

# The Dredgings

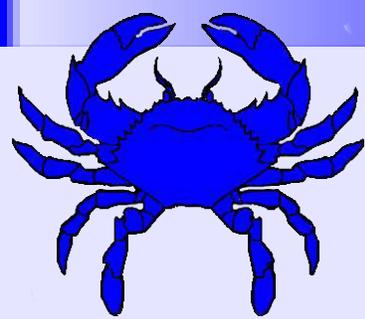
November, 2020  
Volume 32, Issue 3, ASLV

Being the Voice of the Barony of Lochmere in the Kingdom of Atlantia, SCA, Inc.



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### Information of the Dredgings

The Dredgings is a publication of the Barony of Lochmere of the Society of Creative Anachronism, Inc. The Dredgings is a free publication and is available electronically. You may request a copy from the Barony of Lochmere Chronicler at [chronicler@lochmere.atlantia.sca.org](mailto:chronicler@lochmere.atlantia.sca.org).

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### Attention Lochmere Officers

Make sure your information in this newsletter and website is correct. Contact Lady Katla Flokadottir at [chronicler@lochmere.atlantia.sca.org](mailto:chronicler@lochmere.atlantia.sca.org) for The Dredgings and Lady Marta De Lyon at [webminister@lochmere.atlantia.sca.org](mailto:webminister@lochmere.atlantia.sca.org) for the website.

Please submit your Baronial Report in advance of the business meeting via email to Sir Aelfred of Cres at [seneschal@lochmere.atlantia.sca.org](mailto:seneschal@lochmere.atlantia.sca.org) and the Chronicler, Lady Katla at [chronicler@lochmere.atlantia.sca.org](mailto:chronicler@lochmere.atlantia.sca.org). Thank You!

### Front Cover

Printed Book of Hours (Use of Rome): fol. 12v, November calendar page, 1510  
<https://www.clevelandart.org/art/2009.276.12.b>

# Their Excellencies

*To the populace of Lochmere your Baron and Baroness send our warmest greetings!*

*Another month in the plague. It seems hard at times, but yet there are still ways to connect with one another. We have been meeting every Tuesday at 7 for our Baronial Happy Hour and would love to see you there. Also - you should check out [virtual.atlantia.sca.org](http://virtual.atlantia.sca.org) to see all of the goings on online.*

*Also - if you haven't seen it yet - we are going to have a virtual event in December where we are holding Lochmere's Investiture on the 12th of December! We will be announcing more information as the weeks go on so please look out for them!*

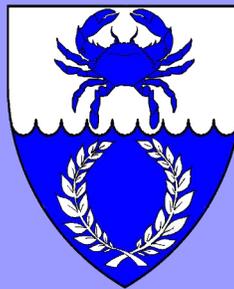
*Take care Lochmere - we miss your faces,*

*Cormacc and Sarra  
Baron and Baroness, Lochmere*





# Help Wanted



**Wanted: Youth Minister** – Do you like children? Do you like playing games and sharing the fun that the SCA offers to little tikes? Then this is the job for you! If you are interested in learning more about the position please contact the current Minister of Youth, Baroness Tatiana Ivanovna of Birchwood Keep at [CRBosworth@aol.com](mailto:CRBosworth@aol.com). If you want to put your name in the hat for the position please contact our Seneschal, Sir Aelfred of Cres at [seneschal@lochmere.atlantia.sca.org](mailto:seneschal@lochmere.atlantia.sca.org).

**Wanted: Knight Marshal** – If stabbing people with pointy sticks or hitting them with other large objects makes you go squeee, then maybe the

position of Knight Marshal is what's missing from your life. For more details please contact the current Knight Marshal, Lord Linhart Von Marburg and he can fill you in on all of the juicy details.. You can email him at [knightmarshal@lochmere.atlantia.sca.org](mailto:knightmarshal@lochmere.atlantia.sca.org). If this sounds like something you would like to do, please contact our Seneschal, Sir Aelfred of Cres at [seneschal@lochmere.atlantia.sca.org](mailto:seneschal@lochmere.atlantia.sca.org).

**Wanted: Arts and Sciences Minister** – Fabric, scrolls, and alchemy, oh My! Do you love art? Do you love science? Do you love both? Well then, the Minister of Arts and Sciences is just the position for you. Please contact Lady Anne d'Evreux for all the magnificent and wonderful details about this

office at [moas@lochmere.atlantia.sca.org](mailto:moas@lochmere.atlantia.sca.org). If you would like to just go ahead and offer to take the position you can email our Seneschal, Sir Aelfred of Cres at [seneschal@lochmere.atlantia.sca.org](mailto:seneschal@lochmere.atlantia.sca.org).

**Wanted: Seneschal and Deputy Seneschal** – Are you organized? Do you like running meetings? Most of all are you good with people? Then the position of Seneschal, or the Deputy, is what is missing from your life. If you are interested in either position please contact the current Seneschal, Sir Aelfred of Cres at [seneschal@lochmere.atlantia.sca.org](mailto:seneschal@lochmere.atlantia.sca.org).

## This Month in History

November 1

835 All Saints Day made compulsory by Pope Gregory IV throughout Frankish Kingdom  
996 1st recorded use of modern name for Austria in 'Ostarrichi Document'

1210 King John of England begins imprisoning Jews

1248 Earl Willem II of Holland crowned as RC German Emperor  
1348 The Black Death reaches London on or about this date

1349 Duke of Brabant orders execution of all Jews in Brussels, accusing them of poisoning wells  
1462 Archduke Albrecht VI van Habsburg occupies Vienna  
1512 Michelangelo's paintings on ceiling of Sistine Chapel in Vatican first exhibited

1570 All Saints Flood, tidal wave in the North Sea devastates the coast from Holland to Jutland

November 2

676 Donus begins his reign as Catholic Pope replacing Pope Adeodatus II

1327 King Alfonso IV of Aragon crowned

1355 English invasion army under King Edward lands at Calais

1418 Utrecht conquers IJsselstein

November 3

644 Umar ibn al-Khattab, 2nd Muslim caliph killed by Persian slave in Medina

1394 Jews are expelled from France by Charles VI

1468 Liège is sacked by Charles I of Burgundy's troops

1493 Christopher Columbus 'discovers' island of Dominica, which was originally inhabited by Kalinago

1527 Ferdinand of Austria/Bohemia chosen as King of Hungary

1529 London – 1st sitting of the Reformation Parliament

1534 English parliament passes Act of Supremacy: Henry VIII and subsequent monarchs become Head of Church of England

November 4

922 Richarius becomes bishop of Luik

1333 Flood of the Arno River, causing massive damage in Florence as recorded by the Florentine chronicler Giovanni Villani

