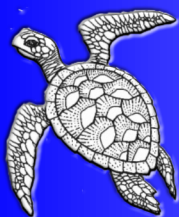
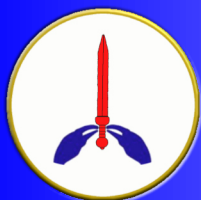


# The Dredgings

October, 2021  
Volume 33, Issue 2/AS LVI

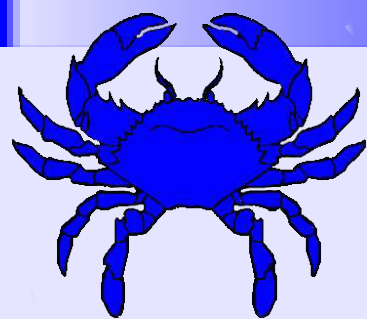
Being the Voice of the Barony of Lochmere in the Kingdom of Atlantia, SCA, Inc.



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#### Information of the Dredgings

The Dredgings is a publication of the Barony of Lochmere of the Society of Creative Anachronism, Inc. The Dredgings is a free publication and is available electronically. You may request a copy from the Barony of Lochmere Chronicler at [lochmere.chronicler@gmail.com](mailto:lochmere.chronicler@gmail.com)

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#### Attention Lochmere Officers

Make sure your information in this newsletter and website is correct. Contact Lady Katla Flokadottir at [lochmere.chronicler@gmail.com](mailto:lochmere.chronicler@gmail.com) for The Dredgings and Lady Marta De Lyon at [webminister@lochmere.atlantia.sca.org](mailto:webminister@lochmere.atlantia.sca.org) for the website. Please submit your Baronial Report in advance of the business meeting via email to Sir Edgar Refskegg at [seneschal@lochmere.atlantia.sca.org](mailto:seneschal@lochmere.atlantia.sca.org) and the Chronicler, Lady Katla at [lochmere.chronicler@gmail.com](mailto:lochmere.chronicler@gmail.com). Thank You!

#### Today in History

<https://www.onthisday.com/>

#### Front Cover

Saint Florian's Psalter, commissioned by Jadwiga in around 1370, held in the National Library of Poland in Warsaw

# Their Excellencies

Greetings Lochmere,

At the time of writing this, his Excellency Linhart is off visiting the foreign lands of Caid. The long journey is one of peace and exploration, so there is no fear of losing him in battle, although I did see him pack swords perhaps just in case, perhaps to learn techniques from a distant land. I am left on my own, but We have news! A baronial pup has entered the realm. I shall not be well protected until his Excellency's return.

On the horizon is an event traditionally shared with our Cousins of Storvik and we hear we will be getting new Cousins on that day. I hope to see all who can attend at the Battle on the Bay. If socializing goes well for the new pup, me and the baronial pup intend to attend.

Our next missive will hopefully be one of joy from the day of celebration during the investiture. Please as always reach out if there are those who are doing fine works within our borders.

Until then may all be safe and look forward to see those that attend Battle of the Bay,

Baron Linhart and Baroness Letia





# Reoccurring Activities

## Populace Meeting

First Monday of every month  
7:15 pm  
Odenton Public Library  
1325 Annapolis Road  
Odenton, MD 21113

## Fighter Practice (Heavy & Rapier)

Every Tuesday  
7:00 pm  
Severn Christian Church  
8132 New Cut Road,  
Severn, MD 21144

## Archery Practice

Every Thursday (til time change)  
Lord Ivan's Home  
511 Chad Avenue, Severn, MD 21144

## Lochmere Vocal and Music Group

Please contact Sir Aelfred of Cres  
ttoich@verizon.net

## Arts and Sciences

Lady Marta de Lyon  
moas@lochmere.atlantia.sca.org

# New Member Information

If you are new to the Barony of Lochmere, there websites may be of help:

Barony of Lochmere Homepage:

<http://www.lochmere.atlantia.sca.org>

Barony of Lochmere Facebook Group:

<http://www.facebook.com/groups/LochmereSCA>

Kingdom of Atlantia Homepage:

<http://www.atlantia.sca.org>

Kingdom of Atlantia Event Page:

<http://www.atlantia.sca.org/events/atlantia-calender-events>

Kingdom of Atlantia Online Event Page:

<https://virtual.atlantia.sca.org/calender.php>

The Acorn, Atlantia's Official Newsletter:

<http://www.acorn.atlantia.sca.org>

Official SCA Homepage:

<http://www.sca.org>

You can also contact the Barony of Lochmere's Chatelain at:

[chatelain@lochmere.atlantia.sca.org](mailto:chatelain@lochmere.atlantia.sca.org)

## Today in History

October 1

704 Aengibald gives away bishop Willibrord estate in Waalre  
911 During a siege in Constantinople, the Theotokos appeared at the church in Blachernae holding her veil over praying faithful, among them St. Andrew of Constantinople  
959 Edgar I, the Peaceful, becomes king of all England  
965 John XIII Crescentii elected to succeed Pope Leo VIII  
1189 Gerard de Ridefort, grandmaster of Knights Templar since 1184, is killed in Siege of Acre  
1273 Count Rudolf van Habsburg becomes King of the Germans  
1529 Meeting between Maarten Luther & Huldrych Zwingli  
1569 Duke of Norfolk arrested by Queen Elizabeth I for conspiring to marry Mary Queen of Scots  
1574 Storm breaks Leiden dike; drowns 20,000 Spanish soldiers

