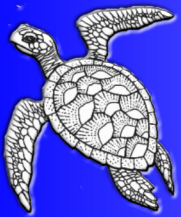


The Dredgings

August, 2021
Volume 32, Issue 10 AS LVI

Being the Voice of the Barony of Lochmere in the Kingdom of Atlantia, SCA, Inc.



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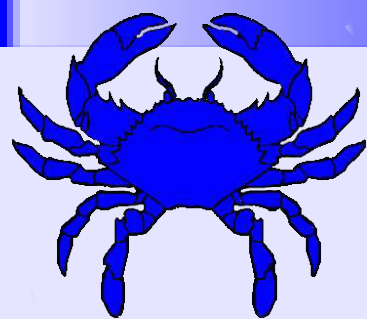


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Information of the Dredgings

The Dredgings is a publication of the Barony of Lochmere of the Society of Creative Anachronism, Inc. The Dredgings is a free publication and is available electronically. You may request a copy from the Barony of Lochmere Chronicler at lochmere.chronicler@gmail.com

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Attention Lochmere Officers

Make sure your information in this newsletter and website is correct. Contact Lady Katla Flokadottir at lochmere.chronicler@gmail.com for The Dredgings and Lady Marta De Lyon at webminister@lochmere.atlantia.sca.org for the website. Please submit your Baronial Report in advance of the business meeting via email to Sir Edgar Refskegg at seneschal@lochmere.atlantia.sca.org and the Chronicler, Lady Katla at lochmere.chronicler@gmail.com. Thank You!

Today in History

<https://www.onthisday.com/>

Front Cover

<https://i.pinimg.com/originals/2f/69/ca/2f69cac016960f2c3b0e76141a1b6649.jpg>

Their Excellencies

Greetings Lochmere,

We are pleased to start seeing people in person again at practices, although summer is truly here and in full swing of hot! We urge everyone to stay hydrated!

Tuesdays Armor, Fencing, Art days have turned into quite the place to be!

We also hear that archery practice is happening although it seems that a bout of poorly timed rain has dampened that a few times.

We joined in on Eilionora's online scriptorium, which is happening every other week and were delighted to see faces from other kingdoms. We were very impressed with everyone's talents and had a great time.

We are also looking forward to the fact some Lochmere events are on the calendar including Mid Winters and Night Under the Fae Moon as well as the event we share with Storvik, Battle on the Bay.

With all of that going on we have had to miss a few happy hours and are not sure how many we will continue as people are able to meet in person.

It seems this month has flown by as we are bustling about. We hope everyone in the barony is doing well!

-Baron Linhart and Baroness Letia





Lady Marta's ARTS AND SCIENCES

As the Society slowly opens to less restrictive guidelines with precious mundane vaccinations in the face of the great plague, A&S activities are more bountiful than ever! Lochmere now has an A&S Social, every Tuesday from 7 – 9PM outdoors along side its martial combat practices. Please come and join us! Bring your project, or just bring your enthusiasm and curiosity!

In the past month, the Small Team Challenge has begun! It will go on until May 31, 2022. I hope that we

will see Lochmere represented in this special and new A&S challenge! The focus of the challenge is the creation of one cohesive entry from any time period and/or culture acceptable in the SCA context to be presented at the University of Atlantia summer session.



Today in History

August 1

527 Justinian I becomes the sole ruler of the Byzantine Empire
607 Ono no Imoko is dispatched as envoy to the Sui court in China
860 Peace of Koblenz
902 Aghlabid emir Ibrahim II of Ifriqiya destroys Taormina, Sicily
1021 Synod of Pavia
1086 Results of the Domesday inquiry presented to William the Conqueror in Salisbury
1177 Peace Treaty of Venice
1203 Alexius IV Angelus appointed co-regent of Byzantium
1291 Everlasting League forms
1485 Henry Tudor's army sails to England
1498 Christopher Columbus lands on "Isla Santa"
1589 Assassination of French King Henry III by friar Jacques Clément

August 2

1100 King William II of England (William Rufus) is killed while hunting in the New Forest
1542 French troops leave Flanders
1552 Treaty of Passau
1578 Battle of Rijmenam

August 3

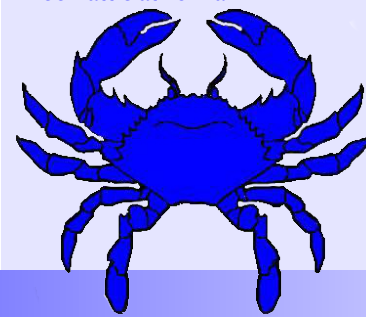
8 Roman Empire general Tiberius defeats Dalmatians
435 Deposed Patriarch of Constantinople Nestorius exiled
881 Battle at Saucourt
1108 Louis VI, "the Fat One," King of France, crowned
1312 Power of Luik Patriarch murders over 200
1492 Christopher Columbus sets sail on first voyage for the "Indies"
1527 First known letter sent from North America by John Rut while at St. John's, Newfoundland
1529 "Peace of the Ladies"
1557 Dutch States-General meet at Valenciennes
1596 David Fabricius discovers light variation of Mira