1429 Joan of Arc and Charles d'Albret liberate heavily fortified town of Saint-Pierre-le-Moûtier after siege

1501 Philip de Blank & Juana "la Loca" depart to Spain

1519 Flood ravages Dutch/Friese coast

1520 Danish Norwegian King Christian II crowned King of Sweden

1529 English cardinal Thomas Wolsey arrested on charges of treason



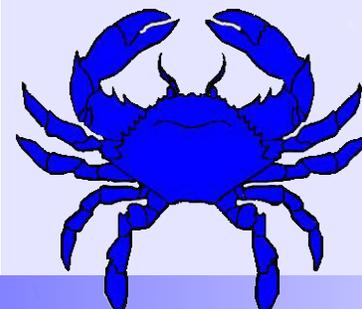
## Lady Anne's ARTS AND SCIENCES

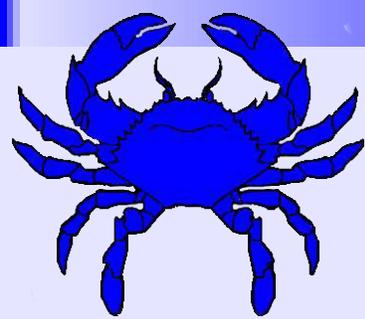


They say “the devil is in the details” and this is often the case when creating a piece of garb, a small detail can make a functional piece of clothing turn into a functional piece of art. In 14th century Western Europe however, fashion increasingly focused on lots of details – embroidery embellishments, fine fabrics, and conspicuous use (and waste) of fabric.

Looking toward cooler temperatures, I decided to use a beautiful white wool in my fabric pile for a few years and make a hood. For ultimate warmth, I lined the hood with silk to create a hood that will keep me very warm and add “wow” to my ensembles.

Because wool frays very little, I was able to cut shapes (called dags) into the hem without fussy seam treatments. By adding simple embroidery and an extra long liripipe – bordering on absurdity, and I am both warm and on the cutting edge of mid-14th century fashion!





1576 Eighty Years' War  
**November 5**  
 1228 Wu MeKuan, a collection of 48 Zen koans, compiled in China  
 1414 Council of Constance opens  
 1492 Christopher Columbus 1st learns about growing & harvesting maize (corn) from Cuba's indigenous population  
 1499 Publication of the Catholicon in Treguier (Brittany)  
 1464 by Jehan Lagadeuc was first Breton and French dictionary  
 1500 Astronomer Copernicus observes a lunar eclipse in Rome  
 1530 St Felix Flood ravages Dutch coast & destroys city of Reimerswaal in Netherlands  
 1556 Akbar (14) succeeds his father Humajun as Sultan of Delhi  
**November 6**  
 1153 Treaty of Wallingford signed between King Stephen & Empress Maude (aka Matilda)  
 1528 Shipwrecked Spanish conquistador Alvar Núñez Cabeza de Vaca becomes first known European to set foot in Texas  
 1534 Zealand hit by heavy storm  
 1572 Supernova is observed in constellation known as Cassiopeia  
**November 7**  
 680 3rd Council of Constantinople opens  
 921 Treaty of Bonn  
 1492 Ensisheim Meteorite strikes wheat field near village of Ensisheim in Alsace, France, oldest meteorite with known date of impact  
 1512 Medici's discharge Niccolo Machiavelli from Florence  
 1519 University of Leuven convicts teaching of Luther  
 1558 French King Henri II occupies Calais  
**November 8**  
 392 Roman Emperor Theodosius declares Christian religion state religion  
 911 Duke Conrad I chosen as King of East Francia  
 1322 Pope John XXII names John van Diest as Bishop of Utrecht  
 1494 Uprising against Piero de' Medici in Florence Italy  
 1519 1st meeting of Aztec Emperor Moctezuma II and Spanish Conquistador Hernán Cortés in Tenochtitlan, Mexico  
 1520 Stockholm Bloodbath begins: A successful invasion of Sweden by Danish forces results in the execution of around 100 people  
 1575 French Roman Catholics & Huguenots signs treaty  
 1576 Eighty Years' War: Pacification of Ghent  
 1598 Spanish troops under Bernardino de Mendoza conquer Doetinchem  
**November 9**  
 694 Spanish King Egica accuses Jews of aiding Muslims/sentenced to slavery

# Reoccurring Activities

## Populace Meeting

First Monday of every month  
 7:15 pm  
 Odenton Public Library  
 1325 Annapolis Road  
 Odenton, MD 21113

## Fighter Practice (Heavy & Rapier)

Every Tuesday  
 7:00 pm  
 Severn Christian Church  
 8132 New Cut Road ,  
 Severn, MD 21144

## Archery Practice

Every Thursday (til time change)

## Lord Ivan's Home

511 Chad Avenue, Severn, MD 21144

## Equestrian Practice

10:00 am till?  
 Meeting and potluck follows  
 2361 Rutland Rd ,  
 Davidsonville, MD 21035

## Lochmere Vocal and Music Group

Please contact Sir Aelfred of Cres  
 ttoich@verizon.net

## Arts and Sciences

Lady Anne d'Evreux  
 moas@lochmere.atlantia.sca.org

# New Member Information

If you are new to the Barony of Lochmere, there websites may be of help:

## Barony of Lochmere Homepage:

<http://www.lochmere.atlantia.sca.org>

## Barony of Lochmere Facebook Group:

<http://www.facebook.com/groups/LochmereSCA>

## Kingdom of Atlantia Homepage:

<http://www.atlantia.sca.org>

## Kingdom of Atlantia Event Page:

<http://www.atlantia.sca.org/events/atlantia-calender-events>

## Kingdom of Atlantia Online Event Page:

<https://virtual.atlantia.sca.org/calender.php>

## The Acorn, Atlantia's Official Newsletter:

<http://www.acorn.atlantia.sca.org>

## Official SCA Homepage:

<http://www.sca.org>

You can also contact the Barony of Lochmere's Chatelain at:

[chatelain@lochmere.atlantia.sca.org](mailto:chatelain@lochmere.atlantia.sca.org)