October 2

939 Battle at Andernach  
976 Hisham II appointed kalief of Cordoba  
1187 Sultan Saladin captures Jerusalem from Crusaders  
1263 The Battle of Largs  
1492 King Henry VII of England invades France  
1518 English cardinal Thomas Wolsey makes European plan  
1535 Jacques Cartier discovers Mount Royal (Montreal)  
1540 Venice and Turkey signs peace  
1552 Conquest of Kazan by Ivan the Terrible  
1572 Spanish army occupies, plunders and destroys Mechelen

October 3

1143 Cardinal Guido elected Pope Celestinus II  
1247 Willem II of Holland elected Roman Catholic German emperor  
1264 Comet said to predict death of Pope Urban IV is last seen  
1283 Dafydd ap Gruffydd, Prince of Gwynedd, Wales, becomes the first person executed by being hanged, drawn and quartered  
1430 Jews are expelled from Eger Bohemia  
1569 Battle of Montcontour  
1574 The Siege of Leiden

October 4

1209 Pope Innocent II crowns German king Otto of Wittelsbach  
1227 Assassination of Caliph al-Adil  
1363 End of the Battle of Lake Poyang  
1537 The 1st complete English-language Bible, the "Matthew Bible" is printed, with translations by William Tyndale and Miles Coverdale  
1571 Synod of Emden, Calvinist leaders establish the Dutch Reformed Church  
1582 Last Julian calendar day in Spain, Portugal and pontifical

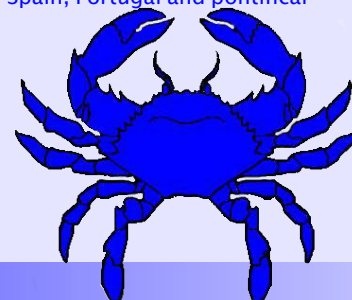


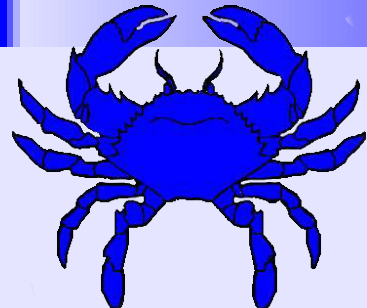
## Lady Marta's ARTS AND SCIENCES

This past month has been the quiet before the storm of Battle on the Bay! Artisans prepare for the A&S competition to be held with the theme of the Second Punic War, and I cannot wait to see what our artisans enter!

Other ongoing A&S activities are the weekly A&S Social and the Small Team Challenge! The Small Team Challenge is a year-long competition which will end with announcements in May/June of 2022. I hope to see Lochmere shine come time to see what awesome works people of our kingdom have done!

I also call for A&S Classes! Are you interested in teaching a class or running a workshop? Please reach out to me so I can help you make it happen. There are many channels for which I can help you prepare – local classes, university classes, classes at upcoming Lochmere events. Please reach out at [moas@lochmere.atlantia.sca.org](mailto:moas@lochmere.atlantia.sca.org).





# Populace Meeting Minutes

## Baron and Baroness:

- ◆ Battle on the Bay is coming up
  - ◆ Numbers are limited to 450, so please register if you plan on attending.
  - ◆ Storvik has asked if they could use our 20X40 tent for Bardic, if anyone has concerns please let us know (we have transport, set up, take down covered)
  - ◆ Will be social distancing at event
  - ◆ Investiture and great court will be held
  - ◆ Not sure if we will have a court since we have an event in January
- ◆ Baron will be out of town for work until the end of October
- ◆ Kingdom is looking for various event bids, so if you want to consider that please reach out to us and we will pass along
- ◆ Maybe do a Bardic/Activity in December?
  - ◆ That is a good thought, but hadn't planned anything, would not object
- ◆ University sign up is ended soon (Wednesday at Midnight)
- ◆ We would like award recommendations please.

## Seneschal:

- ◆ There is an updated to COVID policy. Please see Kingdom website for more details.
  - ◆ [Current policy](#) (click link)
  - ◆ I will read through and post anything worthy of note
- ◆ WOW and Gulf Wars canceled

## Exchequer: emailed report

- ◆ September 2021 Exchequer's Report (reporting period 1-31 August 2021)
- ◆ Ledger Balance is \$10,778.25
- ◆ There will be a Review of Books at Battle on Bay this year
- ◆ I went to Wells Fargo on 9/4/2021 to request a print-out of the signatories on our checking account. I was informed the checking account needs to be updated. Because this account is a former Wachovia account it was set up by Wachovia differently than how Wells Fargo would set up the account.
  - ◆ Wachovia set up the account with Walt Assur as the Controller of the account and all the signatories are listed as employees.
  - ◆ In the past I've been able to add and remove signatories, I can no longer do so until I provide our meeting minutes showing we voted on the changes below.
  - ◆ Per Wells Fargo, I need to provide meeting minutes showing who should be the controller and who are signers on our bank account.
- ◆ At the September meeting the populace voted in favor to have our bank account reflect the following:
  - ◆ Robin Leguillow, Regional Treasurer - Controller
  - ◆ Dawn Fuller, Treasurer- Controller
  - ◆ Carl Anderson - Controller
  - ◆ Walter Assur – Signer
  - ◆ Francis Felix – Signer
  - ◆ Kellie Shipley - Signer
- ◆ At the same meeting we also voted to remove the following from the bank account:
  - ◆ Clint Darby
  - ◆ Anthony Toich
  - ◆ Victoria Howell