August 4

1181 Supernova SN 1181 in the constellation Cassiopeia observed by Chinese and Japanese astronomers, lasting until Aug. 6
1265 Battle of Evesham
1347 English conquer Fort Calais
1351 Sea battle at Zwartewaal
1558 1st printing of Zohar
1578 Battle of Alcazarquivir

August 5

135 Betar last outpost of Bar Kochba falls to Rome
642 Battle of Maserfield
910 The last major Viking army to raid England is defeated at the Battle of Tettenhall by the allied forces of Mercia and Wessex
1100 Henry I is crowned King of England in Westminster Abbey
1264 Anti-Jewish riots break out in Arnstadt Germany
1305 William Wallace captured by the English near Glasgow
1388 Battle of Otterburn
1391 Castilian sailors fire attack Jewish ghetto of Barcelona
1399 Battle at Worskla
1420 Duke John VI of Bavaria visits Dutch mystic Lidwina
1435 Battle at Ponza



Populace Meeting Minutes

Baron and Baroness:

- ◆ The event for coronation celebration went well and made a profit via donation of around \$0.50. big money lol
- ◆ Not a lot on the docket for this upcoming month compared to the last two
- ◆ Have been attending practices on Tuesdays and are looking forward to the future events that we can start attending

Seneschal:

- ◆ Nothing to report

Exchequer: emailed report

- ◆ Sorry to say the exchequer had other things on her mind and completely forgot to do the report before leaving for vacation even though I thought about it Tuesday evening
- ◆ The checking account balance is the same as it was last month or close to that amount
- ◆ I made 2 deposits on Friday, before we left
 - ◆ One deposit was for \$265.00 from the donation jar at the Coronation event we held
 - ◆ The other deposit was for \$391.00 from the donation jar at Fighter Practice
- ◆ Expenses are approx \$264.00 for port a John rental for the Coronation event and \$250.00 for St. James Parish for Mid-Winters 2022
 - ◆ I will need to coordinate with either Sir Aelfred or Master Kryss next week for signature on the checks
- ◆ Regards from a beautiful beach in North Carolina

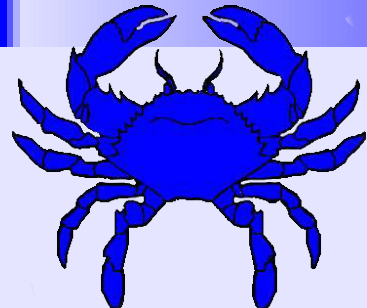
Minister of Arts and Sciences:

- ◆ Nothing to report

Chatelain:

- ◆ Nothing to report

Populace Meeting Minutes Continued on next page...



1543 French and Turkish troops occupy Nice

1552 Battle of Ponza

1583 Humphrey Gilbert claims Newfoundland for British crown

August 6

258 Pope St Sixtus II beheaded in Rome under persecutions by Roman Emperor Valerian

768 Antipope Constantine II deposed

939 Battle at Simancas

1497 Italian explorer John Cabot returns to Bristol from North America (Newfoundland)

1600 Henry IV of France invades Savoy after negotiations break down over Saluzzo

August 7

626 Battle at Constantinople

936 Otto I the Great crowned King of Germany

1409 Council of Pisa closes

1420 Construction begins for dome of Florence's cathedral

1428 Valais witch trial proceedings begin in Valais Canton, Switzerland, first organized witch trials

1461 Ming Dynasty Chinese military general Cao Qin stages a coup against Tianshun Emperor

1479 Battle of Guinegate

1573 Francis Drake's fleet returns to Plymouth after year spent raiding for Spanish treasure

1575 Spanish troops conquer Oudewater

August 8

70 Tower of Antonia destroyed by Romans

1220 Battle of Lihula

1303 Crete earthquake strikes with estimated magnitude of 8, triggering major tsunami

1322 Emperor Godaigo makes Sojiji chief monastery of Soto Sect

1508 Spaniard Juan Ponce de León founds Caparra

1509 Emperor Krishnadeva Raya is crowned, marking beginning of regeneration of Vijayanagara Empire in Southern India

1549 Henry II of France declares war on England, orders siege of Boulogne

1567 Duke of Alva's army enters Brussels, Belgium

1570 Peace of Saint-Germain-and-Laye

1576 Cornerstone laid for Tycho Brahe's observatory in Uraniborg, Denmark

1585 John Davis enters Cumberland Sound in search of Northwest Passage

August 9

378 Battle of Adrianople

681 Bulgaria founded as Khanate on south bank of Danube, after defeating Byzantine armies of Emperor Constantine IV south of Danube delta

1173 Construction of Tower of Pisa begins, takes two centuries

1253 Clare of Assisi's rules confirmed by Pope Innocent IV for Clare's Order of Poor Ladies

1483 Opening of the Sistine Chapel in the Vatican

1559 Willem of Orange becomes viceroy of Holland/Zealand/Utrecht

August 10

70 Second Temple in Jerusalem set on fire by Roman army under Titus during capture of the city

Reoccurring Activities

Populace Meeting

First Monday of every month

7:15 pm

Odenton Public Library

1325 Annapolis Road

Odenton, MD 21113

Fighter Practice (Heavy & Rapier)