# Populace Meeting Minutes

## Baron and Baroness

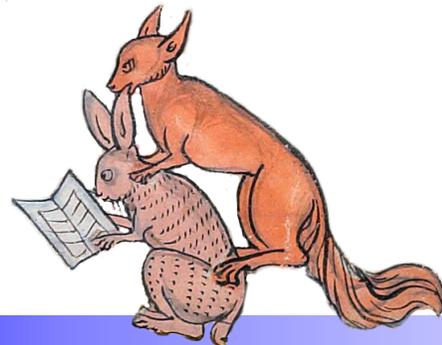
- ◆ Always glad to see everyone at happy hour every week – nice gathering that usually turns into Catlandia
- ◆ Investiture is coming in December

## Exchequer

- ◆ Period 1-30 September 2020 - Ledger Balance is \$11,589.62
- ◆ Warrant expires April 2021, willing to stay on if no one else wants it

## Arts and Sciences

- ◆ Nothing much – still looking for a replacement – please step forward and let someone know! Lady Marta expressed an interest in becoming Baronial A&S - she will retain her position as Baronial Web Minister



# Populace Meeting Minutes

Continued...

## *Herald*

- ◆ Not in attendance

## *Knight Marshal*

- ◆ Talked with Baron Alric who expressed interest in taking over as Knight Marshal for now
- ◆ Farthain will eventually take over when he is fully trained up
- ◆ Looking at practice dates but came to conclusion to cancel the rest of the year
- ◆ Doesn't look like we have enough interested in practicing outside in December and January
- ◆ Alric could bring light stands out if wanted
- ◆ Discussion was held regarding postponing reopening fighter practice until January 2021
  - ◇ We also discussed the possibility of holding a Saturday daytime practice during the winter until such time as we can practice indoors
  - ◇ The Financial Committee approved of the expenditure of \$50 to purchase the additional insurance required by the church
  - ◇ Discussed having A&S at same time

## *Archery and Thrown Weapons Marshal*

- ◆ Started practices last week – shorten by rain
- ◆ Will continue through the month before the time change
- ◆ Highland Havoc challenge – check out their pages for details
  - ◇ No proxies for this challenge
  - ◇ Indoor thrown weapons no range needed
  - ◇ Have templates to help you create an indoor range in your house
- ◆ Had a meeting to discuss procedures for opening up fully - still waiting for answers
  - ◇ No sharing of weapons during practice
  - ◇ If you get a loaner it is yours through the rest of the season
- ◆ Kyrss is in VA and cannot travel to our Kingdom, so it's just Deedee right now

## *Web Minister*

- ◆ Nothing to report – no requests
- ◆ Katla still have issues with email - ticket has been sent up to Kingdom for help
- ◆ Let me know if there is anything needed to update site

## *Youth Minister*

- ◆ Warrant expired
- ◆ Nothing to report, no children allowed right now
- ◆ No one has shown interested in replacing her, will stay until replaced
- ◆ Will renew warrant in the meantime

## *Seneschal*

- ◆ Been posting updates on the opening policy on e-list and Facebook – still at Phase 0
- ◆ No events yet
- ◆ Would like feedback on having fighter practice on Saturdays at church
  - ◇ We can also have A&S at the site as long as we practice social distancing

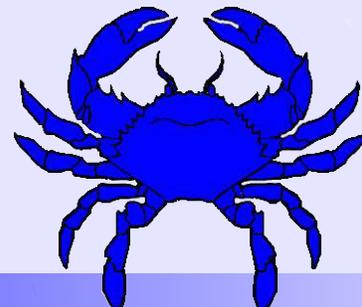
1282 Pope Martinus IV  
excommunicates King Pedro III of  
Aragon  
1313 Louis the Bavarian defeats  
his cousin Frederick I of Austria at  
the Battle of Gammelsdorf  
1330 Battle of Posada  
1492 Peace of Etaples  
1494 Piero the Unfortunate of de'  
Medici family, ruler of Florence,  
loses his power & flees  
1520 Height of the Stockholm  
Bloodbath – King Christian II of  
Denmark, Norway and Sweden  
executes Swedish nobles  
1526 Jews are expelled from  
Pressburg Hungary, by Maria of  
Hapsburg  
1541 Queen Catherine Howard  
confined in Tower of London  
1569 Catholic uprising under  
Dukes of Northumberland &  
Westmoreland  
1580 Spanish troops land in  
Ireland

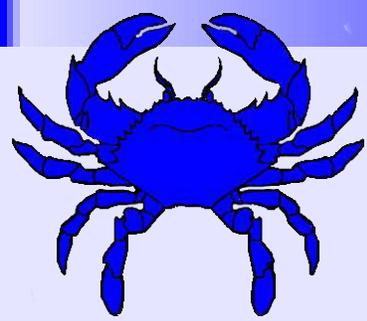
**November 10**  
911 Conrad I of Germany elected  
as King of East Francia  
1444 Battle at Varna, Black Sea  
1526 John I Zapolyai of  
Transylvania chosen as King of  
Hungary  
1544 Flemish painter Jan Matsys  
banished from Antwerp for  
religious beliefs  
1567 Battle at St-Denis  
1584 Willem Louis of Nassau  
appointed viceroy of Friesland

**November 11**  
308 The Congress of Carnuntum  
887 Parliament in Tribur: King  
Charles III resigns  
1158 Emperor Frederick I  
Barbarossa declares himself ruler  
of North Italy  
1208 Otto van Wittelsbach chosen  
German King  
1215 4th Lateran Council opens in  
Rome  
1417 Oddo Colonna elected as  
Pope Martinus V  
1493 Explorer Christopher  
Columbus discovers Saba  
1500 Treaty of Granada  
1503 Pope Julius II elected  
1572 Duke of Alva's son Don  
Fredrik begins siege of Haarlem

**November 12**  
295 Origin of Era of Ascension  
764 Tibetan troops occupy  
Chang'an for 15 days, capital of  
the Chinese Tang Dynasty  
954 Lotharius becomes King of  
France  
1439 Plymouth, England, becomes  
the first town incorporated by the  
English Parliament.  
1555 The English Parliament re-  
establishes Catholicism.  
1591 Castiliaans army occupies  
Zaragoza

**November 13**  
866 Pope Nicholas I answers the  
envoys of Boris (Ad consulta  
vestra)  
1002 English King Ethelred II  
launches 'St Brice's Day' massacre  
of Danish settlers





# Populace Meeting Minutes

Continued...