*Continued on page 8...*

states, to sync to the Gregorian calendar, 10 days are skipped and the next date is Oct 15

### October 5

610 Heraclius' fleet takes Constantinople  
816 Pope Stephen IV crowns Louis the Pious Emperor at Reims cathedral  
869 4th Council of Constantinople (8th ecumenical council) opens  
1143 King Alfonso VII of Leon recognizes Portugal as a Kingdom  
1274 Around 1,000 soldiers of Mongol army land on Japanese island of Tsushima, first attack of Kublai Khan's Mongol invasion of Japan  
1349 Paris theologian Jean de Fayt warns against Flagellants at Avignon  
1430 Duke Philip the Good of Burgundy visits Brussels  
1450 Jews are expelled from Lower Bavaria by order of Ludwig IX  
1465 French King Louis XI signs peace with Charles the Stout  
1511 Eedgenootschap signs anti-French Saint League  
1550 Foundation of the city of Concepción, Chile  
1568 Conference of York begins  
1568 William of Orange's army occupies Brabant

### October 6

891 Formosus begins his reign as Catholic Pope  
1111 Boudouin VII becomes earl of Flanders  
1499 French King Louis XII occupies Milan  
1567 Duke of Alva becomes land guardian of Netherlands

### October 7

1492 Christopher Columbus misses Florida when he changes course  
1506 Pope Julius II & France occupy Bologna  
1513 Battle of La Motta  
1520 1st public burning of books in Netherlands, in Louvain  
1542 Explorer Juan Rodríguez Cabrillo discovers Catalina Island off the coast of California  
1571 Battle of Lepanto

### October 8

314 Battle at Cibalae  
451 Council of Chalcedon (4th ecumenical council) opens  
876 Battle at Andernach  
1075 Dmitar Zvonimir is crowned king of Croatia  
1085 San Marcos ministry in Venice initiated  
1480 Great standing on the Ugra river, standoff between forces of Akhmat Khan, Khan of the Great Horde, and Ivan III Grand Prince of all Rus, Tataro-Mongols retreat, leads to disintegration of Horde

### October 9

768 Charlemagne and his brother Carloman I are crowned Kings of The Franks  
869 Charles the Bald crowned king of Lotharingen





# Food For Thought

Fall is in the air..... or it's supposed to be...



*Tacuina sanitatis (XIV century). Woman cooking in a big cauldron under a fireplace, with a cat near by; medieval interior.*

With the thought of cooler days and nights on the horizon I think of food and drink that keeps your body and soul warm.

I thought it would be nice to share some recipes to help you stay warm and fill your bellies with some satisfying soups and stews, along with a nice mulled wine to keep the warmth going.

Recipe 194, Book II. Meat-Day Dishes: Vegetables, herbs, fungi  
The Opera of Bartolomeo Scappi (1570)

The Art and Craft of a Master Cook  
Translated by T. Scully

194. Get kohlrabi between April and the end of May, during which time it is more tender, although it is available up to the end of October. Clean off its bulb, cut it into bits and put them into an earthenware or copper pot with some broth that is not too salty, along with beaten pork fat, cut-up pork belly

and salted pork tongue. Cook everything together, it being optional if you want to put in some leaves of that kohlrabi. When it is done, if you have not put the leaves into it, put in a handful of beaten herbs with a little pepper. Serve them hot with the other ingredients on it.

## Mutton Stew

The Book of Sent Sovi

Edited by J. Santanach

Translated by R. Vogelzang

If you want to make mutton stew, take the meat and make pieces of it, just as for janet (meat stew, where the meat is cut into pieces and cooked in a sauce with ground liver and spleen, parsley, saffron, and spices. There is a recipe in the *Libre de potages*, 126), and cook them with lots of parsley, sage and mint, marjoram and lots of onions. Then take almond milk, and put it in when [the mutton] should be cooked. Grind up some good liver, bread, and eggs, and this should be white and thick (Grind up... thick: the mixture of ground liver, bread, and eggs is added to the almond milk before putting into the mutton). Then boil it, and when it is boiled, when it is well thicken, put into bowls (Then...bowls: the stew should be boiled, once the almond milk is added, until it thickens; then, it can be served in bowls).

Treasure Trove of Benefits and Variety at the Table, a Fourteenth Century Egyptian Cookbook

Translation by N. Nasrallah

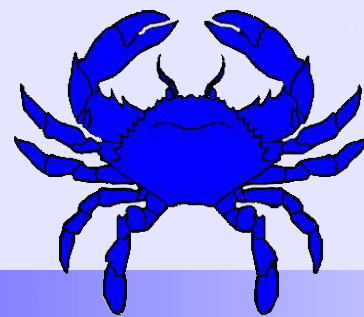
(7) Sikbaj (sour vinegar stew)

To make it, cut fatty meat into medium-size pieces, and put it in a pot with enough water to submerge it, with a bit of salt, aloeswood, and cassia. When it comes to a boil, remove the scum, and add to it coriander seeds.