Every Tuesday

7:00 pm

Severn Christian Church

8132 New Cut Road ,

Severn, MD 21144

Archery Practice

Every Thursday (til time change)

Lord Ivan's Home

511 Chad Avenue, Severn, MD 21144

Lochmere Vocal and Music Group

Please contact Sir Aelfred of Cres

ttoich@verizon.net

Arts and Sciences

Lady Marta de Lyon

moas@lochmere.atlantia.sca.org

New Member Information

If you are new to the Barony of Lochmere, there websites may be of help:

Barony of Lochmere Homepage:

<http://www.lochmere.atlantia.sca.org>

Barony of Lochmere Facebook Group:

<http://www.facebook.com/groups/LochmereSCA>

Kingdom of Atlantia Homepage:

<http://www.atlantia.sca.org>

Kingdom of Atlantia Event Page:

<http://www.atlantia.sca.org/events/atlantia-calender-events>

Kingdom of Atlantia Online Event Page:

<https://virtual.atlantia.sca.org/calender.php>

The Acorn, Atlantia's Official Newsletter:

<http://www.acorn.atlantia.sca.org>

Official SCA Homepage:

<http://www.sca.org>

You can also contact the Barony of

Lochmere's Chatelain at:

chatelain@lochmere.atlantia.sca.org

Populace Meeting Minutes Continued...

Herald:

- ◆ I still need to submit the second quarter herald's report to kingdom - I'll get on that shortly
- ◆ Court at the Coronation adjacent event was heralded by Lady Caitilin Inghean Ui Ruaidhri and she submitted the report as well
 - ◆ Three awards show up in the Kingdom Order of Precedence from that fine day
- ◆ I meant to attend Known World Heraldic and Scribal Symposium online this past weekend, but didn't make it to any classes, but I did survive University after our last meeting, so that's not nothing
- ◆ My herald's warrant expires November 30, 2021, so anyone interested in being a deputy looking forward to taking over, I'll try to answer any questions

Minister of the Lists: Not in attendance

Knight Marshal:

- ◆ Nothing to report

Archery/Thrown Weapons Marshal:

- ◆ Practices have been few recently, due to the weather (rain cancellations)
- ◆ Practices that have been held have been lightly, but consistently attended
- ◆ Quarterly report was sent in last month

Web Minister:

- ◆ Nothing to report

Chronicler: Not in attendance

Minister of Youth: Not in attendance

Old Business:

- ◆ Battle on the Bay:

- ◆ Nothing to Report

Continued on page 6...



Food For Thought

Kitchen Gardens

The kitchen garden was needed for people to have a constant food supply. It was designed to provide readily available food all year round. A variety of herbs and vegetables were grown, some of which were used for medicinal purposes. Since early times a small garden plot could be found adjacent to most households. They were not only found in rural parts of the country, but within the cities as well.

The kitchen garden is where herbs, vegetables, fruit and nut trees, and flowers were grown around the house. A wide range of vegetation was grown depending on the season and region. Traditionally, this type of garden had four sections surrounding a central water source.

During the plague I have been working on making an herb kitchen garden. Getting plants to grow, other than weeds, is not easy. I have had to start over numerous times just trying to get Lovage to grow! It is both frustrating and rewarding at the same time.

I have placed my herb garden in the front of the house that gets both sun and shade and also close to the water source. I also chose to have it directly in the front of the house to deter the local wildlife from chowing down, but alas I have failed. Our groundhog found the sage and was munching on it quite furiously.

So far I have catnip, spearmint, mint, lemon mint, Italian parsley, curly parsley, oregano, rue, rosemary, basil, dill, savory, anise hyssop, sage, cilantro (coriander), and marjoram all growing nicely.

In addition to the herbs I have some veggies growing to include tomatoes, onions, cucumbers, purple carrots, okra, corn, and leeks. I also planted sunflowers and a strawberry patch that I hope will take off and flourish.

I recently acquired a copy of the book *Herbs for the Medieval Household for Cooking, Healing and Divers Uses* by Margaret B. Freeman. Within its pages is eighty-five herbs, most with period woodcut reproductions, along with both culinary and medicinal advice.

I thought I would go through the book and see what Freeman has to say about some of the herbs I am growing in my kitchen garden.



Basil: Freeman says that basil is one of the herbs to grow for potage. Apparently if you wanted a woman not to eat the food out in front of her you should put basil under the dish. I don't know about you, but I love basil and it makes food better and I would want to eat it!



Dill: Also used in potage. Apparently it was also one of several "herbes for savour and beauty." It also seems to help someone who has gas.