- ◇ Limit of six people and you cannot cross baronies, six feet apart
- ◇ No minors allowed
- ◇ See kingdom reopening policy for detail
- ◆ I am still looking for a deputy and a replacement
  - ◇ If you are interested please contact me at [seneschal@lochmere.atlantia.sca.org](mailto:seneschal@lochmere.atlantia.sca.org)
- ◆ Help Wanted section in the latest edition of the Dredgings – MOAS, Seneschal, Youth – lots of opportunities available

## *Night on the Town: Night Under the Faie Moon*

- ◆ Nothing to report

## *On Target*

- ◆ Katla volunteered to be back up if needed
- ◆ Baltimore Bowman is 21-23 May this year
- ◆ May 8, 2021 we will set for event so it won't interfere
  - ◇ Raynard will check availability
- ◆ May 1, 2020 is Crown this year

## *Battle on the Bay*

- ◆ Nothing new
- ◆ Decided to stay with same date
- ◆ Will get him a check to cover the deposit he put down

## *New Business*

- ◆ VIRTUAL ROYAL COURT: Navarre Court at the Royal Palace of Olite
  - ◇ December 12, 2020
  - ◇ Baronial Investiture for Their Nexcellencies
  - ◇ Would like to do it at the Carol Baldwin hall, \$250 for hall and \$50 for insurance
  - ◇ Financial committee approved it, needs to go for a vote, the ayes have it!
  - ◇ Their majesties are coming out for the investiture
  - ◇ We will have court as well
  - ◇ We need to put in for insurance at church for fighter practice next year
  - ◇ Will go before finance committee
  - ◇ Any concerns to spend \$50? Nope – will start process so it is ready to go at the beginning of the year
  - ◇ We will book Saturdays too just in case the world is still insane with insurance
- ◆ How do folks feel about November meeting with Tuesday Happy Hour? Should we cancel next meeting?
  - ◇ We do have some business to discuss
  - ◇ We will meet at Happy Hour first Tuesday of November



1553 English Lady Jane Grey and Archbishop Thomas Cranmer accused of high treason  
 1565 King Philip II's "Letters out Segovia" reaches Brussels  
 1565 Pope Pius IV publishes degree Professi fidei  
**November 14**  
 1380 King Charles VI of France crowned at age 12  
 1524 Francisco Pizarro begins his 1st great expedition, near Colombia  
 1550 Pope Julius III proclaims new seat on Council of Trente  
**November 15**  
 655 Battle of the Winwaed: Penda of Mercia is defeated by Oswiu of Bernicia  
 1315 Battle of Morgarten: Swiss beat duke Leopold I of Austria  
 1348 Rudolph of Oron claims Jews have confessed to poisoning wells  
 1491 Anne of Brittany becomes devoted to end "la guerre folle"  
 1492 Christopher Columbus notes 1st recorded reference to tobacco  
 1492 La Guardia, Spain, 6 Jews & 5 Conversos are accused of ritual murder  
 1515 Thomas Wolsey is invested as an English Cardinal  
 1527 Treaty of Beautiful garden  
 1532 Pope Clemens VII tells Henry VIII to end relationship with Anne Boleyn  
 1533 Francisco Pizarro arrives at Cuzco  
 1577 Sir Francis Drake aboard Pelican travels from Chile to Washington  
 1583 Gelders Earl Willem of the Bergh flees  
**November 16**  
 13 General Tiberius' triumphant procession through Rome after siege of Germany  
 534 Second and final revision of the Codex Justinianus published  
 1380 French King Charles VI declares no taxes for ever  
 1491 An auto de fe, held in Brasero de la Dehesa outside of Avila, concludes case of Holy Child of La Guardia with public execution of several Jewish & converso suspects  
 1519 City of Havana moved to its current location to avoid mosquito infestations  
 1532 Spanish conquistador Francisco Pizarro captures Inca Emperor Atahualpa after a surprise ambush at Cajamarca in Peruvian Andes  
 1572 Troops under Don Frederik occupy & plunder Zutphen, Netherlands  
 1581 Tsar Ivan the Terrible attacks his son & heir, Ivan Ivanovich with scepter after an argument leading to the latter's death three days later  
**November 17**  
 473 The future Zeno I is named associate emperor by Emperor Leo I  
 1183 Battle of Mizushima

# Composer's CORNER

By Mistress  
Arianna Morgan, OP



## Guillaume Dufay

In my last three articles, I featured composers from the 14<sup>th</sup> century. This month I will focus on Guillaume Dufay, one of the most prolific and powerful composers of the 15<sup>th</sup> century. In addition to being a composer, he was singer, instrumentalist, theorist, and teacher. Although the exact date and place of Guillaume Dufay's birth is unknown, it is estimated that he was born around 1398. By evidence of his will, he was probably born in Beersel in the vicinity of Brussels. He died on November 27, 1474 and was buried in the Chapel of Cambrai.

Dufay was the illegitimate son of an unknown priest, and his mother Marie Du Fayt. As a child, he moved with his mother to Cambrai to live with a relative who was a canon of the Cathedral of Cambrai. It was through his family's connections with the cathedral that his talents and music became well-known. In 1409, he became a choirboy at the cathedral until 1412, studying under Rogier de Hesdin. He then went on to study music under a renowned music teacher Nicolas Mali who recognized his considerable talents. In 1414 (at the age of 16), he was awarded a position from the church as a chaplain to the St. Gery Cathedral. He stayed in this position for approximately 4 years before returning to Cambrai in 1418. He was appointed as a sub deacon in the Cathedral at Cambrai, after which he left his post in 1420 and traveled to the city of Pesaro on Italy's Adriatic coast. It was here where Dufay met other prominent musicians and their wealthy patrons.

In 1425, he returned to Cambrai following the death of one of his closest relatives with whom he and his mother had been living. After a period of loss and mourning, Dufay decided to travel to Bologna and immediately gained employment with Cardinal Louis Aleman. He

was promoted to deacon and eventually ordained a priest in the year 1428. Unfortunately, Cardinal Aleman was driven out of Bologna by the rival Canedoli family in that same year. Dufay also left and went to Rome. He joined the Papal choir serving Pope Martin V and Pope Eugene IV. He eventually left his post and was appointed Maitre de Chapelle (Master of the Chapel/Choir Director) at Savoy before he left Rome. By the year 1435, he began his service again with the chapel, but this time, in Florence. During this period, he wrote his celebrated motet "Nuper Rosarum Flores" (url below). A motet is a polyphonic musical setting initially developed around 1200. By Dufay's time, the motet had evolved considerably. In general, motets usually had a Latin text, and was sacred in nature, but not specifically connected to the liturgy of a given day.