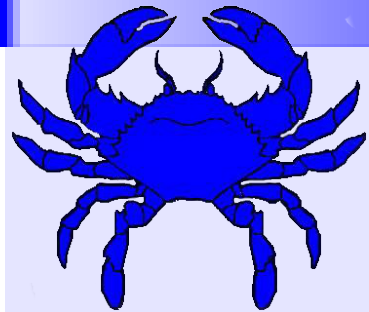
Now take white onion, bulbous leeks

*Continued on page 9...*

1000 Leif Ericson discovers "Vinland" (possibly L'Anse aux Meadows, Canada) reputedly becoming first European to reach North America  
1192 Richard I of England, the Lion Heart, leaves Jerusalem in disguise  
1238 James I of Aragon conquers Valencia and founds the Kingdom of Valencia  
1290 Last of 16,000 Jews expelled by King Edward I leave England  
1446 The Hangul alphabet is published in Korea  
1573 Don Frederik and Spanish disband the siege of Alkmaar  
**October 10**  
354 Roman Emperor Constantius gives grand circus and theater shows to mark 30th year of his reign as Caesar in Arles  
680 Al-Hussein and his followers killed at Karbala by army of Yazid, Umayyad caliph, on way to Kufa  
732 Battle of Tours  
1375 Westfriesse sea wall breaks flooding northern Netherlands  
1471 Battle of Brunkeberg  
1549 Duke of Somerset fired as Lord Protector & imprisoned  
1575 Battle of Dormans  
1578 Count Johan Casimir occupies Ghent with 500 horsemen  
**October 11**  
1138 Earthquake in Aleppo, Syria, kills an estimated 230,000  
1521 Pope Leo X titles King Henry VIII of England "Defender of the Faith"  
1531 Battle of Kappel  
1540 Emperor Karel names his son Philip, Duke of Milan  
1573 Battle of South Seas  
**October 12**  
642 John IV ends his reign as Catholic Pope  
1160 Maurice de Sully is elected bishop of Paris, will initiate plan to build Notre Dame  
1165 Jewish rabbi and philosopher Moses ben Maimon reaches Jerusalem  
1216 King John of England loses his crown jewels in The Wash as the flood tide swamps his wagons, probably near Fosdyke, perhaps near Sutton Bridge  
1279 Nichiren, a Japanese Buddhist monk, founder of Nichiren Buddhism, inscribes the Dai-Gohonzon  
1398 The Treaty of Salynas  
1459 Battle at Ludford Bridge  
1492 Christopher Columbus's expedition makes landfall on a Caribbean island he names San Salvador he believes he has reached East Asia  
1509 Emperor Maximilian leaves Italy  
1518 Pontifical ambassador interrogates Martin Luther  
1517 copy of Martin Luther's 95 theses, the publication of which began Protestant Reformation







1549 John Dudley, Earl of Warwick, forces the Duke of Somerset out of his office as Lord Protector  
1576 Rudolf II succeeds Maximilian II as Holy Roman Emperor

#### October 13

54 Nero succeeds Claudius as Roman Emperor  
409 Vandals and Alans crossed the Pyrenees and appear in Hispania  
1213 Battle of Steppes  
1282 Nichiren Daishonin, founder of the Nichiren School of Buddhism, dies, his ashes are interred at Taisekiji Temple  
1399 Henry of Bolingbroke is crowned King Henry IV of England in Westminster Abbey, a few weeks after deposing Richard II  
1483 Rabbi Issac Abarbanel starts his exegesis on Bible  
1492 English admiral Sir Edward Poyning's fleet occupies Lock  
1501 Maximilian of Austria & Louis XII of France sign Treaty of Trente  
1536 Pilgrimage of Grace begins in Northern England, protest against King Henry VIII's break with Pope  
October 14

1066 Battle of Hastings  
1322 Robert the Bruce of Scotland defeats King Edward II of England at Byland, forcing Edward to accept Scotland's independence  
1468 Treaty of Peronne  
1492 Christopher Columbus leaves San Salvador; arrives in Santa Maria of Concepcion  
1586 Mary Queen of Scots goes on trial for conspiracy against Elizabeth  
October 15

533 Byzantine General Belisarius makes his formal entry into Carthage, having conquered it from the Vandals  
1520 King Henry VIII of England orders bowling lanes at Whitehall  
1581 Commissioned by Catherine de' Medici, the 1st ballet "Ballet Comique de la Reine" is staged in Paris  
1582 Gregorian calendar introduced in Spain, Portugal and pontifical states, after skipping 10 days after Oct 4 to sync the calendar  
1598 Spanish general strategist Bernardino de Mendoza occupies fort Rhine

#### October 16

456 Magister militum Ricimer defeats the Emperor Avitus at Piacenza and becomes master of the western Roman Empire  
1384 Jadwiga is crowned King of Poland, despite being a woman  
1492 Christopher Columbus' fleet anchors at "Fernandina"  
1551 English Edward Seymour Duke of Somerset re-arrested  
1600 Olivier van Noorts ships reach Philippines

#### October 17

79 Mt. Vesuvius erupts, burying the cities of Pompeii, Herculaneum,

# Composer's CORNER



## Laydes Fayre: A Peek Behind the Scenes (The Director's View) Part Five: Performance

By Mistress Arianna Morgan, OP



Performing at Galmr and Eydis' Investiture

Performing is our way of sharing our art form and enhancing the atmosphere of events.