Marjoram: This was a must for every Medieval garden. It was used in

610 In Islam, traditional date of Laylat al-Qadr, when Muhammad began to receive the Qur'an
654 Pope Eugene I elected to succeed Martinus I
843 Treaty of Verdun
955 Battle of Lechfeld
991 Battle of Maldon
1304 Battle at Zierik Sea
1316 Second Battle of Athenry
1461 Alfonso ed Espina, bishop of Osmia urges for Inquisition in Spain
1497 John Cabot tells King Henry VII of his trip to "Asia"
1500 Portuguese sea captain Diego Diaz is first European to sight Madagascar
1512 Battle of Saint-Mathieu
1557 Battle of St Quentin in Picardy
1585 English Queen Elizabeth I signs Treaty of Nonsuch

August 11

355 Claudius Silvanus, accused of treason, proclaims himself Roman Emperor against Constantius II
1093 Foundation stone for new Norman Durham cathedral laid by Bishop William of St. Calais in England
1304 Sea battle of Zierikzee
1492 Rodrigo de Borja becomes Pope Alexander VI
1597 Germany throws out English sales people

August 12

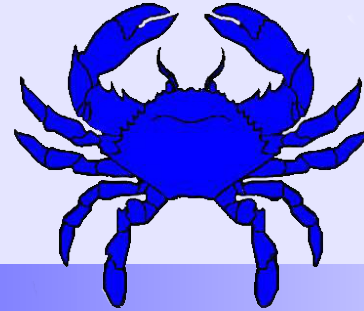
3 Venus-Jupiter in conjunction-Star of Bethlehem
1099 Battle at Ascalon
1121 Battle of Didgori
1164 Battle of Harim
1323 Treaty of Nöteborg
1332 Battle of Dupplin Moor
1336 English King Edward III ends wool export to Flanders
1480 Battle of Otranto
1492 Christopher Columbus arrived in Canary Islands on his first voyage to the New World
1499 First engagement of the Battle of Zonchio
1549 French troops conquer Ambleteuse, in Pas-de-Calais
1553 Pope Julius III orders confiscation & burning of Jewish Talmud
1588 Medemblik surrenders to Spanish army

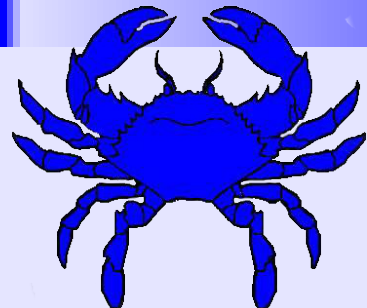
August 13

523 St John I begins his reign as Catholic Pope
1099 Raniero elected as Pope Paschal II
1415 King Henry V of England land army at mouth of Seine River
1516 The Treaty of Noyon
1521 Spanish conquistadors under Hernán Cortés capture Aztec Emperor Cuauhtémoc in Tenochtitlan marking end of Aztec Empire
1536 Buddhist monks from Kyōto's Enryaku Temple set fire to 21 Nichiren temples throughout Kyoto in Tenbun Hokke Disturbance
1553 Michael Servetus is arrested by John Calvin in Geneva as heretic
1578 Duke Frans of Anjou recognized as protector of Netherlands

August 14

554 Ravenna becomes seat of Byzantine military governor in Italy
1040 King Duncan I of Scotland killed in battle against his first cousin and rival Macbeth (not murdered in





soups, meat dishes, salads and in brewing beer and ale before hops were discovered. It was used to cure a cold when it was used along with wine.

Parsley: Another herb used in potage and to stuff chickens with. It was also used to increase blood and cure dropsy.

Rosemary: One of the most loved and useful herbs in the medieval garden. It was used in salads and green sauces for fish. It was also used to flavor wine. The boar's head at Christmas was "garlanded with rosemary," along with rosemary water for washing hands.



Sage: Another potage herb, but also used in salads, sauces for meats and poultry, stuffings, and meat pies. It was infused in water for hand washing. It was also considered to be good for your all around health as well as for venom or poison.

Savory: This was used to add a "peppery" flavor to dishes. It was however recommended not to use too much in meat dishes because it "stirrh him that useth lecherry."

After thumbing through this book I see that I need to add some more herbs to the garden and I do believe my little plot in the front of the house is inadequate for the task at hand.

References:

Mediaeval Household for Cooking, Healing and Divers Uses by Margaret B. Freeman, Seventh Printing 1979 by The Metropolitan Museum of Arts.
Photos: Katla Flokadottir



Rue: Known as the herb of grace, in the Middle Ages was used to season salads, omelets, and in sauces for fish. It would also be used to flavor beers and wines. You could also use it to "ward off disease, insects, witches, and all manner of evil things."

Populace Meeting Minutes Continued....