During a period of financial crisis in Florence, the Marquis of Ferrera grew close with Dufay and promised to lend him financial support during the crisis. The Marquis also distributed Dufay's music so that his works would become well known.



Image: Dufay's Ave Regina Caelorum MS Oxford, Bodleian Library Canonici misc. 213 (ca 1450)

A period of conflict between the papacy and ecumenical council threatened Dufay's career. He had hopes of assuming office as Canon of Cambrai, but in order to do so, he was required to study law. He graduated from the University of Turin with a law degree and went on to remain in Cambrai living at the previous canon's residence after the passing of his mother in the year 1445. It was during the early 1440s that he composed an extensive collection of liturgical and polyphonic music in the forms of masses, Magnificats, Antiphons, and simple hymns. A Magnificat is a canticle used in Christian liturgy, especially at vespers and evensong, the text being the hymn of the Virgin Mary. Antiphons used a chant melody and text and was sung before and after a psalm verse, originally by alternating choirs. He was also given the responsibility of overseeing the work and general administration of the Cathedral.

Continued on page 9...

1278 680 Jews arrested in England for counterfeiting coins  
1292 John Balliol becomes King of Scots  
1511 England, Spain and the Holy Roman Empire sign anti-French covenant The Treaty of Westminster  
1555 William of Orange becomes member of Council of State  
1558 Elizabeth I aged 25, ascends English throne upon death of her half-sister, Queen "Bloody" Mary  
1558 The Church of England is re-established

### November 18

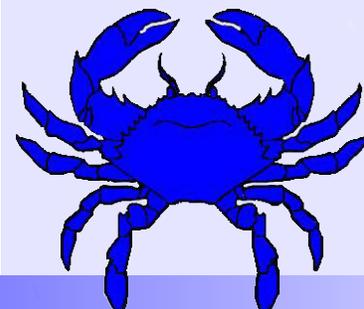
326 Old St. Peter's Basilica consecrated in Rome later replaced by current Basilica  
794 Japanese emperor Kammu dealllocates residence of Nara to Kyoto  
1105 Maginulf elected anti-Pope Silvester I  
1210 Pope Innocent III excommunicates Roman Catholic Emperor Otto IV  
1307 William Tell reputedly shoots apple off his son's head  
1421 Southern sea floods 72 villages, killing estimated 10,000 in Netherlands  
1424 Storm flood ravages Dutch coast  
1477 First English dated printed book "Dictes & Sayenges of the Phylosophers" by William Caxton  
1494 French King Charles VIII occupies Florence  
1497 Portuguese navigator Vasco da Gama reaches Cape of Good Hope

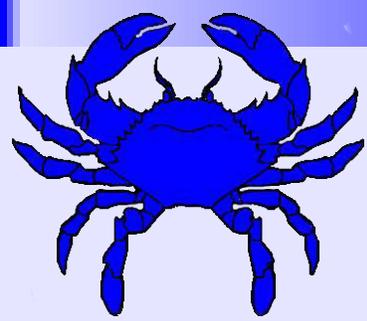
### November 19

461 St Hilary begins his reign as Catholic Pope  
1274 Mongol army lands at Hakata Bay in Japan during their 1st invasion attempt defeated; a typhoon destroys most of their fleet as they withdraw  
1302 Pope Boniface VIII delegates degree "Unam sanctam"  
1367 League of Cologne goes against Danish king Waldemar IV  
1493 Christopher Columbus discovers Puerto Rico, on his 2nd voyage  
1521 Battle at Milan  
1523 Giulio de' Medici chosen as Pope Clemens VII  
1530 The Recess document resulting from the Diet of Augsburg signed by Charles V and catholic princes  
1544 Pope Paul III opens council of Trente  
1581 Tsarevich Ivan Ivanovich dies after being attacked by his father Ivan the Terrible three days earlier

### November 20

284 Roman soldier Diocletian proclaimed Emperor by the army  
762 Bögü, Khan of Uyghurs, conquers Lo-Yang, capital of Chinese Empire  
1168 Giovanni di Struma elected anti-Pope  
1194 Palermo, Sicily, is conquered by Emperor Henry VI



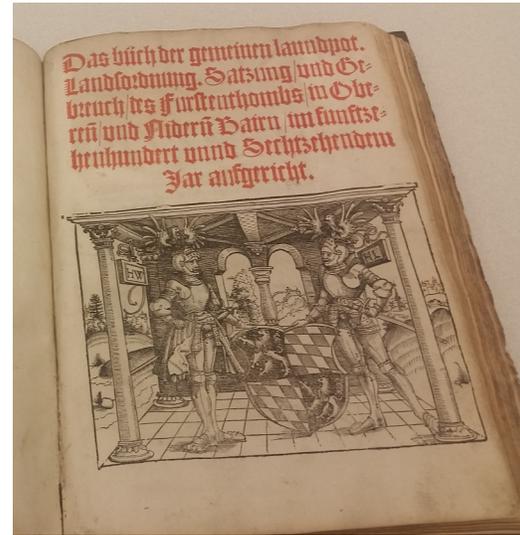


1272 Edward I proclaimed King of England after death of father, Henry III, takes two years to return to England from Ninth Crusade.  
 1342 Pope Clemens VI names John IV of Arkel as bishop of Utrecht  
 1347 Cola di Rienzo, later Roman Tribunal, addresses a meeting of on Capitol during people's revolt in Rome  
 1407 Truce between John the Fearless, Duke of Burgundy and Louis of Valois, Duke of Orléans is agreed under auspices of John, Duke of Berry. Orléans would be assassinated three days later by Burgundy.  
 1431 First meeting of Order of the Golden Fleece  
 1461 Astronomer Regiomontanus returns with Cardinal Basilios Bessarion's to house in Rome, home to one of largest libraries in Europe  
 1520 Friesland hit by heavy hail storm  
 1521 Arabs attribute shortage of water in Jerusalem to Jews making wine  
 1583 Duke of Parma conquers Aalst

**November 21**  
 235 St Anterus begins his reign as Catholic Pope, rules for 40 days  
 695 Pope Sergius names Willibrord as Archbishop Clemens of Friezen  
 1272 Following Henry III of England's death on November 16, his son Prince Edward becomes King of England  
 1317 Frederik of Sierck/Zyrick becomes bishop of Utrecht