Laydes Fayre performances take place at various SCA events throughout the year. Over the past 23 years, we have performed at many events including: The Known World Music and Dance Symposium, the Pennsic War, The Kingdom Arts and Sciences Festival, Battle on the Bay, Holiday Faire, Coronations, and Midwinter's Revel to name a few. We also sang a full-length concert at a non-SCA venue for the group's 20th anniversary. Typically, we sing 5 – 8 pieces at an event. We sang 17 pieces at our full-length concert!

Sometimes we are able to tailor our performance to the theme of the event with enough advance notice. But normally we sing what we have been rehearsing that season.

We provide music for specific activities such as a performance showcase, pre-court entertainment, before or during a feast, or music during court.



20th Anniversary Concert: Photo Credit – Wayne Precht

Performance location at event sites vary. We prefer to sing in an indoor space dedicated to performance. However, that is not always an option. Sometimes we sing in outdoor areas, but usually, we sing in noisy halls. Those who are interested in the performance will move closer to better hear us.



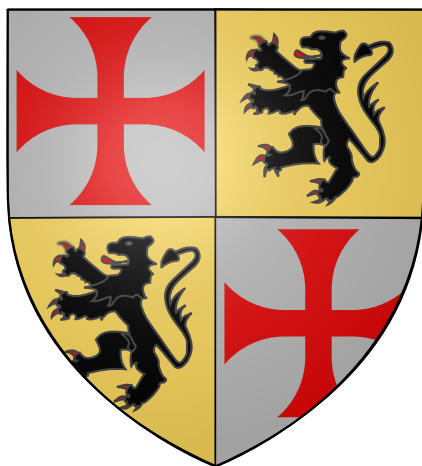
Performing at Midwinter's Revel

We never arrive at an event to sing without first asking the autocrat if our performance would be welcome. Happily, autocrats are always happy to accept our offer of entertainment.

Continued on page 9



# History Highlights

Above: [Coat of arms of Gérard de Ridefort](#)

October 4, 1189 [Gerard de Ridefort](#), grandmaster of the [Knights Templar](#) since 1184, was taken hostage by Saladin during the [Siege of Acre](#). He was later beheaded.



Above: [Standing on the Ugra river. 1480. Miniature in Russian chronicle. XVI century. 'And our men had beaten many foes with arrows and muskets, and their arrows had fallen between our men, and had nobody hurting, and had repelling them off the shore'.](#)

On October 8, 1480 [The Great Stand on the Ugra River](#) occurred. It was a standoff between forces of [Akhmat Khan](#), Khan of the [Great Horde](#), and [Ivan III](#), Grand Prince of all Rus. The Tataro-Mongols retreat, leads to disintegration of the Horde.



Above: [Jadwiga Andegaweńska seal](#)

On October 16, 1384 [Jadwiga Andegaweńska](#), also known as Hedwig, was crowned the first female monarch of the [Kingdom of Poland](#).



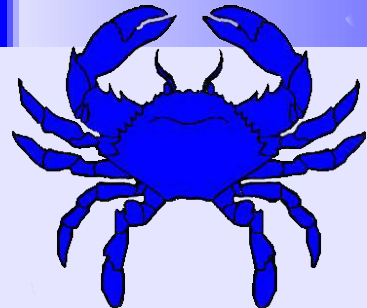
Above: [Treaty of Calais Chest in the National Archives, Kew](#)

On October 24, 1360 [The Treaty of Brétigny](#) is ratified at Calais, marking the end of the first phase of the [Hundred Years' War](#).