- ◆ **Night on the Town:** Night Under the Faie Moon
 - ◆ Nothing to Report
- ◆ **On Target:**
 - ◆ On Target spiked for May 21st 2022 - week after the Baltimore Bowman event
 - ◆ Need volunteer to do lunch please.
- ◆ **Mid-Winter:**
 - ◆ Had a very productive planning meeting while enjoy German Food!
 - ◆ Need volunteer to run lunch - the perfect fundraising opportunity for you activity!
 - ◆ Waiting on check to be signed for deposit of St. James' Parish
 - ◆ More exiting details to follow

New Business:

- ◆ Nothing to report

Next Meeting:

- ◆ Keep an eye out for details

1000 Foundation of Hungarian state
1191 Crusader King Richard I kills 3,000 muslim prisoners in Akko
1391 Konrad von Wallenrode becomes 24th Hochmeister of Teutonic Order
1534 Turkish admiral Chaireddin "Barbarossa" occupies Tunis
1566 Iconoclasm reaches Antwerp, Belgium
1597 1st Dutch East India Company ships return from Far East
August 21
959 Erachus becomes bishop of Luik
1192 Minamoto Yoritomo becomes Seii Tai Shōgun and de facto ruler of Japan
1264 Kublai Khan accepts surrender of younger brother Ariq Böke at Xanadu, at end of Mongol civil war
1321 160 Jews of Chincon France, burned at stake
1541 Ottoman Turks under Suleiman the Magnificent capture Buda, capital of Hungarian Kingdom, go on to dominate for 150 years
1560 Tycho Brahe becomes interested in astronomy
1573 Spain begin siege of Alkmaar in the Netherlands
1598 Deed of Transfers proclaims Netherlands independence
August 22
392 Arbogast has Eugenius elected Western Roman Emperor
565 St Columba reports seeing monster in Loch Ness
851 Erispoe defeats Charles the Bald near Breton town of Jengland
1138 English defeat Scottish at Cowton Moor, Yorkshire. Banners of various saints carried into battle - led to name Battle of the Standard
1454 Jews are expelled from Brunn Moravia by order of King Ladislaus
1485 Battle of Bosworth Field
1543 Emperor Charles V's army occupies Duren
1559 Spanish archbishop Bartholome de Carranza arrested as heretic
1572 Failed assassination on Gaspard de Coligny, a French nobleman and admiral, a Huguenot leader in the French Wars of Religion
1582 King James VI of Scotland captured
August 23
79 Mount Vesuvius begins stirring, on feast day of Vulcan, Roman god of fire
406 Battle at Florence
476 Odoacer proclaimed King of Italy by his troops, 1st barbarian King of Italy
1046 King Henry III gives money to Utrecht Deventer diocese
1059 Treaty of Melfi
1305 William Wallace, executed for high treason by Edward I
1328 Battle at Kassel
1441 Holland & Hanzesteden sign cease fire treaty
1500 Governor Francisco De Bobadilla arrives in Indies, arrests and sends former Governor Christopher Columbus back to Spain in chains
1514 Battle of Chaldiran ended

Composer's CORNER



By Mistress Arianna Morgan, OP

Laydes Fayre: A Peek Behind the Scenes (The Director's View) Part Four

To the casual observer, a rehearsal will seem rather straight-forward. However, as a director, I know that rehearsals are so much more than simply learning the music. An effective and productive rehearsal is one where the members are engaging their bodies and minds to work as a team to produce the desired musical effect. A typical Laydes Fayre rehearsal involves the following elements and considerations:



Drea Leed and Sandy Nickell comparing notes at rehearsal. Photo Credit: Christine Stuermer

Stretching: Singing is very physical. Therefore, at the beginning of each rehearsal, we spend about five minutes stretching. This helps release some of the tension from the day and re-engages the muscles that are necessary for proper singing posture. It also makes everyone a bit more alert.

Vocalizing (Vocal Exercises): Vocal exercises serve multiple purposes: They warm-up the singers' voices; improve singing techniques, increase range, and resolve other vocal issues. They also warm-up our brains and prepare us for learning music! Different exercises are designed to work on different aspects of singing such as

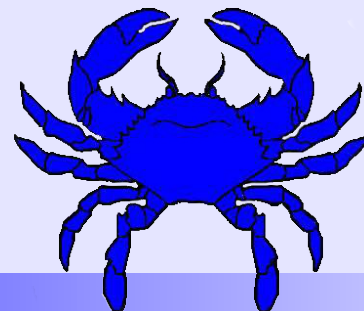
breath control, range, producing pure vowel sounds, pitch, breaks, and even blend. Ideally, 20 – 30 minutes of warm-ups would be the most beneficial. But since we only have 90 minutes twice a month to learn music, 15 minutes must suffice.

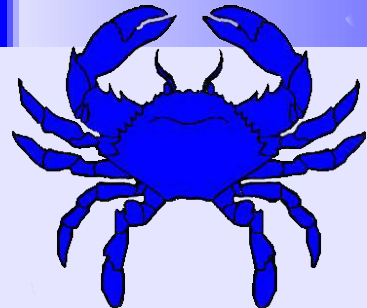
Learning Music: As when I was teaching myself the music, I review the navigation of the piece with the entire group. Ordinarily, I would start with teaching individual parts and speaking the words in rhythm. However, thanks to our virtual rehearsals, the Laydes were already familiar with their parts. Therefore, I had the Laydes sing through the entirety of each piece together. This was necessary to assess where we were in the learning process and to determine the path forward. Fortunately, the virtual rehearsals accomplished what I hoped they would. We did not need to spend as much time reviewing individual parts. I identified several areas requiring more intense practice and reviewed language pronunciation. By the end of the first in person rehearsal, we were able to sing two songs well from beginning to end. Our focus moving forward is putting all the parts together on the remaining pieces and making them all "performance ready". This includes working on balance between sections, dynamics, phrasing, cut-offs, tempo, consistent pronunciation, and blend. We are also continually adding to our repertoire!