**November 22**  
 498 St Symmachus begins his reign as Pope replacing Anastasius II  
 845 First King of all Brittany, Nomioe defeats Frankish King Charles the Bald at the Battle of Ballon, near Redon  
 1220 Frederick II crowned Holy Roman Emperor in Rome by Pope Honorius III  
 1346 Street fights in Utrecht, Hollandsgezinde Gunterlingen statements  
 1492 Pinta under Martín Alonso Pinzón separates from Christopher Columbus's fleet  
 1497 Portuguese navigator Vasco da Gama rounds Cape of Good Hope on way to first voyage from Europe to reach India  
 1542 Spain delegates "New Laws" against slavery in America  
 1573 The Brazilian city of Niterói is founded

**November 23**  
 800 Charlemagne arrives in Rome to investigate the alleged crimes of Pope Leo III.  
 1165 Pope Alexander III returns from exile to Rome  
 1227 Polish Prince Leszek I the White is assassinated at assembly of Polish dukes at Gasawa  
 1248 Conquest of Seville by Christian troops under King



On November 30, 1487 the Reinheitsgebot, literally "purity degree," was signed in Munich, Germany. The best-known version of the law was adopted in Bavaria in 1516, and you can actually see this version at the Library of Congress in Washington, DC. Similar regulations predate these orders and go back as far as the Holy Roman Empire. Purity laws are still in effect in Germany today, though in a much different form. The basic idea of these laws were to maintain a quality throughout the land when it came to food and beer. Reinheitsgebot originally restricted beer making to using only barley, hops, and water. It also regulated prices beer could be sold for. I'm not going to go into brewing, but instead give you some recipes that use ale and or beer as an ingredient.

This first recipe was part of the feast for the Mid-Winters event in 2019. The original recipe:



To make Frittlers of Spinnedge:  
 Take a good deale of Spinnedge, and washe it cleane, then boyle it in faire water, and when it is boyled, then take it forth and let the water runne from it,

then chop it with the backe of a knife, and then put in some egges and grated Bread, and season it with suger, sinamon, ginger, and pepper, dates minced fine, and currans, and rowle them like a ball, and dippe them in Butter made of Ale and flower. <http://www.medievalcoookery.com/notes/ghj1596.txt>

My interpretation:  
 Spinach Frittlers  
 1-pound Fresh Spinach  
 2-Eggs, scrambled  
 1 cup Breadcrumbs  
 1 tablespoon Sugar  
 1 teaspoon Cinnamon  
 1 teaspoon Fresh Ginger, finely chopped  
 ½ teaspoon of salt  
 ¼ teaspoon Pepper  
 ¼ cup Dates, chopped  
 ¼ cup Currants  
 Ale, as needed  
 1 cup Flour

Put a pot of water on the stove and bring to a boil. Add the spinach and par-boil till just wilted. Drain water from spinach and rough chop. Place spinach in a large bowl and add the eggs, bread crumbs, sugar, cinnamon, ginger, pepper, dates and currants, and combine thoroughly. Form the mixture into balls about the size of a golf ball. Dip the balls in ale and then coat with flour. Fry the balls in oil until golden brown.

The following recipes are in their raw form, as I explained last month, most recipes are vague and do not give you exact amounts of ingredients to use. If you are feeling brave, I encourage you to try these out. If you do, please share your results and I will put your creations in an upcoming newsletter.

To stue Sparrowes. Take Ale and set it on the fire, and when it seetheth scum it, and then put in your Sparrowes and small Raisins, Sugar and Sinamon, Ginger, and Dates, and let them boyle together, and then take marrows or Butter, and a little vergious, and keepe it close. And when it is enough, make Sops in Platters and serve them forth. <https://jducoeur.org/Cookbook/Cookrye.html>

To make Panne puffed. Take the stuffe of Stock frytters and for hys paest take a quantite of ale and a lytle yest and Suger, Mace and Saffron, than heate it on a chafyndysche and put it to youre floure with the yolcke of a rawe egg'e, and so after this maner make up your paest.  
 Continued on page 9...

Composer's Corner continued from page 7...

Eventually Dufay decided to leave Cambrai again and didn't return until 6 years later. It was during this time that he composed one of his four "Lamentationes" composed during the Fall of Constantinople in 1453. In a musical context, Lamentationes were musical settings of the Book of Lamentations in the bible. Dufay retired in 1458 after failing to obtain a position for which he had hoped to be selected. He continued to travel to Savoy frequently as choir master for the Duke of Savoy. It was here that he taught his students to compose music and learn different instruments. Two of his written works on music theory have been documented, but neither have survived: "Musica" and "Tractatus de musica mensurata et de proportionibus."



Image: Guillaume Dufay (G.) et Gilles Binchois (not pictured) (D.). Enluminure extraite de *Le Champion des Dames*, par Martin le Franc, prévost de l'église de Lausanne (1440). Bibliothèque nationale de France, manuscrit français 12476, f° 98.

Dufay's works include 8 masses and some individual and paired mass movements, motets, and other liturgical pieces such as hymns. He also wrote approximately 70 chansons (secular French songs) and a few Italian songs. Most of his secular songs follow the formes fixes (fixed forms: rondeau, ballade, and virelai) which dominated the 14<sup>th</sup> and 15<sup>th</sup> centuries (the formes fixes were discussed in my previous articles). In terms of musical development, his masses showed a progression from single and paired movements towards the concept of a cyclic Ordinary of the mass unified by a "cantus firmus" (fixed melody). In earlier centuries, the cantus firmus was drawn from Gregorian chant, but in later centuries, additional sources such as

secular chansons were also used. The cantus firmus was usually set in longer notes in the tenor voice. In his motets, his compositions exhibited a progression from isorhythmic motets reminiscent of the previous century to more homogenous motets.

In the 14<sup>th</sup> century, both sacred and secular motets often used the technique of isorhythm: the repetition of a complex rhythmic pattern throughout the composition. This pattern often overlapped but did not always coincide with the repetition of a melody. By the second half of the 15<sup>th</sup> century, the musical texture was largely contrapuntal (i.e., consisting of interwoven melodies). His secular music was typically written for 3 voices, but his liturgical music was typically for 4 voices. His remarkable change of style from his early career to his later works in all genres stands out in the 15<sup>th</sup> century and caused him to be recognized as the bridge between the Middle Ages and the Renaissance period. Dufay inspired many composers of the Renaissance period including Ockenghem and Loyset Compere, both of whom used Dufay's polyphonic styles of composition. Dufay was universally regarded by his contemporaries as the greatest composer of his time. This opinion has continued to the present day. Most of Dufay's music was written before the development and/or wide use of the printing press. Nevertheless, his music managed to circulate throughout Europe and the rest of the world!



