, actually.), so I haven't taken any pics of sumac. It would probably behoove you to at least have a passing familiarity with it. You aren't likely to encounter one, but if you do, you could really get messed up.

Learn to identify these. I would almost say avoid Google Images, because I have seen all kinds of crazy things identified as Poison Ivy that isn't. However, if you do use Google Images, just make sure your sources are reputable. Cross reference. In any case, I'd rather you be wrongly afraid of Virginia Creeper or Sassafras or Box Elder and be safe than not be aware of anything and end up in misery. So if you err, err on the side of caution.

If you are exposed to it, or think you may have been, simply rinse your skin off in cold water (this is important. Use cold water first to avoid opening up your pores.). A splash in a creek or stream will do fine, even a careful rinse-off out of a canteen will help. I carry bottled water in my van at all times for this very reason. You have a short grace period once you've been exposed, and it's not hard to get it off your skin. No need for soap.

If you know you're going to be exposed beforehand, applying Ivy Block to your skin creates a barrier to keep the urushiol off, buying you a little time to clean up before your immune system kicks in and goes crazy. There is also a product call Tech Nu which can be used to help get the



urushiol off after exposure. I've used both, and I recommend both, but in all honesty, plain cold water will work if that's all you have. Be aware of urushiol contaminating your clothing, too, and act accordingly. I recommend undressing right there in front of your washing machine and not contaminating your living areas. Rinse off with cold water, and then...and ONLY then, take a hot shower. Under no circumstances should you take a bath. A bath will

redistribute any urushiol left on your skin and coat you in something you really don't want to be coated in.

These things might sound extreme, but I'm the most allergic person I know to this stuff, I spend a lot of time in the woods, and I rarely get into this kind of trouble. That is because I am paranoid and I treat urushiol as if it were radioactive kryptonite. Because for me, it is. It is possible to have an anaphylactic response to this stuff. Not only that, but wallowing obviously in the stuff during your first week of Pennsic can really ruin your will to live the second week. You don't want ivy rash at War. You don't want it ever. Pay attention, learn a little wood lore, play safe!

Lacho drom!

Rani Dulcinaya the 'Gypcian Kumpania Painted Wheel



Poetry Corner

When I Behold The Lark

Bernard de Ventadorn

When I behold the lark upspring To meet the bright sun joyfully, How he forgets to poise his wing In his gay spirit's revelry, Alas! that mournful thoughts should spring E'en from that happy songster's glee! Strange, that such gladdening sight should bring Not joy, but pining care to me! I thought my heart had known the whole Of love, But small its knowledge proved. For still the more my longing soul Loves on, Itself the while unloved: She stole my heart, myself she stole, And all I prized from me removed; She left me but the fierce control Of vain desires for her I loved. All self-command is now gone by, E'er since the luckless hour When she Became a mirror to my eye, Whereon I gazed complacently. Thou fatal mirror! there I spy Love's image; and my doom shall be, Like young Narcissus, thus to sigh, And thus expire, beholding thee.

Bernart de Ventadorn (1150-1195) also known as Bernard de Ventadour or Bernat del Ventadorn, was a prominent troubador of the classical age of troubadour poetry. Now thought of as "the Master Singer" he developed the cançons into a more formalized style which allowed for sudden turns. He is remembered for his mastery as well as popularisation of the trobar leu style, and for his prolific cançons, which helped define the genre and establish the "classical" form of courtly love poetry, to be imitated and reproduced throughout the remaining century and a half of troubadour activity. http://www.poemhunter.com/bernard-de-ventadorn/biography/

The Officers of the Barony of Lochmere

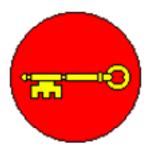


Baron Galmr Ingolfsson, 240-568-9070 Wayne At Wayneprecht.Org



Baroness

Baroness Eydís Herjolfrsdóttir 240-568-9070 (NLT 9 P.M.) Baroness At Lochmere.Atlantia.Sca.Org



Seneschal

Mistress Arianna Morgan Chris Stuermer 410-286-8108 (Nlt 9pm) Seneschal At Lochmere.Atlantia.Sca.Org

Deputy Seneschal

Arglwyddes Saige Ferch Cedwyn Rachel Dant 240-672-2761 Mermoriesmaze at Aol.Com



Exchequer

Baron Vladimir Vladimirovich Vladimirov-Walt Assur 410-867-2313 Vlad3lochmere At Comcast.Net



Archer Marshal

Baroness Dealla Cohen Deallac At Juno.Com



Minister Of Arts & Sciences

Lady Lisette La Rouxe Jennifer Fischer Moas At Lochmere.Atlantia.Sca.Org

> Deputy Dona Rita de Tacoronte



Chronicler

Duchess Simone De Barjavel Sarah Toich 410-290-3961 Barjavel At Verizon.Net

> Lady Errenach Larissa Lefler



Chatelaine

Lady Avice Claremond 240-463-4689 Avice.Claremond At gmail.com

Deputy Chatelaine

Lady Cassair Warwick Ceci Jaeger 301-806-2324 Chatelaine At Lochmere.Atlantia.Sca.Org

> Beverly Of Lochmere Beverly Mah 410-721-1205 Beverlysca At Gmail.Com



Herald

Lady Madeleine Rose De Cardeville 410-923-1354 Herald At Lochmere.Atlantia.Sca.Org

Deputy Herald

Mary Agnes Costello 443-482-9549 costello53 AT aol.com

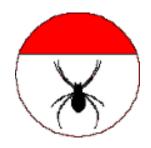


Minister Of The Lists

Lord Gabrell Fairecloughe Michael Olney 443-538-1258 Gabrellfaircloth At Yahoo.Com

Deputy Minister Of The Lists

Lady Avice Claremond 240-463-4689 Avice.Clairemond At Gmail.Com



Web Minister

Señor Santiago Ruiz de Zaragoza WILLIAM ORTIZ 301-356-5218 webminister At Lochmere.atlantia.sca.org

Deputy Web Minister

Frau Annalies Gabriels Sparrowsflight AT gmail.com



Knight Marshal

Lord Alric The Mad Alricthemad At Gmail.Com

Rapier Marshal

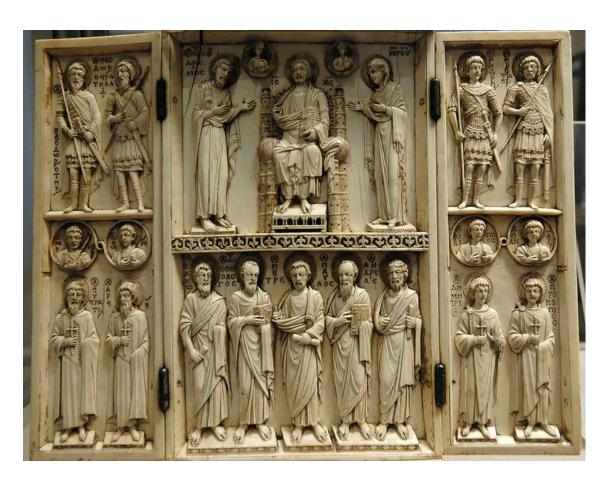
Lady Symone De La Rochelle Rochelle Newman 301-254-7510





Chirurgeon

Genevieve Dompier du Marche Karen Kalbaugh 3¹3⁻33⁰-744¹



The **Harbaville Triptych** (mid 10th century) currently in the Louvre.