Managing Time: A typical rehearsal is approximately two hours. The best way to manage rehearsal time is to establish a plan prior to rehearsal. My rehearsal plan includes stretching, specific warm-up exercises, and the specific pieces we will be learning/reviewing that evening to include measure numbers and the amount of time to spent on each. To determine the amount of time to be spent on each piece of music, I must consider the length and difficulty of the section we will be singing and where

Continued on next page...

while fighting over them, Hongwu Emperor decides to pardon them
1501 Michelangelo awarded contract to create his statue of David by Overseers of Office of Works of Duomo, Florence's cathedral church
1513 Battle of the Spurs
1570 King Janos Sigismund Zapolyai signs secret treaty with Maximilian II
August 17
682 Leo II begins his reign as Catholic Pope
1180 Yoritomo Minamoto leads uprising against Kiyomori Taira who installed his grandson, Emperor Antoku, to the throne
1544 Imperial/English armies occupy Saint-Dizier France
1563 King Charles IX of France declared an adult at 13
1577 Peace of Bergerac
1579 Francois of Anjou visits English Queen Elizabeth I
1585 Antwerp surrenders after 8 months siege by Duke of Parma
1590 Governor of Roanoke Island colony, John White, returns from England to find no trace of colonists he had left there 3 years earlier
August 18
440 St Sixtus III ends his reign as Catholic Pope
1201 The city of Riga was founded
1217 First historical record of Scottish scholar Michael Scot, signs and dates his translation of al-Bitruji's "On the Sphere" in Toledo, Spain
1289 Pope Nicolas IV publishes decree "Supra montem"
1418 Competition announced to design dome of Florentine cathedral, main competitors Lorenzo Ghiberti and Filippo Brunelleschi
1541 A Portuguese ship drifts ashore in ancient Japanese province of Higo
1564 Spanish King Philip II joins Council of Trente
1587 Saul Wahl is elected King of Poland, according to legend
August 19
1099 Battle of Ascalon
1263 King James I of Aragon censors Hebrew writing
1274 Edward I is crowned King of England at Westminster Abbey after returning from Ninth Crusade
1399 King Richard II of England surrenders to his cousin Henry
1458 Aenea Silvio Piccolomini chosen Pope Pius II
1493 Holy Roman Emperor Maximilian I becomes Archduke of Austria
1504 Battle of Knockdoe
1524 Emperor Charles V's troops besiege Marseille, France
1561 Mary Queen of Scots arrives in Leith, Scotland to assume throne after spending 13 years in France
1587 Sigismund III becomes King of Poland and Grand Duke of Lithuania
1591 French King Henry IV occupies Rouen
August 20
2 Venus and Jupiter in conjunction – possible astrological explanation for Star of Bethlehem
573 Gregory of Tours selected bishop of Tours
636 Battle at Yarmuk
917 Battle at Anchialus





his sleep as in Shakespeare's play), the latter does succeed him as King
 1183 Taira no Munemori and Taira clan take young Emperor Antoku and 3 sacred treasures and flee to western Japan to escape Minamoto clan
 1281 During Kublai Khan's second Mongol invasion of Japan his invading Chinese fleet of 3,500 vessels disappears in a typhoon near Japan
 1385 Portuguese defeat Castilians at Aljubarrota, retain independence
 1395 Utrecht bishop Frederik of Blankenheim occupies Coevorden
 1457 Oldest known exactly dated printed book
 1498 Christopher Columbus landed at mouth of Orinoco River in what is now Venezuela
 1551 Ottoman fleet under Dragut captures Tripoli from The Knights of Malta after six-day bombardment
 1559 Spanish explorer de Luna lands in Pensacola Bay, FL
 1585 Queen Elizabeth I of England refuses sovereignty of Netherlands
 1590 Publication of Christopher Marlowe's play "Tamburlaine the Great" recorded by Stationers' Company of London
 1597 Cornelis de Houtmans fleet is 1st Dutch visit to Java
August 15
 778 Battle of Roncevaux Pass
 927 The Saracens conquer and destroy Taranto
 1185 Cave city of Vardzia was consecrated by Queen Tamar of Georgia
 1193 Philip II of France marries Ingeborg, daughter of King Valdemar I of Denmark in Amiens, requests annulment immediately after on grounds of non-consummation (bride deputed)
 1248 Construction of new Cologne Cathedral in Gothic style begins with laying of foundation stone by Archbishop Konrad von Hochstaden
 1308 Knights of St John conquer Rhodes
 1457 Earliest dated book, "Mainz Psalter," completed
 1461 Empire of Trebizond surrenders to forces of Sultan Mehmet II – last Byzantine Empire remnant to fall. Emperor David exiled and later murdered
 1461 Louis XI is crowned King of France at Reims cathedral after the death of his father Charles VII
 1517 Seven Portuguese armed vessels led by Fernão Pires de Andrade meet Chinese officials at the Pearl River estuary
 1519 Panama City founded by Spanish conquistador Pedro Arias Dávila
 1534 Ignatius of Loyola forms society of Jesus/Jesuits
 1537 Asunción, Paraguay, was found
 1540 Arequipa, Peru, was founded
 1548 Mary Queen of Scotland arrives in France, aged 6
 1549 Jesuit priest Saint Francis Xavier comes ashore at Kagoshima
 1599 Nine Years War: Battle of Curlew Pass
August 16
 1384 Hongwu Emperor of Ming China, Emperor Dong, hears case of couple who tore money bills



Tamara Brown, Mishee Kearning, Deedee Cole and Charlotte Barna during a "laugh break" at Choral Camp rehearsal. Photo Credit: Christine Stuermer

the group is on the learning continuum.