Image: Dufay's Chanson: *J'ai mis mon cuer* MS Oxford, Bodleian Library Canonici misc. 213 (ca 1450)

### Listening Examples:

Nuper Rosarum Flores: [https://youtu.be/\\_dV5b8AuLHg](https://youtu.be/_dV5b8AuLHg)

J'ai mis mon cuer: <https://youtu.be/m6z1nkRQHMo>

Ave Regina Caelorum: <https://youtu.be/H-jWt1lQrE4>

Je Donne à tous les Amoureux: [https://youtu.be/7dfbw\\_96Kwk](https://youtu.be/7dfbw_96Kwk)

Ferdinand III of Castile after the city capitulates  
1334 St Clemens Flood: Dike breaks at Flemish/Zeeuwse/Dutch coast  
1499 Flemish pretender to English throne Perkin Warbeck hanged for reportedly attempting to escape from Tower of London  
1556 King Philip II confers with Dutch financial experts  
1577 Water Geuzen under Captain Slope enters Amsterdam  
1584 English parliament expels Jesuits  
**November 24**  
380 Theodosius I makes his adventus, or first formal entry, into Constantinople  
496 Anastasius II succeeds Gelasius I as Catholic Pope  
642 Theodore I begins his reign as Catholic Pope  
1105 Rabbi Nathan ben Yehiel of Rome completes Talmudic dictionary  
1434 River Thames in London freezes over  
1542 Battle of Solway Moss: English beat Scottish King James V  
1587 Battle at Auneau  
**November 25**  
1034 Malcolm II, King of Scots dies; Donnchad, son of his second daughter Bethóc and Crinán of Dunkeld, inherits throne  
1165 Holy Roman Emperor Frederick I (Barbarossa) visits Utrecht  
1177 Battle of Montgisard  
1185 Pope Lucius III (Ubaldo Allucingoli) reigned 1181–85, dies and is replaced by Umberto Crivelli (Pope Urban III)  
1277 Giovanni Gaetano Orsini elected as Pope Nicolas III  
1357 Charles IV issues letter of protection of Jews of Strasbourg Alsace  
1491 The siege of Granada, last Moorish stronghold in Spain, begins  
1500 Governor De Bobadilla of Santo Domingo captures Christopher Columbus  
1598 Jacob Cornelius van Neck's merchant fleet reaches Bantam, West-Java on second Dutch expedition to Indonesia  
**November 26**  
579 Pelagius II begins his reign as Catholic Pope  
783 Asturian queen Adosinda put in monastery of San Juan de Pravia, where she lived out rest of life, to prevent her kin from retaking throne from Mauregatus  
1476 Vlad III Dracula defeats Basarab Laiota with the help of Stephen the Great and Stephen V Bathory and becomes the ruler of Wallachia for the third time.  
1527 Pope Clemens VII signs treaty with emperor Karel I  
1580 French Huguenots & Roman Catholics sign peace treaty

Food for Thought continued from page 8...

[https://archive.org/stream/b21530191/b21530191\\_djvu.txt](https://archive.org/stream/b21530191/b21530191_djvu.txt)

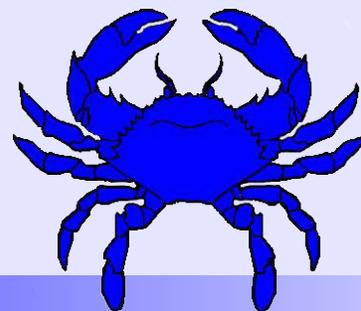
To make a stued broth for Capons, mutton, biefe, or other hotte meate, and also a broth for all maner of freshe fishe. Take halfe a handul of rosemary and asmuche of time, and binde it on a bundel with threde after it is washen, and put it in the pot, after that the pot is cleane scomed, and let it boyle a whyle, then cut soppes of white bread, and put them in a greate charger, and put on the same scalding brothe, and when it is

soken inoughem strayne it through a strayner, with a quantyie of wine or good ale, so that it be not to tarte and when it is strayned, poure it in a potte, and then put in your raysins and prunes, and so let them boyle till the meate be inough. If the brothe bee to sweete, put in the more wine, or els a litle vineger. <http://www.medievalcooking.com/notes/pnboc1575.txt>

Additional references:

<https://en.wikipedia.org/wiki/Reinheitsgebot>

Beyond Bratwurst: A History of Food in Germany, Photo: Library of Congress



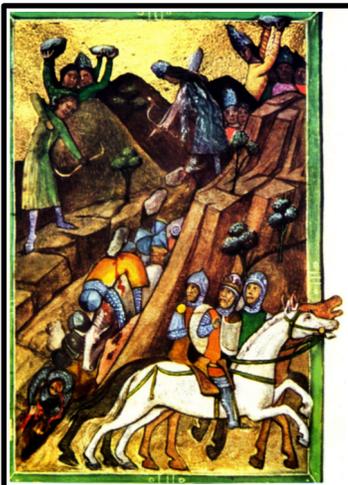


# History Highlights



Above: [Medieval painting from 1353 showing the citizens of Tournai \(today in Belgium\) burying victims of the Black Death](#)

The Black Death was a bubonic plague pandemic, which reached England in June 1348. By November 1, 1348 it reached London. It is very difficult to establish the death toll with any degree of certainty. Contemporary accounts were inflated with some numbers as high as 90 percent of the population. Modern historians estimate the death rates ranging from 25 to more than 60 percent of the total population.



To the left: [The army of Charles Robert Anjou ambushed by Basarab's army at Posada from Vienna Illuminated Chronicle manuscript \(1330\)](#) [The Vlach \(Romanian\) warriors rolled down rocks over the cliff edges in a place where the Hungarian mounted knights could neither escape from them nor climb the heights to dislodge the Vlach warriors.](#)

The Battle of Posada (November 9, 1330 – November 12, 1330) was

fought between Basarab I of Wallachia and Charles I of Hungary. The battle ended in a Wallachian victory, becoming a turning point in the politics of Hungary, which had to abandon its hopes of extending the kingdom to the Black Sea.