Oplontis and Stabiae and killing thousands, new research in 2018 suggests the eruption occurred on or after this date not previously used 24 August  
415 Jewish autonomy in Palestine ended by the Romans and Raban Gamliel forced from office  
1346 Battle of Neville's Cross  
1387 Swells convent Windesheim initiated  
1448 Second Battle of Kosovo  
1456 The University of Greifswald is established, making it second oldest university in northern continental Europe  
1483 Tomas de Torquemada appointed inquisitor-general of Spain  
**October 18**  
707 John VII ends his reign as Catholic Pope  
1016 Danes defeat Saxons at Battle of Assandun (Ashington)  
1081 Battle of Dyrrhachium  
1267 Battle at Marienholz  
1356 Basel earthquake, the most significant historic seismological event north of the Alps, destroys Basel in Switzerland  
1386 Opening of the University of Heidelberg  
1561 Fourth Battle of Kawanakajima  
1564 John Hawkins begins 2nd trip to America  
1572 Spanish troops attack Maastricht  
**October 19**  
439 The Vandals, led by King Gaiseric, take Carthage in North Africa  
615 Pope Deusdedit elected to succeed Boniface IV as Pope  
1031 Abbot Humbertus van Echternach opens grave of Saint Willibrord  
1216 King John of England dies at Newark-on-Trent and succeeded by nine-year-old son Henry  
1298 Rindfleisch-140 Jews of Heilbron Germany are murdered  
1453 French retake Bordeaux following the Battle of Castillon  
1466 The Thirteen Years' War ends with Second Peace of Thorn,  
1492 Christopher Columbus sights "Isabela", now Fortune Island/Long Cay, Bahamas  
1512 Martin Luther becomes a doctor of theology  
1596 Spanish galleon San Felipe is shipwrecked in Urado on the Japanese island of Shikoku en route from Manila to Acapulco. Incident leads to the crucifixion of  
**October 20**  
1097 1st Crusaders arrive in Antioch during the First Crusade  
1528 Treaty of Gorinchem  
1576 Spanish troops occupy & plunder Maastricht  
1587 Battle at Coultras  
1600 Battle of Sekigahara  
**October 21**  
310 St Eusebius ends his reign as Catholic Pope







*Populace Meeting Minutes Continued from page 4...*

### **Minister of Arts and Sciences:**

- ◆ Continue to have socials along with fighter practice on Tuesday nights

### **Chatelain:**

- ◆ Nothing really happening, went to Awesomecon and hung out, maybe have a new person from event
- ◆ Chatelain email still isn't working

### **Herald:**

- ◆ Not much to report
- ◆ Warrant is up at the end of November, I have had two people that are interested in the position

### **Minister of the Lists:** Not in attendance

### **Knight Marshal:**

- ◆ Been having regular fighter practice, good turn out on both sides, had a visitor from outside the Barony

### **Archery/Thrown Weapons Marshal:**

- ◆ Been having practices for most weeks when weather allows, a few people showing up
- ◆ Running thrown weapons and archery at Battle on the Bay and can use some help
- ◆ Kingdom report submitted and accepted
- ◆ Want to have a shoot after morning court

### **Web Minister:**

- ◆ Thought to have Chatelaine email issue worked out, apparently not

### **Chronicler:**

- ◆ Got newsletter out on time

### **Minister of Youth:**

- ◆ Nothing to report

### **Old Business:**

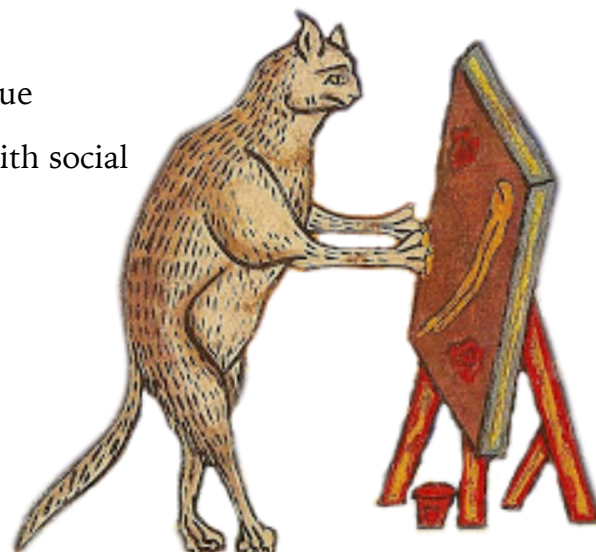
- ◆ **Battle on the Bay:**
  - ◆ Nothing to Report
- ◆ **Night on the Town:** Night Under the Faie Moon
  - ◆ Nothing to Report
- ◆ **On Target:**
  - ◆ Nothing new to report
- ◆ **Mid-Winter:**
  - ◆ Have put deposit down on venue
  - ◆ Continue to plan out event
  - ◆ Looks like we can have feast with social distancing measures in place
  - ◆ It will be fun

### **New Business:**

- ◆ Nothing to Report

### **Next Meeting:**

- ◆ Keep an eye out for details



335 Roman Emperor Constantine the Great rules that Jews are not allowed to purchase and circumcise Christian slaves  
686 Conon begins his reign as Catholic Pope  
1096 Sultan Kilidj Arslan of Nicea defeats The People's Crusade at the Battle of Civetot, only about 3,000 out of 20,000 Crusaders survive  
1512 Martin Luther joins the theological faculty of the University of Wittenberg  
1517 copy of Martin Luther's 95 theses, the publication of which began the Protestant 1520 Explorer Ferdinand Magellan and his fleet reach Cape Virgenes and become the first Europeans to sail into the Pacific Ocean  
1555 Emperor Charles V makes Erard of Pallandt earl of Culemborg  
1555 English parliament refuses to recognize Philip of Spain as king  
1591 Nijmegen surrenders to Earl Mauritijs van Nassau  
**October 22**  
362 The temple of Apollo at Daphne, outside of Antioch, is destroyed in a mysterious fire  
794 Emperor Kanmu relocates Japanese capital to Heiankyo  
1335 Ex-emperor Hanazono became a Zen priest  
**October 23**  
425 Valentinian III is elevated to Roman Emperor, at the age of 6  
502 The Synodus Palmaris  
585 Burgundy king Guntram opens synod of Mâcon (Mastico)  
787 Byzantine empress Irene recovers Iconoclastic cult at Nicaea  
1086 Battle of az-Zallaqah  
1091 Tornado (possible T8/F4) strikes the heart of London killing two and demolishing the wooden London Bridge  
1157 The Battle of Grathe Heath  
1229 Otto II becomes earl of Gelre  
1520 King Carlos I crowned German emperor Charles V  
**October 24**  
1260 Qutuz, Mamluk Sultans of Egypt is assassinated by Baibars, a fellow Mamluk leader, who seizes power for himself  
1260 The Cathedral of Chartres is dedicated in presence of King Louis IX of France  
1360 The Treaty of Brétigny  
1492 24 Jews are burned at the stake in Mecklenburg, Germany  
1531 Bavaria joins Schmalkaldic League  
1596 Battle at Kerestes  
**October 25**  
625 Boniface V ends his reign as Catholic Pope  
1131 Crowning of Louis VII the Young, King of France  
1147 Seljuk Turks defeat German crusaders under Conrad III at the Battle of Dorylaeum