If a specific piece requires more time than allotted, I have a decision to make. Either I spend more time that evening on the piece in question and include any pieces that we didn't get to that night in the next rehearsal plan or stop as scheduled and pick-up where we left off at the next rehearsal. A lot depends on the energy level of the group and the level of frustration!

Managing Expectations:

A list of the music included in the rehearsal plan is posted on the group Facebook Page as far in advance of the next rehearsal as possible. This allows members to put their music in order and hopefully, encourages them to listen to the midi files and practice ahead of the rehearsal.

When someone new joins the group we discuss expectations. By the end of the conversation, the new member knows what is expected. They know that:

Attend each rehearsal and learn the music to the best of their ability.

Notify me in advance if they must miss a rehearsal.

Practice what they missed or schedule a make-up and/or schedule a make-up session with me depending on the number of rehearsals missed.

Contact me for extra one-on-one rehearsal time if so desired, even if no rehearsals are missed.

Socializing: The members of Laydes Fayre are a fantastic group of women. They have great senses of humor and genuinely like each other.

Consequently, they like to chat. However, chatting during the rehearsal is not conducive to learning

music. Therefore, we keep the chatting to a minimum. The reward for a productive rehearsal is cake and socializing after the rehearsal has ended! Socializing is fun, but it is also musically important. Singing is a



Lisa Oswald and Charlotte Barna listening to the Director's instructions. Photo credit: Christine Stuermer

very personal activity and sometimes singers feel vulnerable. Getting to know each other creates trust among members and the Director. Trusting fellow musicians to "have each other's back" is so important for creating teamwork which allows us to create music from the heart.

Learning music doesn't always happen in a linear manner and not everyone learns in the same manner. Sometimes we must retrace our steps, restate a musical concept, or go in a different direction to create a piece of music that is musically accurate and enjoyable for the audience. In my next installment, I will address performance!

For Your Listening Pleasure:

Sonatemi un Balleto by Giovanni Giacomo Gastoldi <https://youtu.be/YUzd2xqljJQ>



History Highlights



Above: [William II drawn by Matthew Paris](#)

On August 2, 1100 [King William II of England](#) (William Rufus) is killed by an arrow shot by Sir Walter Tyrell while hunting in the New Forest as reported by the [Anglo Saxon Chronicle](#).



Above: [Engraving of the mural quadrant from Brahe's book Astronomiae instauratae mechanica \(1598\)](#)

On August 8, 1576 The cornerstone was laid for the [Tycho Brahe's observatory in Uraniborg](#), Denmark, at the time world's most advanced

research institution.



Above: [Minamoto no Yoritomo, from an 1179 hanging scroll by Fujiwara no Takanobu](#)

On August 17, 1180, during [The Genpei War](#), [Yoritomo Minamoto](#) leads an uprising against Kiyomori Taira who installed his grandson, [Emperor Antoku](#), to the throne.



Above: [Coin of Odoacer, Ravenna, 477, with Odoacer in profile, depicted with a "barbarian" moustache and possible elongated skull.](#)

On August 23, 476 [Odoacer](#) proclaimed King of Italy by his troops, 1st barbarian [King of Italy](#).

1541 French explorer Jacques Cartier lands near Quebec City in his third voyage to Canada
1542 Rabbi Joseph Caro completes his commentary of Tur Code
1553 Bishop Stephen Gardiner appointed English Lord Chancellor
1566 Beeldenstorm reaches Amsterdam
1582 Francis of Valois, Duke of Anjou pays tribute to earl of Flanders
1595 Michael the Brave confronts the Ottoman army in the Battle of Calugareni

August 24

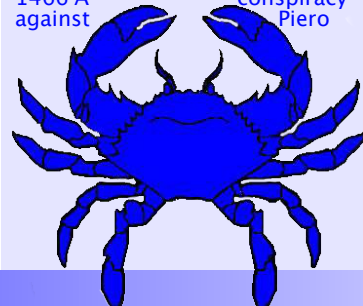
79 Believed until 2018 to be date of massive eruption of Mt. Vesuvius which buried cities of Pompeii, Herculaneum, Oplontis, and Stabiae, latest evidence suggests eruption occurred after 17 October
410 Rome overrun by Visigoths under Alaric I for the first time in nearly 800 years, seen as the fall of the Western Roman Empire
1215 Pope Innocent III declares the Magna Carta invalid
1217 Battle of South Foreland
1349 6,000 Jews, blamed for the Plague, are killed in Mainz
1349 Jews of Cologne Germany set themselves on fire to avoid baptism
1391 Jews of Palma, Mallorca, massacred
1456 The printing of the Gutenberg Bible is completed
1511 Afonso de Albuquerque of Portugal conquers Malacca, capital of Sultanate of Malacca
1516 Battle of Marj Dabiq
1542 Conquistador Francisco de Orellana returns to Spain
1558 Battle of Gravelines
1572 St Bartholomew's Day Massacre