To the left: [Elizabeth I of England in her coronation robes, circa 1600 after a lost original of c. 1559, miniature](#)

On November 17, 1558 Elizabeth I, aged 25, ascends the English throne upon the death of her half-sister, Queen Mary.

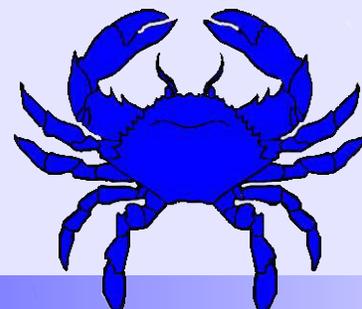
Historians view Elizabeth's coronation as a statement of her intention to restore England to Protestantism, but to allow the continuation of some Catholic customs, a compromise known as the Elizabethan Settlement.

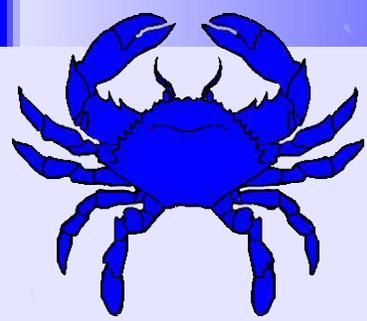
To the right: [Ferdinand Magellan, in a 16/17th century anonymous portrait](#)



On November 28, 1520 Portuguese navigator Ferdinand Magellan begins crossing the Pacific Ocean.

- November 27**  
 176 Roman Emperor Marcus Aurelius grants his son Commodus the rank of Imperator  
 399 St Anastasius I begins his reign as Catholic Pope  
 1095 Pope Urban II preaches 1st Crusade  
 1237 Battle of Cortenuova  
 1295 English King Edward I calls what later became known as "The Model Parliament" extending the authorities of its representatives  
 1382 Battle of Westrozebeke/Roosebeke. French army defeats Flemish army. Flemish leader Philip Van Artevelde killed & corpse displayed  
 1493 Christopher Columbus returns to La Navidad colony, finding it destroyed by 1st native American uprising against Spanish rule; Taino cacique Caonabo led his people to attack settlement after brutal treatment they received from garrison who disobeyed Columbus's orders  
 1495 Scottish King James IV receives Perkin Warbeck, pretender to English throne  
 1587 Dutch county of Groningen flooded by failure of dyke  
**November 28**  
 587 Treaty of Andelot  
 1291 Eleanor of Castile, wife of King Edward I of England, dies in Northamptonshire, crosses are erected where her body rests on way to Loandon  
 1443 Albanian George Kastriotis Skanderbeg and his forces liberate Kruja in Middle Albania from Ottomans and raise Albanian flag  
 1520 Portuguese navigator Ferdinand Magellan begins crossing the Pacific Ocean  
 1569 Duke of Alva forces bishop Nicolaas van Nieuwland of Haarlem to resign  
**November 29**  
 526 A possible date for Antioch earthquake in present-day Syria which killed 200,000 people  
 799 Pope Leo III, aided by Charles the Great, returns to Rome  
 1349 Jews of Augsburg Germany massacred  
 1516 Treaty of Freiburg  
 1561 Lofland subjects himself on Sigismund August II of Poland  
 1573 Don Luis de Requesensy Zuniga succeeds duke of Alva as land guardian of Netherlands  
 1581 Doornik (Tournai) surrenders to Duke of Parma  
 1596 King Philip II devalues Spanish currency  
**November 30**  
 306 St Marcellus I begins his reign as Catholic Pope  
 722 Pope Gregory II names Boniface as missionary bishop  
 1016 Cnut the Great, King of Denmark, claims English throne after the death of Edmund 'Ironside'  
 1215 Pope Innocent III closes 4th council of Lateran





# Lochmere Officers Listing

1406 Angelo Correr elected Pope Gregory XII  
1487 First German Beer Purity Law promulgated in Munich by Albert IV, Duke of Bavaria stating beer should be brewed from only three ingredients - water, malt and hops  
1523 Amsterdam bans assembly of heretics  
1554 England reconciles with Pope Julius III

**Baron:**  
Baron Cormac Ua Rigan  
baron@lochmere.atlantia.sca.org  
443-538-6861

**Baroness:**  
Baroness Sarra de Vicenza  
baroness@lochmere.atlantia.sca.org

**Seneschal:**  
Sir Aelfred of Cres  
seneschal@lochmere.atlantia.sca.org

**Deputy Seneschal:**  
Mistress Christiana Irina  
Chaykinaia  
ccsuggs.meow@gmail.com

**Chronicler:**  
Lady Katla Flokadottir  
katlaflokadottir@gmail.com

**Chatelain:**  
Lady Alyce de Glaize  
jhamilton5525@gmail.com  
chatelain@lochmere.atlantia.sca.org

**Exchequer:**  
Lady Brynhildr Grimkellsdottir  
exchequer@lochmere.atlantia.sca.org  
410-544-0308

**Quartermaster:**  
Mistress Arianna Morgan  
chrissings@juno.com

**Minister of Arts & Sciences:**  
Lady Anne d'Evreux  
moas@lochmere.atlantia.sca.org

**Herald:**  
Mistress Genevieve d'Aquitaine  
herald@lochmere.atlantia.sca.org  
301-879-6840

**Deputy Herald:**  
Lady Maire inghean Dhunchain  
mhic Oisdealbhaigh  
maryagnesdcostello@gmail.com

**Webminister:**  
Lady Marta De Lyon  
webminister@lochmere.atlantia.sca.org  
Deputy Webminister:  
Lady Gwen verch Llwyn  
kanamidori@gmail.com

**Minister of the Lists:**  
Baroness Genevieve Dampier  
de la Marche  
mol@lochmere.atlantia.sca.org

**Minister of Youth:**  
Baroness Tatiana Ivanovna of  
Birchwood Keep  
CRBosworth@aol.com

**Deputy Minister of Youth:**  
Lady Scholastica Joycors  
totallystories@gmail.com

**Archery Marshal:**  
Dame Dealla Cohen  
deallac@juno.com

**Knight Marshal:**  
Lord Linhart Von Marburg  
knightmarshal@lochmere.atlantia.sca.org

## Lochmere Baronial Champions

**Rapier Fighting:**  
Lord Melchior zum grauen Wolf

**Equestrian:** Lady Aine d'Alton

**Archery & Thrown Weapons:**  
Ethan of Lochmere

**Armored Fighting:**  
Marcus Galmrsson

**Arts & Sciences:**  
Lady Katla Flokadottir