*Continued from page 6...*

or Levantine shallots, carrots if in season, and eggplant. Peel them all. Cut eggplant in a deep cross [almost to the stem lengthwise], and boil it in salted water in a separate pot. Drain it well, and add it to the meat pot [along with the other vegetables]. Add some spices and herbs, and adjust the salt.

When the stew is almost cooked, take vinegar and date syrup or honey. Use as much of them as needed to make a balanced sour and sweet seasoning sauce, and add it to the pot. Let it cook for an hour, and then thicken it with a bit of wheat starch or [ground] rice. Now take skinned and split almonds, jujube, dried figs, and raisins. Spread them on top of the cooking stew [do not stir then in]. Cover the pot and let it cook for an hour, after which, stop fueling the fire, wipe the [inner] sides of the pot with a clean cloth, sprinkle it with some rosewater, and for color, as well as all the components of *atraf al-tib* [a spice mix]. Sprinkle the pot with some rosewater with saffron steeped in it and then remove.

*Atraf al-tib*: Spikenard, betel-leaf, bay leaves, nutmeg, mace, green cardamom, cloves, rosebuds, fruit of Syrian ash, long pepper, ginger, and black pepper.

Two fifteenth-century cookery-books  
Harleian MS. 279 (ab 1430), & Harl.  
MS. 4016 (ab. 1450), with extracts from  
Ashmole MS. 1439, Laud MS. 553, &  
Douce MS. 55

Edited by Thomas Austin

Onion Soup

Take a good quantity of onions, and mince them, not too small, and seep them in water, and take them up; and then take a good quantity of stale ale, and there-to take a pint of good oil that is fried, and cast the onions there-to, and let all boil together a great while; and cast there-to saffron and salt, and then put bread, in manner of brewers,

and cast the liquor there-on, and serve it forth.

Form of Cury  
Fourteenth Century  
Leek Soup

Take fungus and pare them clear and dice them. Take leeks and shred them small and do them to seep in good broth. Color it with saffron and do there in *poudre forte*.

*Poudre Forte*

Seems to be a mixture likewise of the warmer spices, pepper, ginger, etc. pulverized.

*LeViandier de Taillevent*  
by Guillaume Tirel  
14<sup>th</sup> Century

Hippocras

Take four ounces of very fine cinnamon, two ounces of fine cassia flowers, and ounce of selected Mecca ginger, and ounce of grains of paradise, and a sixth [of an ounce] of nutmeg and galingale combined. Crush them all together. Take a good half ounce of this powder and eight ounces of sugar [which thus make Sweet Powder], and mix it with a quart of wine.

I hope the coming winter nights find you well and that these recipes help to keep you warm.



*Continued from page 6...*

Now that the COVID vaccine is readily available and the SCA has started having events again, we are looking forward to our upcoming performance schedule. We will be singing at Holiday Faire, Midwinter's Revel, and Night Under the Fae Moon.

We will also be performing a full-length period Christmas concert at a local church. If you have the opportunity, please come hear us sing!

*For Your Listening Pleasure:*

Sing We and Chant It, Thomas Morely  
<https://youtu.be/dHvj4k2kl4Q>

1241 Goffredo Castiglioni elected as Pope Coelestinus IV  
1315 Adam Banastre, Henry de Lea and William Bradshaw, led an attack on Liverpool Castle  
1415 Battle of Agincourt  
1415 John IV van Bourgondy becomes Duke of Brabant and Limburg  
1521 Emperor Charles V bans wooden buildings in Amsterdam  
1555 Emperor Karel puts son Philip II in charge of Netherlands, Naples and Milan  
1596 Spanish fleet sails from Lisbon to Ireland

**October 26**

740 An earthquake strikes Constantinople, causing damage to city walls and buildings  
1366 Comet 55P/1366 U1 approaches 0.0229 AUs of Earth  
1387 Amsterdam buccaneer Herman of Kuinre signs loyalty vow for peace  
1407 Mobs attack Jewish community of Kraków  
1492 Lead pencils first used  
1524 Spanish troops give Milan to France