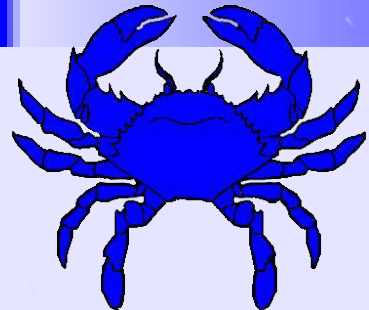
August 25

325 First Council of Nicaea ends with adoption of Nicene Creed establishing doctrine of Holy Trinity
357 Battle at Straatsburg
1212 Children's crusade under Nicolas (10) reaches Genoa
1248 The Dutch city of Ommen receives city rights and fortification rights from Otto III, the Archbishop of Utrecht
1330 Antipope Nicholas V, having obtained assurance of pardon, presents a confession of his sins to Pope John XXII
1425 Countess Jacoba of Bavaria escapes from jail
1499 Battle at Sapienza
1515 Conquistador Diego Velázquez de Cuéllar found Havana in modern day Cuba, on southern coast of island. Moved to its current location in 1519
1537 Honorable Artillery Company, oldest surviving regiment in British Army formed.
1540 Explorer Hernando de Alarcon travels up Colorado River
1566 Iconoclastic fury begins in Dutch province Utrecht
1580 Battle of Alcantara, Spain defeats Portugal

August 26

1071 Battle of Manzikert
1278 Battle of Marchfeld
1303 Ala ud din Khilji captures Chittorgarh
1346 Battle of Crécy
1466 A conspiracy against Piero





Lochmere Officers Listing

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Knight Marshal:

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di Cosimo de Medici in Florence,
 led by Luca Pitti, is discovered
 1498 Michelangelo is commissioned
 to carve Pietà sculpture
 1545 Pope Paul III names his son
 Pierluigi Farnese as Duke of Parma
August 27
 663 Battle of Baekgang
 1232 The Formulary of
 Adjudications is promulgated by
 Regent Hōjō Yasutoki.
 1549 Battle of Dussindale
 1569 Pope Pius names Cosimo I de
 Medici as grand duke of Tuscany
 1585 Duke of Parma's troops
 occupy Antwerp
August 28
 475 Roman general Orestes forces
 western Roman Emperor Julius
 Nepos to flee his capital city, Ravenna
 476 German ruler Flavius Odoacer
 captures Pavia
 476 Orestes, father of Emperor
 Romulus Augustulus is captured and
 executed by Odoacer and his followers
 489 Battle of Isonzo
 1189 Third Crusade
 1542 Battle of Wofla
August 29
 708 Copper coins are minted in
 Japan for the first time
 1178 Anti-Pope Callistus III gives
 pope title to Alexander III
 1261 Jacques Pantaléon elected as
 Pope Urban IV
 1350 Battle of Winchelsea:
 1475 Treaty of Picquigny
 1484 Giovanni Battista Cibo
 elected as Pope Innocent VIII
 1533 Atahualpa, last Sapa Inca
 Emperor is suspected to have been
 buried in Northern Peru or in Ecuador
 1540 Emperor Karel deprives city
 Gent of its definitive rights and
 privileges
August 30
 257 St Sixtus II begins his reign as
 Catholic Pope
 1125 Duke Lotharius of
 Supplinburg elected king of
 Germany
 1146 European leaders outlaw
 crossbow, intending to end war
 for all time
 1363 Beginning of the Battle of
 Lake Poyang
 1464 Pietro Barbo elected to
 succeed Pope Pius II as Pope Paul II
 1481 2 Latvian monarchs
 executed for conspiracy to Polish
 king Casimir IV
 1563 Jewish community of
 Neutitschlin, Moravia, expelled
 1574 Ram Das becomes the 4th
 Sikh Guru
 1590 Tokugawa Ieyasu enters Edo
 Castle
August 31
 1142 Possible date for
 establishment of the Iroquois
 (Haudenosaunee) League - with
 the aid of Hiawatha and
 Deganawidah
 1230 Bishop Willebrand of Utrecht
 grants Swells state justice
 1310 German king Heinrich VII
 makes his son Johan king of
 Bohemia
 1422 Henry VI becomes King of
 England at the age of 9 months

Lochmere Baronial Champions

Rapier Fighting:

Lord Melchior zum grauen Wolf

Equestrian:

Lady Aine d'Alton

Archery & Thrown Weapons:

Ethan of Lochmere

Armored Fighting:

Marcus Galmrsson

Arts & Sciences:

Lady Katla Flokadottir