1529 Sir Thomas More appointed Lord Chancellor of England  
1534 Charles V names Joris of Egmont as Bishop of Utrecht

**October 27**

312 Roman Emperor Constantine the Great is said to have received his famous Vision of the Cross  
625 Honorius I begins his reign as Catholic Pope  
710 Saracen invasion of Sardinia  
939 Edmund I succeeds Athelstan as King of England  
1275 Traditional founding of the city of Amsterdam  
1507 Portuguese admiral Afonso de Albuquerque captures the Persian fortress of Ormuz on Hormuz Island

1523 English troops occupy Montalidier, France

1553 Condemned as a heretic, Michael Servetus is burned at the stake just outside Geneva

**October 28**

306 Maxentius proclaimed Emperor of Rome

312 Emperor Constantine the Great beats rival Maxentius at the Battle of the Milvian Bridge  
969 Byzantine troops occupy Antioch (in modern Syria)

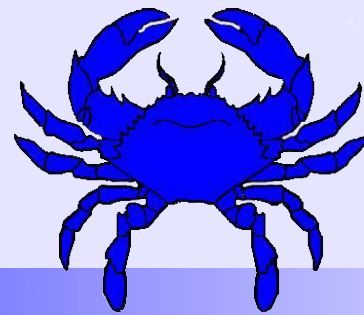
1061 Emperor disposes of bishop Cadalus & Pope Honorius II

1420 Beijing is declared the capital of the Ming dynasty under the Yongle Emperor

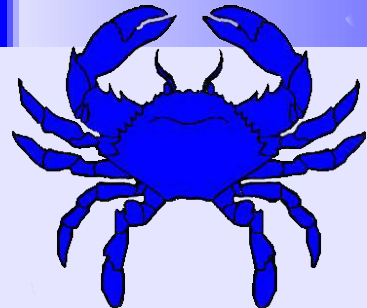
1422 Charles V's son succeeds him as king Charles VII of France

1449 Christian I is crowned King of Denmark in the Church of Our Lady, Copenhagen, establishing the House of Oldenburg

1467 Battle at Brustem







# Lochmere Officers Listing

**Baron:**

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**Quartermaster:**

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mhic Oisdealbhaigh  
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**Minister of the Lists:**

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**Minister of Youth:**

Lady Katla Flokadottir  
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**Deputy Minister of Youth:**

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**Archery Marshal:**

Dame Dealla Cohen  
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**Knight Marshal:**

Baron Alric  
[knightmarshal@lochmere.atlantia.sca.org](mailto:knightmarshal@lochmere.atlantia.sca.org)

1492 Christopher Columbus  
sights Cuba and claims it for Spain  
under the name "Juana"

1516 Battle of Yūnis Khan:  
Turkish forces under the Grand  
Vizier Sinan Pasha defeat the  
Mameluks near Gaza

1531 Battle of Amba Sel: Imam  
Ahmad ibn Ibrihim al-Ghazi again  
defeats the army of Lebna Dengel,  
Emperor of Ethiopia. The southern  
part of Ethiopia falls under Imam  
Ahmad's control.

1538 The first university in the  
New World, the Universidad Santo  
Tomás de Aquino, is established  
on Hispaniola

1574 Prince Willem of Orange  
installs university

1595 Battle at Giurgevo: Zsigmond  
Bathory of Transylvania beats  
Turks

**October 29**

1390 First trial for witchcraft in Paris

1467 Battle of Brusthem

1508 Gelderse troops occupies  
Kuinre

1552 Tsar Ivan IV escapes back to  
Moscow after battle

**October 30**

637 Antioch surrenders to Muslim  
forces under Rashidun Caliphate  
after Battle of Iron bridge

942 Alberic nominates Pope  
Marinus II (Martinus III)

1137 Battle of Rignano

1340 Battle of Rio Salado

1389 French King Charles VI visits  
pope Clemens VII

1468 Charles the Bold, Duke of  
Burgundy, occupies & plunders Liege

1470 Wars of the Roses: Henry VI  
of England returns to the English  
throne after Earl of Warwick  
defeats Yorkists in battle

1485 Henry VII of England  
crowned at Westminster Abbey

1489 Peace of Tours

1502 Vasco da Gama returns to  
Calicut, India for the second time  
1503 Queen Isabella of Spain bans  
violence against Indians in the  
Americas

**October 31**

802 Empress Irene of Byzantium  
driven out

1517 Martin Luther sends his 95  
Theses to Albrecht von Brandenburg,  
the Archbishop of Mainz, precipitating  
the Protestant Reformation

1541 Michelangelo Buonarroti  
finishes painting "The Last  
Judgement" in the Sistine Chapel,  
Vatican City

1552 Emperor Karel & Markgraaf  
Albecht strike siege of Metz

1587 Leiden University Library  
opens its doors after its founding  
in 1575

1596 English, French & Dutch  
delegates sign anti-Spanish  
"Triple Covenant"

## Lochmere Baronial Champions

**Rapier Fighting:**

Lord Melchior zum grauen Wolf

**Armored Fighting:**

Marcus Galmrsson

**Equestrian:** Lady Aine d'Alton**Arts & Sciences:**

Lady Katla Flokadottir

**Archery & Thrown Weapons:**

Ethan of Lochmere

